Joint Dialogue Topic Segmentation and Categorization: A Case Study on Clinical Spoken Conversations

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Abstract

Utilizing natural language processing techniques in clinical conversations is effective to improve the efficiency of health management workflows for medical staff and patients. Dialogue segmentation and topic categorization are two fundamental steps for processing verbose spoken conversations and highlighting informative spans for downstream tasks. However, in practical use cases, due to the variety of segmentation granularity and topic definition, and the lack of diverse annotated corpora, no generic models are readily applicable for domain-specific applications. In this work, we introduce and adopt a joint model for dialogue segmentation and topic categorization, and conduct a case study on healthcare follow-up calls for diabetes management; we provide insights from both data and model perspectives toward performance and robustness.

1 Introduction

The massive records of clinical communication, especially the longitudinal follow-up calls, can be used to scrutinize novel insights into medical history, treatment plans, and customized education (Quiroz et al., 2019); but it is time-consuming and requires domain knowledge for manual operation. Therefore, there has been growing interest in utilizing speech and natural language techniques to analyze and distill information from clinical conversations (Liu et al., 2019b; Krishna et al., 2021; van Buchem et al., 2021). While spoken conversations are often loosely structured, in task-oriented scenarios, interlocutors calibrate the dialogue flow to cover targeted topics and agendas (Sacks et al., 1978). Moreover, when large language models (Brown et al., 2020) are applied, processing the verbose conversations will substantially increase the computational complexity and cost. On the other hand, dialogue segmentation and topic categorization (Arguello and Rosé, 2006; Mei et al., 2007) are useful to handle lengthy inputs, reduce data noise



Figure 1: A dialogue example with topic segmentation and categorization. Frames indicate topically-coherent segments, and the corresponding label is highlighted. Utterances at the beginning of segments are underlined.

by excluding the task-irrelevant segments, and improve the efficiency of downstream tasks (Liu et al., 2019c; Khosla et al., 2020). More specifically, dialogue segmentation is to extract the structural information by splitting the whole session into topicallycoherent segments (Arguello and Rosé, 2006), and topic categorization labels each segment with a particular type, providing features for fine-grained semantic understanding (Mei et al., 2007).

Different from documents, human conversations include ubiquitous verbal and vernacular expressions, along with disfluencies, thinking aloud, and repetition. This leads to lower information density (Sacks et al., 1978) and more topic drifting. The coherence-based methods typically applied to passages cannot perform well on spoken dialogues. Moreover, since there are few corpora constructed with the dedicated annotation, most existing generic (both supervised (Arnold et al., 2019) and unsupervised (Xing and Carenini, 2021)) models cannot meet the requirements of real-world applications and provide reliable system outputs. This is because (1) there is no unified segmentation granularity across different data resources, and (2) the variety of topic definitions increases the difficulty of domain adaptation, especially where language resources are limited. In this work, we conduct a case study on a clinical conversation scenario. Because of the chronic nature of diabetes and its associated complications, diabetes requires constant attention and regular follow-up actions (Lawson et al., 2005; Wai Leng et al., 2014). Nurses schedule calls with patients to track their compliance status and health condition, and provide customized coaching and advice (Piette et al., 2001). To facilitate the communication process, dialogues are organized according to a checklist or medical protocol (Kirkman et al., 1994; Taylor et al., 2003). However, due to the characteristics of spoken dialogues such as topic drifting and verbosity, the important information is scattered across the whole conversation, which renders it a representative use case for dialogue segmentation and topic categorization (as the example shown in Figure 1).

Since no existing generic models meet the requirements of our domain-specific application, we investigate a data-driven approach for the clinical conversation processing task, and our contributions of this work are as follows:

- We build our in-domain dataset from followup calls for health management with dedicated annotation of dialogue segmentation and topic categorization.
- We conduct quantitative and qualitative analyses on the clinical conversation data, and describe their conversational linguistic features.
- We propose and apply a joint framework for topic segmentation and categorization, by equipping a shared language backbone with functional components.
- We report extensive experimental results, and evaluate the model performance from the accuracy and robustness perspective.

2 Our Clinical Conversation Corpus

2.1 Data Preparation and Annotation

Our data are constructed on recordings of diabetes management follow-up calls. The clinical data were acquired by the Health Management Unit at

	Segment Number	Averaged Length
1. Introduction	695	97.41
2. Identification	660	65.02
3. General Education	2194	328.4
4. Oral Medication	909	184.5
5. Insulin	468	171.6
6. Self-Monitoring	1276	165.5
7. Programme	766	196.4
8. Vitals	1033	111.8
9. Medical Experience	782	271.4
10. Base Compliance	252	138.8
11. Appointments	711	199.6
12. Social Chatting	296	245.5
13. Physical Activity	455	147.4
14. Diet Management	662	301.3
15. Hyper/Hypo Incident	140	199.5
16. Other	418	244.2

Table 1: Data statistics of topic categorization. We count the number of topically-coherent segments of each topic, and their average word number (length).

Changi General Hospital. This research study was approved by SingHealth Centralised Institutional Review Board (Ref: 2019/2803) and A*STAR IRB (Ref: 2019-079). Telephone care programs are a viable strategy for bringing diabetes management services to patients and improving their glycemic control (Wai Leng et al., 2014), and nurses communicate with patients or caregivers following established protocols (Lawson et al., 2005; Taylor et al., 2003). To transform the raw data into a sample set that can be used for developing computational language solutions, we transcribe and annotate the call recordings following two steps: (1) First, speech transcribers are employed for manual speech-to-text conversion to ensure the quality, and transcripts are fully anonymized. Speaker roles (e.g., nurse, patient, caregiver) are added to each utterance. Following previous work (Liu et al., 2019c), the informal and spontaneous styles of spoken interactions such as interlocutor interruption, backchanneling, hesitation, false starts, repetition, and topic drifting are preserved. (2) The annotation of dialogue segmentation and topic categorization is then performed using in-house software. Our linguistic annotators are familiar with clinical conversations, and they have finished a training session on diabetes health management. We formulate the segmentation granularity and topic categories (see Table 1) based on the annotation protocol defined by the healthcare provider. Moreover, there have been three iterations for the corpus construction, where we collect feedback from clinical collaborators, refine the annotation scheme, and update the whole corpus accordingly.



Figure 2: Utterance-level and word-level length distributions of the annotated clinical conversations.

2.2 Data Statistics

The annotated dataset contains 865 transcripts. As shown in Table 1, for the dialogue topic analysis, there are 16 topic types; the class of 'Other' includes topics with less medical information such as financial support and caregiver. In our fine-grained annotation, some topics have sub-categories (e.g., 'Customized Coaching' is one sub-topic of 'Physical Activity', 'Insulin', and 'Self-Monitoring', and we use their base topic type for the labeling task. Figure 1 shows one annotated dialogue example with two topic segments.

(a) Length Distribution With a lower information density, spoken dialogues are often much longer than documents. In our transcribed calls, the maximum, median, and minimum utterance numbers are 1996, 221, and 21, respectively; the maximum, median, and minimum number of words are 16701, 1684, and 70, respectively. The lengthy conversations are usually caused by covering more topics, as well as a detailed discussion. As shown in Figure 2, nearly 5% samples (at the 95% quantile) are comprised of more than 800 utterances (6000 words), which significantly surpasses the input limit of many language backbones (Liu et al., 2019a; Lewis et al., 2020).

(b) **Topic Distribution** For efficient communication, nurses organize follow-up calls based on patient profiles and health management programmes. As a result, topics present different importance in the form of frequency and length. As shown in Table 1, we calculate the segment number of each topic and their average word number. We ob-



Figure 3: Speaker distribution of selected topic types. The proportion of nurse is in red; others are in blue.



Figure 4: Feature visualization of segment embeddings via t-SNE. The colored points denote topically-coherent segments labeled in different topics.

serve that some topics are frequent and more welldiscussed such as 'General Education', 'Medical Experience', and 'Diet Management' (Nazar et al., 2016), while some are more targeted and concise such as 'Identification', 'Vitals', and 'Insulin'.

2.3 Conversational Linguistic Features

In order to gain insights into the clinical dialogues, we conduct three quantitative analyses using the annotated topic segments. Here are some findings: (a) Nurses are the main topic coordinator. We extract the speaker role information from the first utterance of each segment. As shown in Figure 2, the dialogue topic shift is mainly led by the nurses, which is consistent with the purpose of diabetes follow-up calls (Piette et al., 2001), indicating the speaker role can contribute to the topic analysis.

(b) Questions lead the topic shifting. Since punctuation marks are retained in our transcribing, we calculate the number of utterances that end with a question mark, and it shows that 83% of the topic shifting starts with an inquiring utterance.

(c) Different topics show distinct semantics. Aside from the in-topic coherence, different topics will present diverse distribution in a semantic space.



Figure 5: Overview of the joint framework for dialogue topic segmentation and categorization.

Thus, we conduct a semantic feature visualization. We obtain segment representations from an unsupervised sentence embedding model SimCSE (Gao et al., 2021), and use t-SNE (Van der Maaten and Hinton, 2008) to illustrate their distribution in a 2-dimensional space. As shown in Figure 4, the language used in different topics is specific, and varies from one to the other.

3 Joint Model of Dialogue Topic Segmentation and Categorization

3.1 Task Definition

Given a dialogue D which is composed of m utterances $\{u_1, u_2, ..., u_m\}$, (1) a topic segmenter is applied to score each utterance with $y_i^b \in [0, 1]$ that indicates whether it is the first utterance of each segment; (2) a topic classification model is applied to determine the topic label of each segment, where $y_i^t \in [t_1, t_2, ..., t_k]$, and k denotes the categorical dimension (set at 16).

3.2 Framework Description

Following the task-specific fine-tuning paradigm (Liu et al., 2019a; Xing and Carenini, 2021), we build a joint model of dialogue segmentation and topic categorization by equipping a Transformerbased language backbone with functional modules, and its overview is shown in Figure 5.

(a) Token-level Encoder The token-level encoder consists of a stack of Transformer layers; each layer contains a multi-head self-attention and a position-wise feed-forward component. Residual connection and layer normalization are employed. Its input is represented as $[<s>, u_1, <s>, u_2, ..., <s>, u_m]$, where special token '<s>' is used as the delimiter. To maximize the receptive field of the token-level encoding, we adopt a sliding-window strategy on full-length input sequences (Wang et al., 2019).

(b) Utterance-level Encoder After token-level context encoding, we obtain the utterance embeddings by extracting hidden states of all delimiters ' $\langle s \rangle$ '. Then a Bi-directional LSTM is used for encoding at the utterance level (Liu and Chen, 2021).

(c) Dialogue Segmentation Module The segmentation component F_{seg} (a linear layer) is applied to utterance-level representations, predicting the boundary probability y_i^b . Binary cross-entropy loss is calculated between the model prediction and ground truth. As shown in Figure 5, assuming u_1 and u_3 are the boundary utterances, two topic segments $[u_1:u_2]$ and $[u_3:u_m]$ are formed.

(d) Topic Categorization Module After dialogue segmentation, for each topically-coherent span, we obtain its segment embedding by aggregating and averaging utterance-level representations. Then the topic categorization module F_{topic} (another linear layer) is applied to predict a categorical probability y_i^t . Cross-entropy is calculated between the model prediction and ground truth as the loss function.

3.3 Enhancement Description

Based on our analysis in Section 2.3, here we investigate three methods to improve the model trained on the limited data.

(a) **Conversation Pre-Training** Previous work shows that pre-training on dialogic data is beneficial for conversational tasks (Liu et al., 2022), thus we leverage a backbone that is particularly calibrated with utterance-paired contrastive learning (Zhou et al., 2022).

(b) Utterance Dropout One factor that affects segmentation performance is the imbalance ratio of boundary and non-boundary spans, which causes models to overfit on exposure bias. Here we adopt an utterance-level dropout strategy, where each can be excluded before feeding to the encoder by a probability p (set at 0.2).

(c) Windowed Segment Encoding To encourage the segment embedding to capture useful information from a more balanced positional distribution, we adopt a windowed encoding strategy for the

	Topic Segmentation			Topic Categorization			
Model Type	Pk Score 🗸	WD Score↓	F1 Score ↑	Precision ↑	Recall ↑	F1 Score ↑	
Roberta-base Model	0.2542	0.1526	0.7486	0.7691	0.7610	0.7581	
+ Utterance Dropout	0.2465 [3.0%]	0.1512 [1.0%]	0.7511 [0.3%]	0.7912 [2.9%]	0.7782 [2.3%]	0.7814 [3.1%]	
+ Windowed Encoding	0.2401 [5.5%]	0.1325 [13.%]	0.7762 [3.6%]	0.7918 [2.9%]	0.7901 [3.8%]	0.7847 [3.5%]	
DSE-base Model	0.2451	0.1394	0.7621	0.7735	0.7703	0.7640	
+ Utterance Dropout	0.2375 [3.1%]	0.1341 [3.8%]	0.7756 [1.8%]	0.7937 [2.6%]	0.7915 [2.8%]	0.7883 [3.2%]	
+ Windowed Encoding	0.2159 [11.%]	0.1252 [10.%]	0.7853 [3.0%]	0.8093 [4.6%]	0.8139 [5.6%]	0.8110 [6.1%]	

Table 2: Experimental results of segmentation and categorization. Values in brackets denote relative improvement.

	Topic Segmentation			Topic Categorization		
Model Type	Pk Score 🗸	WD Score 🗸	F1 Score ↑	Precision ↑	Recall †	F1 Score ↑
Enhanced DSE-base	0.2159	0.1252	0.7853	0.8093	0.8139	0.8110
 w/o Punctuation 	0.2284	0.1349	0.7751	0.7733	0.7864	0.7855
· w/o Speaker Role	0.2401	0.1405	0.7662	0.7743	0.7838	0.7803
 Typo Injection 	0.2238	0.1286	0.7817	0.7723	0.7811	0.7837

Table 3: Robustness analysis of the enhanced model for topic segmentation and categorization.

topic categorization module. More specifically, for each segment, we randomly average utterances within a fixed window size w, which is set at 5.

4 Experimental Results & Analysis

We conduct extensive experiments to assess the model on our domain-specific application.

4.1 Experimental Data

The annotated clinical conversation data (865 dialogue samples) are used for training and evaluation. We retain the original content of dialogue samples, including fillers and punctuation marks, and build model input using sub-word tokenization (Liu et al., 2019a). We randomly select 8% samples for holdout validation, as well as the test set.

4.2 Model Configuration

We applied and compared two language backbones *Roberta-base* (Liu et al., 2019a) and *DSE-base* (Zhou et al., 2022). *AdamW* optimizer (Loshchilov and Hutter, 2019) was used with learning rate of 1e-5, weight decay of 1e-2, and a linear learning rate scheduler. Model dropout (Srivastava et al., 2014) rate was set at 0.1. Utterance dropout was only applied at the training stage. Batch size and epoch number were set at 8 and 15, respectively. To avoid out-of-memory issues, we split lengthy dialogues into multiple grouped segments by concatenating adjacent topics (set at 5). Best checkpoints were selected based on validation results using averaged F1 scores. Models were implemented with PyTorch¹ and HuggingFace Transformers², and all



Figure 6: Confusion matrix heatmap of topic categorization predictions. Values are converted to a percentage.

experiments were run on a single Tesla A100 GPU with 40G memory.

4.3 Evaluation Metrics

For segmentation evaluation, we apply three standard metrics: Pk (Beeferman et al., 1999), Win-Diff (*WD*) (Pevzner and Hearst, 2002) and macroaverage F1. Pk and *WD* are penalty metrics (\downarrow denotes lower scores are better) calculated on the window-based overlap between gold and predicted segmentation. F1 is the standard harmonic mean of precision and recall, where higher scores are better (\uparrow). For topic categorization evaluation, we report F1, precision, and recall scores. At the inference stage, we obtain topic label predictions based on gold segmentation to align with the ground truth.

4.4 Evaluation Results

Table 2 shows quantitative evaluation results on two language backbones and our proposed enhancements. For both segmentation and categorization tasks, *DSE-base* outperforms the *Roberta-base* at all metrics, demonstrating that further pre-training on dialogic data can improve the contextualized

¹https://github.com/pytorch/pytorch

²https://github.com/huggingface/transformers

modeling of conversations. Moreover, the joint model achieves higher performance by adding utterance dropout and windowed encoding. In particular, dialogue segmentation benefits more from applying windowed encoding. Regarding topic categorization, as the normalized confusion matrix shown in Figure 6, more than half of the topics obtain acceptable topic labeling results (>0.85 accuracy). However, the scores of some topics are much lower, such as 'Medical Experience' (topic 9) and 'Hyper/Hypo Incident' (topic 15), we speculate that it is because these two topics are related; speakers discuss some overlapped points, and their utterances are not quite semantically distinct. This observation is also consistent with the embedding distribution shown in 4, where points of 'Medical Experience' (topic 9) are scattered in the space. While the limited data pose a low-resource training scenario, our methods bring a reasonable performance for bootstrapping the dialogue analysis, and we suppose that the imbalanced categorization scores across topic types can be ameliorated with further corpus extension.

4.5 Robustness Analysis

We further analyze how the conversational linguistic features described in Section 2.3 affect the model's performance, by testing the well-trained and enhanced DSE-base model separately on three data perturbation settings: (1) Since questions often lead the topic shifting, the first way is to remove all punctuation marks (e.g., question marks, period, comma) at the inference stage. (2) As nurses are the main topic coordinator during the conversation, we remove the speaker role labels (e.g., nurse, patient, caregiver) of all utterances to assess model's dependency on such features. (3) Moreover, to simulate the inevitable typos and ASR errors in speechto-text conversion, we randomly inject word-level errors, by randomly replacing or removing words upon a 15% probability of the input text. As shown in Table 3, we observe that these manipulations affect performance, especially removing speaker role labels. However, the model can still provide reasonable results, demonstrating that it utilizes semantic modeling rather than solely relying on lexical features.

5 Related Work

Topic structure analysis plays a pivotal role in dialogue understanding (Arguello and Rosé, 2006; Takanobu et al., 2018). Dialogue segmentation is similar to monologue segmentation, and aims to split a dialogue session into topically-coherent units. Various approaches originally proposed to process documents can also be applied to the dialogue domain. Due to a lack of training data, there are many unsupervised models, that exploit various linguistic features such as the word co-occurrence statistics (Hearst, 1997; Galley et al., 2003), topical distribution (Riedl and Biemann, 2012; Du et al., 2013) to measure the sentence similarity between utterances, so that topical or semantic changes can be detected. More recently, with the availability of large-scale corpora sampled from Wikipedia, by taking the section mark as the ground-truth segment boundary (Koshorek et al., 2018; Arnold et al., 2019), there has been a rapid growth in supervised approaches for monologue topic segmentation, especially neural-based approaches (Somasundaran et al., 2020). In practical use cases, supervised solutions are favored, as they present robust performance and higher learning efficiency.

Language understanding of clinical conversation has attracted a plethora of research work on indepth analysis regarding clinician-patient communications (Byrne and P.S.Long, 1984; Černý, 2007; Wang et al., 2018). More recent work has included the utterances classification according to SOAP sections (Schloss and Konam, 2020), dialogue action detection (Wang et al., 2020), named entity recognition (Jeblee et al., 2019), information extraction (Rajkomar et al., 2019; Du et al., 2019), extractive (Lacson et al., 2006) and abstractive summarization (Liu et al., 2019c; Krishna et al., 2021). Though the downstream language understanding tasks are not explored in this work, dialogue segmentation and topic categorization are beneficial for those tasks by reducing the computational complexity and filtering redundant utterances.

6 Conclusion

The variety of segmentation granularity and topic definition poses challenges to domain-specific dialogue modeling and low-resource training. In this work, we investigated a joint model for dialogue segmentation and topic categorization. From our real-world case study on health management calls, we found that the nurse-to-patient conversations are shown to be topically organized, and modeling conversational features is beneficial for improving performance in practical clinical scenarios.

Limitations

The data and model used in this work are in English, thus to apply the approach to other languages, it will require training data on the specified language or using multilingual language backbones. Moreover, the segmentation granularity and topic definition vary across different domains, while our proposed framework and methods are general, when they are adapted to other conversational data, indomain annotation is required to obtain reliable results.

Ethics and Impact Statement

We acknowledge that all of the co-authors of this work are aware of the provided ACL Code of Ethics and honor the code of conduct. The in-domain samples used in this work are fully anonymized. Participants are enrolled in the health management program with consent for the use of anonymized versions of their data for research. Our proposed framework and methodology in general do not have direct medical implications, and are intended to be used to improve the model's accuracy and robustness for downstream applications.

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