# Persona-Consistent Dialogue Generation via Pseudo Preference Tuning

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#### Abstract

We propose a simple yet effective method for enhancing persona consistency in dialogue response generation using Direct Preference Optimization (DPO). In our method, we generate responses from the response generation model using persona information that has been randomly swapped with data from other dialogues, treating these responses as pseudo-negative samples. The reference responses serve as positive samples, allowing us to create pseudo-preference data. Experimental results demonstrate that our model, fine-tuned with DPO on the pseudo preference data, produces more consistent and natural responses compared to models trained using supervised fine-tuning or reinforcement learning approaches based on entailment relations between personas and utterances.

#### 1 Introduction

Maintaining persona consistency in dialogue response generation is critical for producing coherent and contextually appropriate conversational agents (Zhang et al., 2018). Previous studies (Welleck et al., 2019; Li et al., 2020; Song et al., 2020; Shea and Yu, 2023) have addressed this challenge by employing additional resources beyond persona dialogue data, such as the Dialogue Natural Language Inference (Dialogue-NLI) dataset (Welleck et al., 2019), which annotates entailment relations between persona attributes and dialogue utterances. Such datasets have enabled approaches based on response reranking or reinforcement learning. However, the annotation of entailment relations is both labor-intensive and costly, limiting the scalability of these approaches to languages other than English and to various domains where such annotated resources are unavailable.

In this work, we propose a simple yet effective pseudo preference-tuning based method for improving persona consistency without relying on external resources such as the Dialogue-NLI. Despite



Figure 1: Our method for creating pseudo preference

not using external NLI data, our method achieves even better performance than conventional methods. Preference tuning is a framework for training a model to be more likely to output the preferred response, based on preference data consisting of pairs of more and less preferred responses. Our approach leverages the direct preference optimization (DPO) (Rafailov et al., 2023), a method for preference tuning, utilizing only persona-dialogue data. Specifically, as shown in Figure 1, we construct pseudo preference data by generating responses based on persona information that has been randomly swapped with data from other unrelated dialogues, treating these responses as less preferred samples. The reference responses are used as the more preferred samples.

Through experimental results, we demonstrate that our method outperforms the conventional supervised fine-tuning method and the reinforcement learning method which relies on external NLI data. The results indicate that models trained with our pseudo-preference tuning framework generate responses that exhibit greater persona consistency and naturalness. Our findings offer a scalable and cost-effective solution for improving persona consistency in dialogue systems.

#### 2 Preliminary: Preference Tuning

Preference tuning has gained attention as a key method in the context of aligning large language models (LLMs) with human preferences. A basic approach for preference tuning is Reinforcement Learning from Human Feedback (RLHF) (Christiano et al., 2017; Ziegler et al., 2020), where human preferences guide the model's behavior. RLHF typically employs Proximal Policy Optimization (PPO) (Schulman et al., 2017), a reinforcement learning method that requires a reward model. The reward model for preference tuning is trained using paired preference data, where a more preferred response (positive sample) is compared to a less preferred response (negative sample), and the LLM is optimized to produce a more preferable response.

Recently, Direct Preference Optimization (DPO) (Rafailov et al., 2023) has emerged as a more efficient alternative to PPO. Unlike PPO, DPO directly optimizes the generation model using paired preference data. By omitting the need for a reward model, DPO simplifies the learning process while maintaining the benefits of preference-based tuning. As our method can be applied to a variety of preference tuning methods, including DPO, it is more efficient than conventional methods that use reward models trained with external resources.

## 3 Pseudo Preference Tuning for Improving Persona Consistency

The overall framework of our proposed method is illustrated in Figure 1. First, we fine-tune a pre-trained model using a standard supervised fine-tuning (SFT) approach on persona dialogue data. The training dataset is represented as  $D = \{(p_i, x_i, y_i)\}_{i=1}^N$ , where  $p_i$  denotes persona information,  $x_i$  denotes the dialogue history, and  $y_i$ denotes the reference responses. In this phase, the model takes  $p_i$  and  $x_i$  as input and generates a response  $y'_i$ . We refer to this fine-tuned model as the SFT model, denoted as  $\pi_{sft}$ .

To create pseudo-negative samples, we randomly sample persona information  $p_j (i \neq j)$  from different dialogues and replace the original persona, generating pseudo-negative responses  $y'_i^{neg}$ using the SFT model as this formula:  $y'_i^{neg} \sim \pi_{sft} (y'|p_j, x_i)$ . The reference response  $y_i$  serves as the positive sample, and together with the negative sample, forms a pseudo-preference data  $l_i = (p_i, x_i, y_i, y'_i^{neg})$ .

Finally, based on the generated preference data,

we further train the SFT model using a preference tuning method such as Direct Preference Optimization (DPO) (Rafailov et al., 2023). When employing DPO, the loss function is defined as follows:

$$\log \sigma \left(\beta \log \frac{\pi_{\rm dpo}(y_i|p_i,x_i)}{\pi_{\rm sft}(y_i|p_i,x_i)} - \beta \log \frac{\pi_{\rm dpo}(y'_i^{\rm neg}|p_i,x_i)}{\pi_{\rm sft}(y'_i^{\rm neg}|p_i,x_i)}\right)$$

Here,  $\beta$  is a hyperparameter, and  $\sigma$  represents the sigmoid function.

#### 4 **Experiments**

We conduct experiments using English and Japanese persona dialogue data. Automatic and human evaluations will be conducted.

#### 4.1 Settings

**Datasets** For English, we used the PersonaChat dataset (Zhang et al., 2018), adhering to the original train/validation/test splits. For the automatic evaluation of persona consistency (in Section 4.4), we employed the evaluation set of the Dialogue-NLI (Welleck et al., 2019). The Dialogue-NLI was also used to train the reward model for the conventional reinforcement models. For Japanese, we used the JPersonaChat dataset (Sugiyama et al., 2023). We randomly split the data into train, validation, and test sets in an 8 : 1 : 1 ratio.

**Models** To confirm the generalizability of our method, we employed pre-trained models of various sizes and types. For English, we used gpt2-medium (380M), qwen2 (1.5B, 7B) (Yang et al., 2024), mistral (7B) (Jiang et al., 2023), and llama-2 (7B, 13B) (Touvron et al., 2023). For Japanese, japanese-gpt (medium 361M, 1B) (Sawada et al., 2024), swallow (7B, 13B) (Fujii et al., 2024), and sarashina2 (7B, 13B) were used. See Appendix A for details.

We included comparisons with the reinforcement learning model trained using the Dialogue-NLI based reward model, constructed with reference to the NLI reward design by Song et al. (2020).

**Training settings** For SFT, models were trained for a maximum of 5 epochs. We selected the models with the lowest validation loss for the evaluation. DPO training was conducted for a maximum of 3 epochs, and the models with the highest validation accuracy were selected. For the reinforcement models, we trained for a maximum of 2 epochs on PPO algorithm, selecting the model that achieved the highest reward during training. The other settings are detailed in the Appendix B.

Base model	Tuning	Win [%]
gpt2-medium	SFT	3.79
	+PseudoDPO	18.17
	SFT	49.75
qwen2-1.5b	+RL(DialogueNLI)	49.63
	+PseudoDPO	53.75
mistral-7b	SFT	48.46
iiistiai-70	+PseudoDPO	57.13
gwen2-7b	SFT	53.66
qwell2-70	+PseudoDPO	66.81
llama-2-7b	SFT	50.42
	+PseudoDPO	73.42
llama-2-13b	SFT	55.63
fiania-2-150	+PseudoDPO	69.46

Table 1: Pairwise evaluation results on English<sup>2</sup>

Base model	Tuning	Win [%]
iononogo ant? modium	SFT	26.64
japanese-gpt2-medium	+PseudoDPO	27.14
ispanasa gat 1h	SFT	40.19
japanese-gpt-1b	+PseudoDPO	51.32
swallow-7b	SFT	47.32
swallow-70	+PseudoDPO	65.24
sarashina2-7b	SFT	47.59
sarasiiiiaz-70	+PseudoDPO	61.50
swallow-13b	SFT	47.86
swallow-150	+PseudoDPO	65.70
sarashina2-13b	SFT	52.27
sarasiiiiaz-150	+PseudoDPO	67.27

Table 2: Pairwise evaluation results on Japanese<sup>2</sup>

#### 4.2 Pairwise Evaluation by LLM

To jointly evaluate persona consistency and naturalness, we employed pairwise evaluation. In this framework, two models' outputs are compared by having an LLM judge which response is superior. This method is widely used in LLM benchmarks (Zheng et al., 2023; Sun et al., 2024) and is considered effective for evaluating open-domain dialogue generation (Park et al., 2024). We conducted evaluations by repeatedly sampling a dialogue history from the test set, having two randomly chosen models generate responses, and using OpenAI's GPT- $40^1$  to judge which response was better, allowing for draws. The prompts are in Appendix C. Comparisons were conducted 6,600 times for Japanese and 7, 800 times for English, with each model pair compared 100 times on average.

In both English (Table 1) and Japanese (Table 2), the models applying our method (those referred with '+PseudoDPO') achieved a higher win rate compared to standard SFT models. Looking at the qwen2-1.5b results in English, our

Evaluator	Win [%]	Draw [%]	Lose [%]
Human	59.63	13.76	26.61
GPT-40	66.97	2.75	30.28

Table 3: Comparison results of the SFT and DPO models of sarashina2-13b, showing the percentages where the DPO model won, drew, or lost against the SFT model as evaluated by human annotators and GPT-40.

method outperforms the reinforcement learning model ('+RL(DialogueNLI)'). The win rates are almost the same between the reinforcement learning model and the SFT model, which implies that while persona consistency may have improved through reinforcement learning, the naturalness of the responses may have been compromised.

#### 4.3 Human Evaluation

To verify the reliability of pairwise evaluation with GPT-40, we extracted a subset of 109 pairs of sarashina2-13b SFT and DPO models from the data used in the Japanese evaluation and conducted a human evaluation. The evaluators were given instructions that were compatible with the prompt for GPT-40 (See also appendix D). On average, each pair was evaluated by 3.4 people. The results of the human and GPT-40 evaluations, respectively, are shown in Table 3. The table shows the win rate, draw rate, and loss rate for the DPO model. Although the human chose draws slightly more often than the GPT-40, it can be seen that they evaluated the DPO as highly as the GPT-40. When draws are excluded, the percentage of annotations that matched between humans and GPT-40 is as high as 78%. Thus, the results suggest that GPT-40 evaluation is compatible with human evaluation.

#### 4.4 Consistency Evaluation on Dialogue-NLI

We evaluated persona consistency using the Dialogue-NLI evaluation set, which provides 30 response candidates for each dialogue history with persona information. These response candidates are classified into four categories: Hits (the most appropriate response), Entail (responses that entail the persona), Random (responses unrelated to the persona), and Contradict (responses that contradict the persona). For each model, we measured the likelihood of generating each response candidate, selecting the highest-probability response. The proportions of each response category generated by the models are presented in Table 4. Higher proportions of Hits and Entail indicate greater consistency

<sup>&</sup>lt;sup>1</sup>We used the "gpt-4o-2024-08-06" model https://platform.openai.com/docs/models/gpt-4o

<sup>&</sup>lt;sup>2</sup>The best scores in the common base model are bolded.

Base model	Tuning method	Hits↑	Entail↑	Rand↓	Contradict↓
	SFT	14.8	29.3	16.1	39.9
+RL(DialogueNLI)		15.7	29.7	14.9	39.7
gpt2-medium	+PseudoDPO (Ours)	12.5	29.9	10.1	47.4
	+PseudoDPO w/o shuffle	712.5	29.9	10.1	47.4
	+PseudoDPO on llama-2-13b data	20.7	33.8	14.9	30.6
	SFT	24.7	31.4	13.1	30.8
qwen2-1.5b	+RL(DialogueNLI)	25.5	39.9	12.7	21.9
	+PseudoDPO (Ours)	29.2	42.1	9.2	19.6
gwen2-7b	SFT	27.5	34.5	10.9	27.1
qwell2-70	+PseudoDPO (Ours)	33.0	42.3	7.7	17.0
mistral-7b	SFT	23.2	37.3	12.4	27.1
iiiisuai-70	+PseudoDPO (Ours)	31.4	46.5	10.1	12.0
llama-2-7b	SFT	26.6	32.5	10.3	30.6
IIaiiia-2-70	+PseudoDPO (Ours)	36.9	38.6	10.1	14.4
	SFT	31.7	33.6	10.5	24.2
llama-2-13b	+PseudoDPO (Ours)	41.7	38.6	7.9	11.8
	+PseudoDPO w/o shuffle	- 31.5	- 40.0	- 14.4	14.0

Table 4: Evaluation results on Dialogue-NLI evaluation set<sup>2</sup>.For rows with a dashed line, the main results are presented above the line, while the results of the additional analysis on pseudo-preference creation strategies (see Section 4.5) are shown below.

with the persona, while lower proportions of Random and Contradict are desirable.

The results show that, except for the smaller gpt2-medium model, our proposed method (PersonaDPO) remarkably improves Hits and Entail and substantially reduces Contradict across all models compared to the SFT baseline. While the reinforcement learning models contribute to some reduction in Contradict and an increase in Hits, they underperform compared to our approach.

## 4.5 Comparing Pseudo Preference Data Generation Strategies

A key aspect of our method is generating responses based on random sampled personas from unrelated dialogues and using these as pseudo-negative samples. To evaluate the effectiveness of this persona shuffling, we also conducted an experiment where the pseudo-negative samples were generated using the original persona information (referred to as '+PseudoDPO w/o shuffle' in the results Table 4). The scores on the Dialogue-NLI show that while this approach reduces the Contradict category for llama-2-13b, the improvement is smaller compared to the proposed method, confirming the effectiveness of shuffling persona information.

Our method showed limited impact on the smaller gpt-2-medium. We hypothesized that this was due to the lower response generation capability of the SFT model. To test this, we applied pseudo-preference data generated using llama-2-13b to train gpt-2-medium ('+PseudoDPO on llama-2-13b data'). The result show a substantial improvement

	- i love playing video games.
Persona	- hey there my name is jordan and i am a
1 crsona	veterinarian.
	<ul> <li>love to read drama books.</li> </ul>
	- i am originally from california but i live
	in florida.
User	hello how are you doing
Bot	hello . i am well . how are you ?
User	i am good . how is the weather ?
SFT Model	it is raining here in florida . how about
	where you are ?
+PseudoDPO	its kind of humid, which i am not used
	to living in fl, but not bad. glad i do not
	play video games outside ! haha

Table 5: Example responses generated by the SFT and the pseudo-preference tuning model of llama2-7b

in consistency. This indicates that the quality of the original SFT model to generate pseudo-preference plays a crucial role in the effectiveness of preference tuning. Furthermore, it implies that preference data created by larger models can be leveraged to enhance persona consistency in smaller models.

#### 4.6 Generated Examples

Table 5 presents generation examples from the llama-2-7b pseudo-preference tuning model ('+PseudoDPO'), which achieved the highest win rate in English pairwise evaluation, alongside its base SFT model. The example demonstrates that +PseudoDPO produces a response that better reflect the persona, such as mentioning unfamiliarity with Florida or making a joke about video games, compared to the SFT model. Additional examples can be found in the Appendix E.

## 5 Conclusion

In this work, we proposed a simple yet effective method for improving persona consistency in dialogue generation using Direct Preference Optimization (DPO) with pseudo-preference data, and demonstrated its effectiveness in various experiments. While we used all generated pseudo preference data in this study, future work will focus on filtering methods to enhance data quality.

#### 6 Limitations

Our study has limitations below:

**Model architecture:** Our experiments were conducted using several open-source pretrained models, all of which utilize the Transformer decoder architecture, currently the most widely adopted design for constructing LLMs. It remains uncertain whether our method would be equally effective for future models based on alternative architectures.

**Model size:** We experimented with a wide range of model sizes, from approximately 300M to 13B parameters, but our findings may not generalize to models outside this size range.

**Comparison methods:** To evaluate the effectiveness of our method, which does not rely on external resources, we conducted a comparison with a reinforcement learning approach using the Dialogue-NLI based reward—a widely used method for improving persona consistency. While our method demonstrated strong performance in this condition, its competitiveness may depend on the availability of resources and the specific application scenario.

**Preference optimization methods:** Our framework for improving persona consistency using pseudo-preference data is applicable to various preference tuning algorithms, not limited to DPO. In this study, we adopted DPO due to its simplicity and widespread use. Further investigation is required to evaluate the effectiveness of other preference tuning algorithms within our framework.

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## A Correspondence between Model Names and Repository

All the pre-trained models are those published on HuggingFace's Model Hub<sup>2</sup>. The table below shows the correspondence between the model names in this paper and the repository names in the HuggingFace's Model Hub.

Model name	Repo name on HuggingFace
llama-2-13b	meta-llama/Llama-2-13b
llama-2-7b	meta-llama/Llama-2-7b
qwen2-7b	Qwen/Qwen2-7B
qwen2-1.5b	Qwen/Qwen2-1.5B
mistral-7b	mistralai/Mistral-7B-v0.3
gpt2-medium	openai-community/gpt2-
	medium
sarashina2-13b	sbintuitions/sarashina2-13b
sarashina2-7b	sbintuitions/sarashina2-13b
swallow-13b	tokyotech-llm/Swallow-13b-hf
swallow-7b	tokyotech-llm/Swallow-7b-hf
japanese-gpt-1b	rinna/japanese-gpt-1b
japanese-gpt2-medium	rinna/japanese-gpt2-medium

Table 6: Correspondence between model names on this paper and HuggingFace's repository names

<sup>&</sup>lt;sup>2</sup>https://huggingface.co/

# **B** Implementation Details and Key Hyperparameters

We implemented the training scripts using the HuggingFace transformers <sup>3</sup> library. Additionally, for the training of the DPO and reinforcement learning models, we utilized the trl <sup>4</sup> library. For response generation, we employed the VLLM <sup>5</sup> library. Key hyperparameters are shown in below.

Parameter name	Value
SFT Phase	
Batch Size Per GPU	
Gradient Accumulation Steps	4
Learning Rate	1e-5
Adam Epsilon	1e-8
Adam Beta1	0.9
Adam Beta2	0.999
Weight Decay	0.1
LR Scheduler Type	Cosine
Warmup Ratio	0.05
Max Gradient Norm	1.0
Mixed Precision (BF16)	True
DPO Phase	
Beta	0.5
Batch Size Per GPU	4
Gradient Accumulation Steps	1
Learning Rate	1e-6
Adam Epsilon	1e-8
Adam Beta1	0.9
Adam Beta2	0.999
Weight Decay	0.1
LR Scheduler Type	Linear
Warmup Ratio	0.05
Max Gradient Norm	1.0
Mixed Precision (BF16)	True
Gradient Checkpointing	True

## **C Prompts for Pairwise Evaluations**

## Prompt for English -

I provided the same conversation history to two assistants and asked them to respond while fulfilling the presented persona. Below, I list the instructions and conversation history presented to the assistants, along with each assistant's response. Please evaluate which assistant's response better fulfills the persona and is preferable. When evaluating, first compare the two responses and briefly explain from what perspectives one is preferable. Ensure that your stance is unbiased, and that the order of responses does not influence your judgment. Note that the length of responses should not impact your evaluation, do not favor specific assistant names, and strive to be as objective as possible. After your explanation, issue your final judgment following this format: if Assistant 1 is superior, output [[1]]; if Assistant 2 is superior, output [[2]]; if it's a tie, output [[3]].

Prompt for Japanese

2つのアシスタントに対して同じ会話履 歴を与え、提示したペルソナを満たしな がら応答を返すように要求しました。以 下にアシスタントに提示した指示内容 と会話履歴・それぞれのアシスタントの 応答を列挙するので、どちらのアシスタ ントの応答の方がよりペルソナを満たし ていて好ましいかを評価してください。 評価の際には、まず2つの応答を比較し、 どちらがどのような観点で好ましいかを 簡単に説明してください。立場が偏らな いようにし、応答の提示順があなたの判 断に影響しないようにしてください。応 答の長さが評価に影響しないこと、特定 のアシスタントの名前を好まないこと、 できるだけ客観的であること、に気をつ けてください。説明の後に、最終的な判 断を以下の形式に従って出力してくださ い:アシスタント1が優れていれば[[1]]、 アシスタント2が優れていれば[[2]]、同 点の場合は[[3]]

<sup>&</sup>lt;sup>3</sup>https://huggingface.co/docs/transformers/

<sup>&</sup>lt;sup>4</sup>https://huggingface.co/docs/trl/

<sup>&</sup>lt;sup>5</sup>https://docs.vllm.ai/en/

# D User Interface of Annotation Tool for Human Evaluation

For human evaluation, we created a tool that displays the persona and dialogue history in parallel with the two models' generated responses to them, and allows the evaluators to choose which one is better. The instructions are almost the same as the prompts given during the evaluation on GPT-40, with the omission of output formatting instructions. The user interface is shown in Figure 2.

Annotator: testさん		+P
2つの対話モデルに対して同じ会話履歴を与え、 ように要求しました。以下にモデルに提示した 答を列挙するので、どちらのモデルの応答の方 価してください。		Tabl SFT
Chat History: No. 21		5F1 7b
s ##ペルソナ		
私は福島から引っ越してきました。		
私のお気に入りスポットは、鳥取砂丘で	す。	Pe
私は、夢見がちと人からよく言われます。	5	
私は身長が高いほうです。		
私は目立つことが苦手です。		
◎ こんにちは。私は三重県の津市に住んで	いますが、こちらも雪がすごいですよ。	
Model Responses		
		Ūs
Model 1:	Model 2:	D
こんにちは、私は福島から引っ越してきたばか りなので、こちらでも雪がすごいですよ。	こんにちは、私は福島から引っ越してきたばか りなので、そちらの雪も経験してますよ。どち らがすごいのかな?	Вс
↓ Model 1が良い	↓ Model 2が良い	I.I.
	き分け	Us

Figure 2: User Interface of Annotation Tool for Human Evaluation

## **E** Another Examples

	- i love cold weather and snow.
Persona	- i work as a managerial consultant.
reisona	- i have two brothers.
	- i grew up in wisconsin.
User	hey i love sardines for breakfast, do you
	?
Bot	hi, i do not like sardines at any time of
	the day !
User	oh, i have 2 large dogs, do you have
	dogs
SFT Model	no, i am allergic to dogs. i do have two
	brothers though .
+PseudoDPO	i do not, i have two brothers ! i live in
	wisconsin.

Table 7: Another example response generated by the SFT and the pseudo-preference tuning model of llama2-7b

	- 私には友だちがたくさんいます。
	(I have many friends.)
Persona	- 私は10代です。 (I am a teenager.)
	- 私はメイクアップアーティストに
	なりたいです。(I want to be a makeup
	artist.)
	- 私はいつか世界中を飛び回りたい
	です。 (I would love to fly around the
	world someday.)
	- 私は吹奏楽部に入っています。(
	belong to a brass band club.)
User	こんにちは。私は30代ですが、年は
	近いでしょうか。 (Hello, I am in my
	30s. Is that close to your age?)
Bot	私は10代です、メイクアップアー
	ティストになりたいと思っていま
	$f_{\circ}$ (I am a teenager and I want to be
	come a makeup artist.)
User	まだ10代なんて、お若いですね。
	夢、叶うと良いですね。 (You are
	so young, still in your teens. I hope you
	dream comes true.)
SFT Model	ありがとうございます。あなたの
	夢はなんですか? (Thanks. What is
	your dream?)
+PseudoDPO	「ありがとうございます」もし叶え
	ば世界中を飛び回りたいと思って
	います。(Thanks. I hope to travel al

Table 8: A Japanese example response generated by the SFT and the pseudo-preference tuning model of sarashina2-7b