## Interactive health insight miner: an adaptive, semantic-based approach

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### Abstract

E-health applications aim to support the user in adopting healthy habits. An important feature is to provide insights into the user's lifestyle. To actively engage the user in the insight mining process, we propose an ontology-based framework with a Controlled Natural Language interface, which enables the user to ask for specific insights and to customize personal information.

## 1 Introduction

E-health services based on wearable sensors, such as smart watches, need methods to discover insights from the sensor data. *Insights* describe user-specific behavior patterns, or habits, that are relevant for guiding the user towards a healthy lifestyle. For example, an insight might reveal that the user is especially sedentary at the weekend.

Blind discovery of significant insights is essentially a search problem and requires a lot of data. If the discovery of insights took place in dialogue with the user, the search problem could be restricted to areas that interest the user the most. Also, the user could provide complementary information that cannot be inferred from the data.

In this paper, we propose a description logicsbased approach towards an interactive system for the discovery of insights. Concretely, we describe an ontological framework implemented on top of a statistical insight miner (Härmä and Helaoui, 2016) that enables the natural language-based retrieval and customization of insights from wearable sensor data.

#### 2 Proposed framework

Our framework consists of five layers, see Fig. 1. Data is acquired in the *data layer* and further processed in the *information extraction layer*. The *information & knowledge integration layer* abstracts

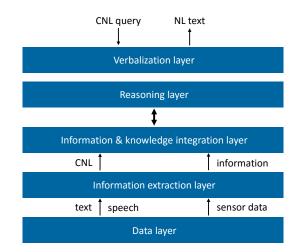


Figure 1: Proposed framework for the interactive health insight miner.

the extracted information into formal *facts*. The resulting knowledge base can include user- and situation-specific information as well as common sense knowledge. The *reasoning layer* leverages logic-based algorithms that reason with the available knowledge. The *verbalization layer* transforms the facts into coherent and comprehensible natural language (NL) messages. Similar systems for *data-to-text* summarization have been proposed in the literature (e.g. Portet et al., 2009).

We additionally introduce a *Controlled Natural Language (CNL)*. It is a formal language that can be translated unambiguously into knowledge base facts, but is also understandable by humans. By adopting the CNL, the user can interact with the system, i.e., add and query facts from the knowledge base. Natural language or spoken text can be fed into the system after translation into CNL.

# **3** Representing, summarizing and verbalizing insights

The user's lifestyle is described by an *ontology* that contains the routines, habits, and targets of the

user. These concepts are leveraged to represent insights as knowledge base facts.

Inspired by NaturalOWL (Galanis and Androutsopoulos, 2007), we include *lexical annotations* in the ontology, which specify how ontology concepts are to be translated into natural text. This way, the ontology also acts as a lexicon. We include the lexical categories (e.g., noun, determiner, preposition, or verb) in the annotations to facilitate the use of standard *Natural Language Generation (NLG)* techniques, such as adapting verb conjugations, adapting the verb tense, or aggregating sentence parts.

To enable user interaction, we specify a CNL based on the vocabulary defined in the ontology. The CNL plays the role of a human and machine understandable interface which allows to directly map the user's input to the formal concepts of the ontology. This way, the user can add personal information to the system, e.g., "On Monday at work, I play tennis". This statement will be formalized as a fact and added to the knowledge base. The CNL also provides the basis for verbalizing the system's responses to the user's queries, such as "What are insights about Sunday afternoon?" We use the *Backus-Naur* form to specify the CNL as a context-free grammar.

To create an NL summary of a number of insights, we implement the following NLG steps (Bouayad-Agha et al., 2014): (1) Content *selection*: We let the user ask for specific insights, for example insights about their step count on Sunday. (2) Discourse planning: We group those insights together that are semantically related. The insights are first grouped by the measurement to which they refer (e.g. step count) and then ordered within each group from more general to more specific. For the grouping and ordering steps, we leverage our semantic model (ontology) and apply reasoning algorithms to determine which relationships hold between which insights. (3) Lexicalization: We follow a template-based approach using the lexical annotations in the ontology. (4) Aggregation: We verbalize each group of equally specific insights using an aggregation template. Finally, for (5) realization, we use the realization engine SimpleNLG (Gatt and Reiter, 2009).

#### 4 Implementation

We demonstrate the viability of our framework by implementing one use case related to lifestyle insight mining. The ontology is implemented in OWL using the Protégé<sup>1</sup> editor. We use OWL API<sup>2</sup> 4.1.3 together with the reasoner HermiT<sup>3</sup> 1.3.8 to implement our system in Java. To implement the verbalization functionality, we build upon the library SimpleNLG<sup>4</sup>.

#### 5 Example run

> What are insights about my sedentary time on Sunday?

> On Sunday your sedentary time is lower than on Tuesday, Friday, Wednesday or Thursday.

On Sunday in the afternoon your sedentary time is lower than on Friday, Wednesday, Thursday or Tuesday in the afternoon.

- > What are insights about when I go running?
- > Could not find any insights about this.
- > On Sunday in the afternoon, I go running.
- > What are insights about when I go running?

> On Sunday in the afternoon when you go running your sedentary time is lower than on Tuesday, Friday, Thursday or Wednesday in the afternoon.

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<sup>&</sup>lt;sup>1</sup>http://protege.stanford.edu/

<sup>&</sup>lt;sup>2</sup>https://github.com/owlcs/owlapi

<sup>&</sup>lt;sup>3</sup>http://www.hermit-reasoner.com/

<sup>&</sup>lt;sup>4</sup>https://github.com/simplenlg/ simplenlg