# R-TeaFor: Regularized Teacher-Forcing for Abstractive Summarization

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## Abstract

Teacher-forcing is widely used in training sequence generation models to improve sampling efficiency and to stabilize training. However, teacher-forcing is vulnerable to the exposure bias problem. Previous works have attempted to address exposure bias by modifying the training data to simulate model-generated results. Nevertheless, they do not consider the pairwise relationship between the original training data and the modified ones, which provides more information during training. Hence, we propose Regularized Teacher-Forcing (R-TeaFor) to utilize this relationship for better regularization. Empirically, our experiments show that R-TeaFor outperforms previous summarization state-of-the-art models, and the results can be generalized to different pre-trained models.

## 1 Introduction

Recently, the encoder-decoder models have made a giant leap in sequence generation tasks. These models are primarily trained with the teacher-forcing method (Goodfellow et al., 2016), which has been praised for enhancing sampling efficiency and training stability. However, as teacher-forcing only exposes models to the training data distribution rather than their prediction distribution, models suffer from the exposure bias problem (Bengio et al., 2015; Ranzato et al., 2015).

Previous works for solving exposure bias can be roughly split into four categories: regularization, contrastive learning, reinforcement learning, and sampling-based methods. Regularization methods such as dropout (Srivastava et al., 2014) and perturbation (Goodfellow et al., 2015) focus on problems of data distribution differences between training data and inference data, which is also related to exposure bias. Liang et al. (2021) propose R-Drop, which refines dropout by forcing predictions of different sub-models generated by dropout to be consistent with each other. Gal and Ghahramani (2016)
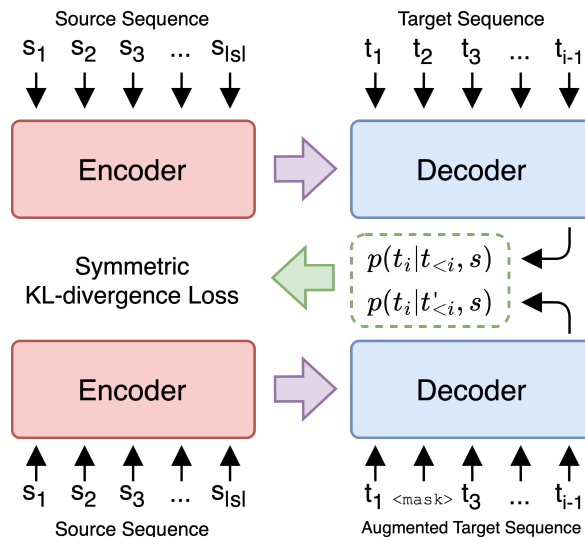


Figure 1: An illustration of R-TeaFor. The output distributions are generated both by the original target sequence and the augmented target sequence. R-TeaFor aims to reduce the distance of two distributions by additional symmetric KL-divergence loss.

apply token-level word dropout in language modeling. Takase and Kiyono (2021) then introduce word dropout to sequence generation. Other token-level perturbations include replacing tokens with source tokens, model-generated tokens (Bengio et al., 2015), and a mixture of them (Zhang et al., 2019). Adversarial perturbation (Sato et al., 2019; Aghajanyan et al., 2021) is another alternative that directly modifies the token embedding. Although widely used, most regularization methods are not exclusively designed for the exposure bias problem. Hence, their ability to alleviate exposure bias is limited.

Contrastive learning is widely used in either pre-training or fine-tuning sequence generation models to provide more information inside the training data. Word vectors (Mikolov et al., 2013) and language models are the early applications for contrastive learning in natural language processing.

For summarization tasks, both extractive-based approach (Zhong et al., 2020) and abstractive-based approach can be combined with contrastive learning. These methods mostly entail an additional contrastive loss (Lee et al., 2021; Pan et al., 2021; Xu et al., 2021), or use the contrastive data to learn an additional model for reranking (Liu and Liu, 2021). The challenge of contrastive learning is to find a suitable contrastive pair that is neither too easy to distinguish nor too hard to learn.

Reinforcement learning based on policy gradient (Sutton et al., 1999) and their variations have been used extensively for sequence generation (Ranzato et al., 2015; Pasunuru and Bansal, 2018; Paulus et al., 2018). Pang and He (2021) formulate the sequence generation learning problem as an off-line reinforcement learning with expert demonstrations that addresses exposure bias by training the model on its state/history distribution. However, reinforcement learning still requires a warm start phase or regularization powered by traditional teacher-forcing.

Scheduled sampling (Bengio et al., 2015) is a representative sampling-based approach that schedules the sampling rate between ground-truth tokens and model-generated tokens according to training steps. Zhang et al. (2019) propose another variation by refining the sampling rate with beam search. Liu et al. (2021) further suggest scheduling the sampling rate according to the decoding steps. Although sampling-based approaches can simulate the data distribution in the inference stage during training, the modified training data might deviate from the original one. Such deviation will mislead the model to learn from noisy training data.

We, therefore, present Regularized Teacher-Forcing (R-TeaFor), which considers the pairwise relationship between the original and modified data. Figure 1 illustrates the general framework of R-TeaFor. During training, the model generates the token distribution twice—once with the ground-truth sequence as input and once with the augmented sequence modified from the same ground-truth. R-TeaFor forces the above two distributions to be consistent with each other by introducing the symmetric KL-divergence loss. The augmented sequence serves as a regularizer to prevent the model from exposure bias. Meanwhile, the model can still learn from the original ground-truth sequences.

Though the concept of R-TeaFor is straightforward, we find it surprisingly effective through extensive experiments on two summarization benchmarks. Moreover, the results can be generalized to different pre-trained models such as BART (Lewis et al., 2020) and PEGASUS (Zhang et al., 2020).

## 2 R-TeaFor

Before elaborating on R-TeaFor, we first formulate the abstractive summarization problem in a more general sequence generation manner.

Sequence generation models take source sequence $s = s_1, s_2, ..., s_{|s|}$ as input, and generate target sequence $t = t_1, t_2, ..., t_{|t|}$ autoregressively. In other words, the generating process can be modeled by the following probability:

$$p(t|s) = \prod_{i=1}^{|t|} p(t_i|t_{<i}, s) \quad (1)$$

where $t_{<i} = t_1, t_2, ..., t_{i-1}$.

During training, the previous target sequence $t_{<i}$ consists of ground-truth tokens. However, as the ground-truth tokens become unavailable during inference, we apply model predictions in $t_{<i}$. This discrepancy leads to the exposure bias problem. R-TeaFor handles exposure bias by forcing the model to learn from both ground-truth sequence $t$ and augmented sequence $t'$ simultaneously.

For constructing the augmented sequence $t' = t'_1, t'_2, ..., t'_{|t'|}$, we randomly mask the ground-truth tokens $t_i$ with probability $\beta$.

$$t'_i = \begin{cases} t_i & \text{with probability } 1 - \beta \\ \texttt{<mask>} & \text{with probability } \beta \end{cases} \quad (2)$$

While decoding the $i$-th token, R-TeaFor generates the probability distribution of $t_i$ twice—once with the ground-truth sequence and once with the augmented sequence. The basic negative log-likelihood loss is calculated as

$$\mathcal{L}_{nll}^i = \frac{1}{2}\big(-\log p(t_i|t_{<i}, s) - \log p(t_i|t'_{<i}, s)\big). \quad (3)$$

To further constrain the model's output, we introduce the symmetric KL-divergence in the loss function, which is

$$\mathcal{L}_{kld}^i = \frac{1}{2}\Big(\mathcal{D}_{KL}\big(p(t_i|t_{<i}, s)||p(t_i|t'_{<i}, s)\big) + \mathcal{D}_{KL}\big(p(t_i|t'_{<i}, s)||p(t_i|t_{<i}, s)\big)\Big). \quad (4)$$

Finally, we combine negative log-likelihood loss and symmetric KL-divergence loss with hyperparameter $\alpha$ controlling the weight of two losses.

$$\mathcal{L}^i = \mathcal{L}_{nll}^i + \alpha \mathcal{L}_{kld}^i \quad (5)$$

By this measure, R-TeaFor encourages the model to make a consistent prediction regardless of the input sequence being augmented or not. Unlike sampling-based methods which use original training data only in the warm-up phase, R-TeaFor always trains the model with pairwise original/augmented data. During training, the distribution generated based on the ground-truth sequence can serve as a guide when the model attempts to regularize on a much noisy augmented sequence. Without such guidance, models may regularize to a sub-optimal point as models are bounded with fewer constraints.

## 3 Experiments

### 3.1 Experimental Setup

**Datasets and Metrics.** We have conducted extensive experiments on CNN/DailyMail (Hermann et al., 2015) and XSum (Narayan et al., 2018) benchmarks. Appendix A summarizes the statistics of the datasets. For evaluation, we use ROUGE f-measures (Lin, 2004).

**Training Setup.** The pre-trained models of BART and PEGASUS are used for fine-tuning. We set $\alpha = 0.04$ and $\beta = 0.4$, and apply the label smoothing cross-entropy (Pereyra et al., 2017). Other detailed fine-tuning parameters mostly follow the original papers of BART and PEGASUS. Appendix B provides the complete setup.

**Generation Setup.** The beam size is set to 3 in CNN/DailyMail and 5 in XSum. Duplicated trigrams have been removed in beam search. We do a minimal parameter search over min-len, max-len, and length penalty on the validation set (Fan et al., 2018). The final results are given in Appendix B.

### 3.2 Main Results

The results of R-TeaFor on different summarization benchmarks are shown in Table 1. Notably, R-TeaFor outperforms the previous state-of-the-art models with both BART and PEGASUS, indicating that the application of R-TeaFor is not restricted to the specific pre-trained model. For the sake of completeness, we also attach the effect of setting different $\alpha$ and $\beta$ during training in Appendix C.

### 3.3 Two Augmentation Rates

In this section, we examine the training data of R-TeaFor. The pairwise training data consists of sequences with 0.0 probability augmented on one side and 1.0 probability on another. We vary the

| Model | R1 / R2 / RL |
|---|---|
| **CNN/DailyMail** | |
| ProphetNet (Qi et al., 2020) | 43.68 / 20.64 / 40.72 |
| BART+R3F (Aghajanyan et al., 2021) | 44.38 / 21.53 / 41.17 |
| SS-decoding (Liu et al., 2021) | 44.40 / 21.44 / 41.61 |
| GOLD-$p$ (Pang and He, 2021) | 45.40 / 22.01 / 42.25 |
| GOLD-$s$ (Pang and He, 2021) | 44.82 / 22.09 / 41.81 |
| SeqCo (Xu et al., 2021) | 45.02 / 21.80 / 41.75 |
| GSum (Dou et al., 2021) | **45.94** / 22.32 / 42.48 |
| BART$_{large}$ (Lewis et al., 2020) | 44.16 / 21.28 / 40.90 |
| + R-TeaFor | 45.52 / **22.62** / **42.71** |
| PEGASUS$_{large}$ (Zhang et al., 2020) | 44.17 / 21.47 / 41.11 |
| + R-TeaFor | 44.72 / 22.12 / 41.82 |
| **XSum** | |
| GOLD-$p$ (Pang and He, 2021) | 45.75 / 22.26 / 37.30 |
| GOLD-$s$ (Pang and He, 2021) | 45.85 / 22.58 / 37.65 |
| SeqCo (Xu et al., 2021) | 45.65 / 22.41 / 37.04 |
| GSum (Dou et al., 2021) | 45.40 / 21.89 / 36.67 |
| BART$_{large}$ (Lewis et al., 2020) | 45.14 / 22.27 / 37.25 |
| + R-TeaFor | 46.14 / 22.43 / 37.69 |
| PEGASUS$_{large}$ (Zhang et al., 2020) | 47.21 / 24.56 / 39.25 |
| + R-TeaFor | **47.90 / 24.59 / 39.64** |

Table 1: Results on standard summarization benchmarks. R1/R2/RL represents ROUGE-1/ROUGE-2/ROUGE-L, respectively. For other models, we report the results in the original papers. ProphetNet, BART+R3F, and SS-decoding do not include XSum results in their papers. The highest numbers are in bold.

probability (i.e., the augmentation rate) on both sides to discuss the influence of augmentation. For augmented sequences, we follow the rules described in Eq. 2.

By looking at Figure 2, we can conclude three observations. First of all, no augmentation on both sides (0.0, 0.0) reduces the model to regularizing on two dropout results (Liang et al., 2021), which is inferior to models applying any pair of augmentation rates. Secondly, full augmentation on both sides (1.0, 1.0) transforms the model into regularizing on two word dropout results (Takase and Kiyono, 2021). The model has been regularized stronger as more perturbation is introduced. Lastly, the R-TeaFor setting (0.0, 1,0) performs best among all augmentation rate combinations.

The experimental result implies that augmentation is only required on one side of pairwise training sequences, and any additional augmentation above is unnecessary. Furthermore, maximizing the pairwise relationship of original/augmented data (0.0, 1.0) results in the best regularization compared with other settings having the same degree of augmentation (i.e., (0.2, 0.8), (0.4, 0.6)).
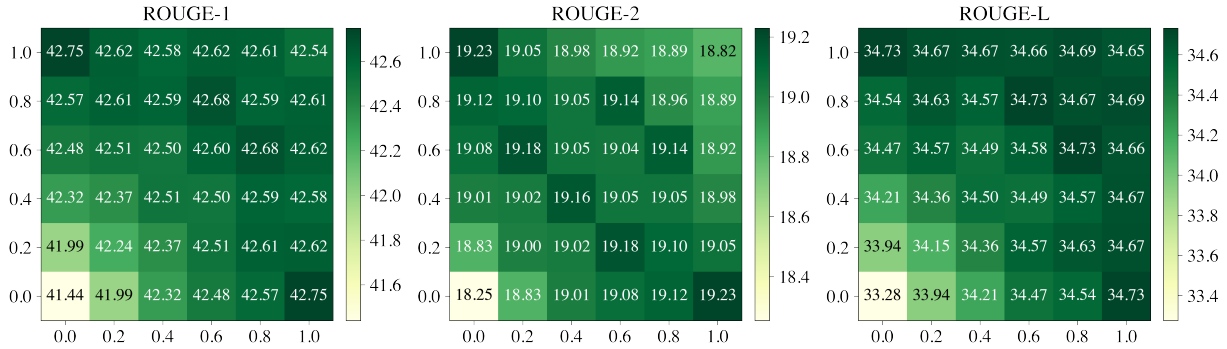
Figure 2: ROUGE scores of BART$_{base}$ on XSum when different augmentation rates are applied to each side of pairwise training sequences. The augmentation rate is the ratio of sequences being augmented in the training data. For the augmented sequences, we follow the setting of augmenting with mask token described in Eq. 2, and set $\beta = 0.4$. The tables are symmetric and triangular since the combination of two augmentation rates is commutative.

## 3.4 Augmentation Strategies

We compare different augmentation strategies by fixing one side of the sequence pairs as ground-truth sequence and changing the augmentation strategy of another. The augmentation strategies mainly follow Eq. 2, but we modify the mask token to the model-generated token or random token. Table 2 compares augmentation strategies with two baselines, the original teacher-forcing and training with ground-truth sequence pairs (i.e., the (0.0, 0.0) setting described in Section 3.3). Empirically, augmenting with mask token results in the best performance. Also, training with only the ground-truth sequence pairs will not significantly improve the performance, which echoes with Section 3.3.

| Augmentation Strategies | R1 | R2 | RL |
|---|---|---|---|
| Teacher-Forcing | 41.37 | 18.20 | 33.13 |
| Ground-Truth Pairs | 41.44 | 18.25 | 33.28 |
| Model-Generated | 42.42 | 18.83 | 34.46 |
| Random | 42.64 | 19.08 | 34.69 |
| Mask | 42.72 | 19.24 | 34.75 |

Table 2: ROUGE scores of BART$_{base}$ with different augmentation strategies on XSum. R1/R2/RL represents ROUGE-1/ROUGE-2/ROUGE-L, respectively.

## 3.5 Prediction Similarity

We want to examine the ability of R-TeaFor to mitigate exposure bias. Each model receives two inputs during this experiment: ground-truth sequence and model-generated sequence. The token prediction distributions generated from two inputs are compared for cosine similarity calculation. We examine four models: BART, BART + Pairwise, BART +
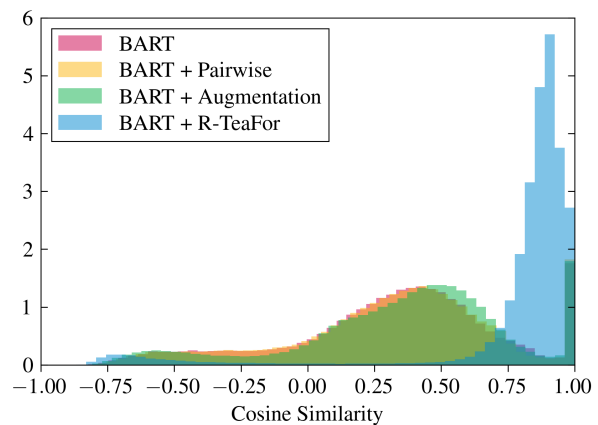


Figure 3: Cosine similarity of different models tested on XSum benchmark. For each model, We calculate the cosine similarity between their decoder outputs from ground-truth sequence inputs and model-generated ones. As the figure suggests, 85.5% of the BART + R-TeaFor predictions have a cosine similarity higher than 0.75. Hence, we can infer that R-TeaFor leads to a more consistent output across training/inference.

Augmentation, and BART + R-TeaFor. The BART and BART + Augmentation are both trained with traditional teacher-forcing where BART + Augmentation has the same additional augmentation data as BART + R-TeaFor. The BART + Pairwise model is trained with pairwise ground-truth sequences (i.e., the (0.0, 0.0) setting described in Section 3.3).

Figure 3 shows the probability density of different models. BART + Pairwise barely improves the similarity of token prediction distributions as it only addresses the randomness introduced by dropout. BART + Augmentation has marginal improvement due to the additional augmented data. Compared with BART + Augmentation, BART + R-TeaFor has an additional pairwise relationship
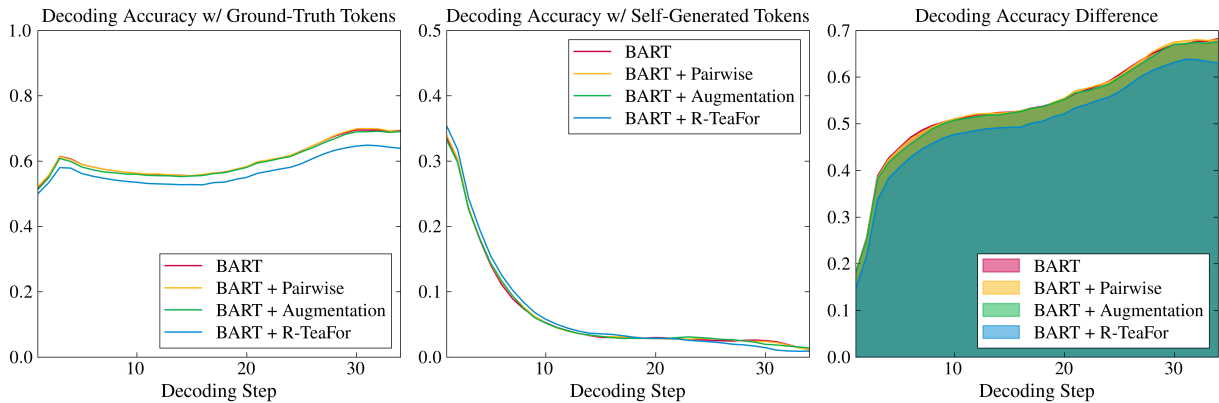
Figure 4: Decoding accuracy at each decoding step on XSum while the decoder receives different input sequences. Although the original BART performs better on ground-truth token inputs, a conventional teacher-forcing setting, the performance degrades when self-generated tokens are used as decoder inputs.

between ground-truth sequences and augmented ones, rendering regularizing different inputs easier. R-TeaFor significantly improves the similarity as over 85.5% of predictions have cosine similarity larger than 0.75. Hence, R-TeaFor has a more consistent output across ground-truth inputs and model-generated inputs, which demonstrates that R-TeaFor can mitigate exposure bias.

### 3.6 Decoding Accuracy

Figure 4 demonstrates the decoding accuracy of models receiving different previous target sequence $t_{<i}$ as input during inference. When models receive ground-truth tokens as $t_{<i}$, the decoding accuracy remains approximately the same. However, when models receive self-generated tokens as $t_{<i}$, the accuracy drops significantly as the decoding error accumulates with the growth of the decoding steps. Despite the performance drop, R-TeaFor maintains a higher decoding accuracy compared with other methods. Moreover, R-TeaFor has less decoder accuracy difference between receiving ground-truth inputs and self-generated inputs. This again proves that R-TeaFor can mitigate exposure bias.

### 4 Conclusion

We present Regularized Teacher-Forcing (R-TeaFor), which utilizes the pairwise relationship between the original training data and augmented data for model training. The original data can serve as a guide when the model attempts to regularize on much noisy augmented data. With extensive experiments, we discuss the necessity of the pairwise relationship in R-TeaFor. In addition, we show that R-TeaFor outperforms previous state-of-the-art models on CNN/DailyMail and XSum benchmarks.

We believe that R-TeaFor has strong potential to apply to other sequence generation tasks such as machine translation and question answering.

### Limitations

R-TeaFor has a more substantial regularization effect in the earlier decoding steps, and we find it performs better when summarizing longer text. R-TeaFor aims to tackle the exposure bias problem in summarization or potentially other sequence generation tasks. The effectiveness of R-TeaFor is limited to the improvement of exposure bias.

Like other deep learning models, the training time for R-TeaFor is more acceptable when training with GPUs. In our experiments, we use 1 Tesla V100 for all the training and inference. The training time of one single run is 48 hr.

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# A Datasets

**CNN/DailyMail** (Hermann et al., 2015) is a widely used summarization benchmark with 93k and 220k articles from CNN and DailyMail newspapers, respectively. We use its non-anonymized version and follow the conventional preprocessing steps (See et al., 2017). We have 287,113 articles for training, 13,368 for validation, and 11,490 for testing.

**XSum** (Narayan et al., 2018) is a highly abstractive summarization benchmark consisting of articles from BBC and their one-sentence summary. We have 204,045 articles for training, 11,332 for validation, and 11,334 for testing.

# B Implementation Details

The implementation of this paper is based on the Transformers library (Wolf et al., 2020).

| Parameter | CNN/DailyMail | XSum |
|---|---|---|
| **Training Parameters** | | |
| batch size | 2048 | 1024 |
| warm-up steps | 500 | 500 |
| training steps | 50000 | 70000 |
| learning rate | 3e-5 | 3e-5 |
| lr scheduler | Polynomial | Polynomial |
| optimizer | Adam | Adam |
| label smoothing | 0.1 | 0.1 |
| weight decay | 0.01 | 0.01 |
| max encoder input length | 1024 | 512 |
| max decoder input length | 128 | 64 |
| **Sequence Generation Parameters** | | |
| beam size | 3 | 5 |
| max-len | 128 | 64 |
| min-len | 0 | 0 |
| length penalty | 1.0 | 1.0 |

Table 3: Parameters for BART and PEGASUS on different summarization benchmarks. For PEGASUS, we change the learning rate to 1e-4 instead.

# C Effects of $\alpha$ and $\beta$

Please refer to Figure 5 and Figure 6.

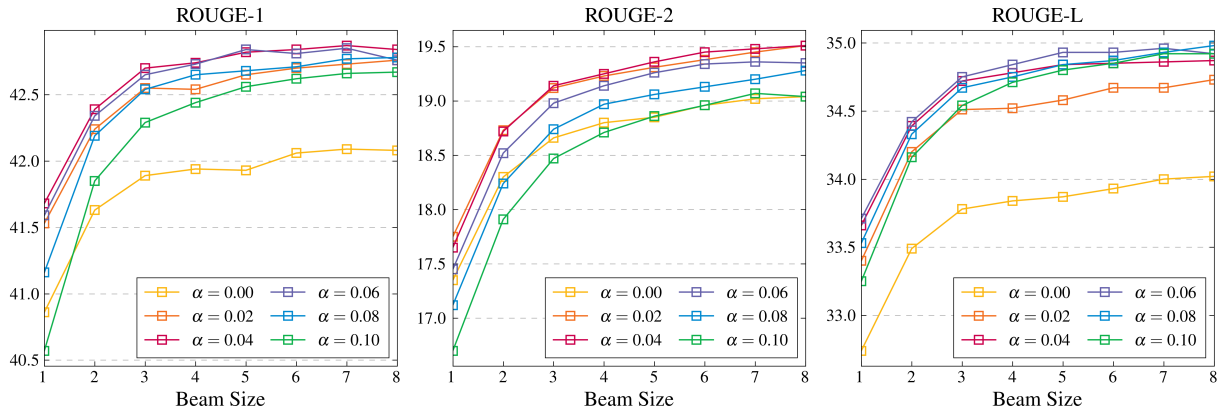# D Generation Examples

Please refer to Table 4.

Figure 5: ROUGE scores of BART_base with varying $\alpha$ and beam size on the XSum benchmark. The model with $\alpha = 0.04$ has a more balanced performance across different ROUGE f-measures compared with other settings. We can also observe a convergence of performance when the beam size is larger than 5.
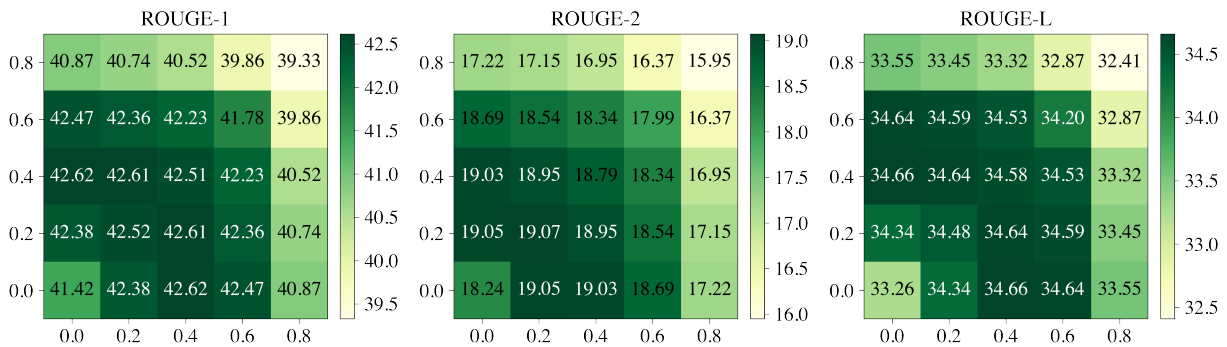


Figure 6: ROUGE scores of BART_base on XSum when applying different $\beta$ on two decoder input sequences during training. We set the augmentation rate to 1.0 on each side and follow the setting of augmenting with the mask token described in Eq. 2. The setting of (0.0, 0.4) results in the best performance across all ROUGE f-measures. Also, applying the same $\beta$ on both sides of the decoder inputs underperforms the (0.0, 0.4) one, which coincides with Figure 2. The tables are symmetric and triangular since the combination of two $\beta$ is commutative.

| XSum | |
|---|---|
| Document | Pakistan's telecoms regulator said the ban was no longer necessary because Google, which owns YouTube, had now launched a Pakistan-specific version. YouTube has denied claims that the authorities can filter content. Many young Pakistanis have welcomed the lifting of the ban but some activists want details of the deal with Google. They say there should be greater transparency of the terms agreed between Google and the government. A Pakistan Telecommunication Authority (PTA) official confirmed to the BBC that all internet service providers had been directed to open access to YouTube. The Pakistan Telecommunication Company Ltd posted on its Facebook page on Monday: "Welcome Back YouTube". Pakistan's ministry of information technology said: "Google has provided an online web process through which requests for blocking access of offending material can be made by the PTA to Google directly. "Google/YouTube will accordingly restrict access to the said offending material for users within Pakistan." However, a YouTube spokeswoman said government requests for the removal of content would not automatically be granted. "We have clear community guidelines, and when videos violate those rules, we remove them," she said. "In addition, where we have launched YouTube locally and we are notified that a video is illegal in that country, we may restrict access to it after a thorough review." ... ... ... |
| Ground Truth | Pakistan has unblocked the video sharing site, YouTube, more than three years after it was banned for posting a video deemed insulting to Islam. |
| BART | YouTube has been reinstated in Pakistan after the authorities lifted a ban on the video-sharing site in the country. |
| BART + Pairwise | YouTube has been reinstated in Pakistan after the authorities lifted a ban on the video-sharing site. |
| BART + Augmentation | YouTube has been banned in Pakistan for the first time in more than two years after the authorities lifted a ban on the site. |
| BART + R-TeaFor | Pakistan has lifted its ban on YouTube in Pakistan, after a deal with Google. |
| Document | The reactor at Yongbyon has been the source of plutonium for North Korea's nuclear weapons programme. The White House said North Korea should "focus instead on fulfilling its international obligations". The reactor was shut down in 2007 as part of a disarmament-for-aid deal. But Pyongyang vowed to restart it in 2013, following its third nuclear test and amid high regional tensions. White House spokesman Josh Earnest said the international community would not accept North Korea as a nuclear state. "We will work with our partners in the context of the six-party talks to try to return North Korea to a posture of fulfilling those commitments that they have made," he said. "We will repeat our call that North Korea should refrain from the irresponsible provocations that aggravate regional tension and should focus instead on fulfilling its international obligations and commitments." Six-nation talks involving South Korea, the US, China, Japan and Russia aimed at ending the North's nuclear programme have been stalled since 2009. Experts believe that, when fully operational, the Yongbyon reactor can make one nuclear bomb's worth of plutonium per year. A US think-tank said this year that satellite images suggested work had started at the Yongbyon complex. ... ... ... |
| Ground Truth | The US has warned North Korea to refrain from "irresponsible provocation" after the communist state said its main nuclear facility had resumed normal operations. |
| BART | The White House has urged North Korea to " refrain from the irresponsible provocations" it has been accused of, after the North restarted a nuclear reactor. |
| BART + Pairwise | The White House has urged North Korea to refrain from "irresponsible provocations" after it announced it had restarted a nuclear reactor. |
| BART + Augmentation | The White House says North Korea has restarted a nuclear reactor in its Yongbyon complex, but will not carry out "irresponsible provocations". |
| BART + R-TeaFor | The White House has urged North Korea to stop "irresponsible provocations" after it said it had restarted a nuclear reactor. |

Table 4: Generated summaries by the variations of BART$_{base}$ on the XSum benchmark.