# Efficient Semi-supervised Consistency Training for Natural Language Understanding

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### Abstract

Manually labeled training data is expensive, noisy, and often scarce, such as when developing new features or localizing existing features for a new region. In cases where labeled data is limited but unlabeled data is abundant, semi-supervised learning methods such as consistency training can be used to improve model performance, by training models to output consistent predictions between original and augmented versions of unlabeled data.

In this work, we explore different data augmentation methods for consistency training (CT) on Natural Language Understanding (NLU) domain classification (DC) in the limited labeleddata regime. We explore three types of augmentation techniques (human paraphrasing, backtranslation, and dropout) for unlabeled data and train DC models to jointly minimize both the supervised loss and the consistency loss on unlabeled data. Our results demonstrate that DC models trained with CT methods and dropoutbased augmentation on only 0.1% (2,998 instances) of labeled data with the remainder as unlabeled can achieve a top-1 relative accuracy reduction of 12.25% compared to fully supervised model trained with 100% of labeled data, outperforming fully supervised models trained on 10x that amount of labeled data. The dropout-based augmentation achieves similar performance compare to back-translationbased augmentation with much less computational resources. This paves the way for applications of using large scale unlabeled data for semi-supervised learning in production NLU systems.

### 1 Introduction

Deep learning, especially transformer-based language models (Vaswani et al., 2017), have achieved state-of-the-art performance in many tasks and are widely used in NLU systems. A challenge in deep learning is that it often requires large amounts of labeled training data in order to reach a desirable Joshua Tan Amazon Alexa AI, USA jshtan@amazon.com

performance level. This is especially a problem for NLU systems in commercial production as the cost of labeling data scales with the expanding number of supported features and languages.

Recent research in semi-supervised learning (SSL) demonstrated that it is possible to combine a small amount of labeled data and a large amount of unlabeled data to match or even outperform purely supervised learning (Xie et al., 2020; Gao et al., 2021). One of the most promising approaches in SSL is called consistency training (Bachman et al., 2014; Rasmus et al., 2015; Tarvainen and Valpola, 2017; Verma et al., 2019). In short, consistency training is a technique that regularizes model predictions to be invariant to augmentations of unlabeled data. Examples of augmentations include applying noise to input features (Sajjadi et al., 2016; Miyato et al., 2018) or hidden states (Bachman et al., 2014).

In this paper, we experimented with consistency training in a major NLU task: Domain Classification (DC). We tested three different types of data augmentations: paraphrasing by user feedback, back-translation, and dropout. As a testbed for our approach, we applied our experiments to BERT (Devlin et al., 2019)-based models using a real-world dataset collected from Portuguese users of a voice-controlled assistant. We found that all three types of augmentations can be effectively used alongside consistency training to improve model performance compared to a baseline model trained without consistency training. For the scenario where labeled data was limited to only 0.1% of all available labeled data, the best top-1 accuracy, which was -9.14% compared to fully supervised model trained with 100% labeled data, was achieved by consistency training on data augmented using back-translation. If we use dropout-only augmentation, the relative top-1 accuracy change was -12.25%. Lastly, we observed a relationship between the amount of labeled data

used for training and the size of CT benefits, with larger benefits for smaller sets of labeled data. Our results demonstrate the possibility of using consistency training to drastically reduce the amount of labeled data needed for an NLU system while retaining a reasonable accuracy. This can be done on large unlabeled datasets without using computationally expensive back-translation or financially costly human-authored augmentation.

## 2 Background

#### 2.1 Consistency training

Consistency training (Bachman et al., 2014; Rasmus et al., 2015; Tarvainen and Valpola, 2017; Verma et al., 2019) is a Semi-Supervised Learning technique that utilizes unlabeled data to enforce consistency of the model output given similar inputs. The general schematic of this method is shown in Figure 1. In summary, consistency training is multitask learning with two objectives: minimizing the supervised loss for labeled data and the consistency loss for unlabeled data. The supervised loss is a regular cross-entropy loss for the labeled data. For the consistency loss, the unlabeled data is first paraphrased with data augmentation methods. Then the original data x and the augmented data x' will be passed through the same encoder model M to generate two output distributions respectively  $p_M(y|x)$  and  $p_M(y|x')$ . The consistency loss is defined by the Kullback-Leibler divergence between the two output distributions  $D(p_M(y|x)||p_M(y|x'))$ . Finally the consistency loss and supervised loss are combined and backpropagated to update the model parameters. In this way consistency training forces the model to be insensitive to the noise introduced by data augmentation.



Figure 1: Training objective for consistency training. Note that the three *model* blocks in this figure represent the same encoder model with the same set of parameter.

#### 2.1.1 Paraphrasing by user feedback

MARUPA (Falke et al., 2020) (Mining Annotations from User Paraphrasing) is a tool to leverage realworld user implicit feedback to collect paraphrased utterances. Sometimes when a user is having a failed interaction with the system, the user will paraphrase the utterance and retry. MARUPA collects these utterances fully autonomously without the need for human annotators using paraphrase detection, friction detection and label projection models. This dataset is filtered to make sure it is relevant to the main task (Domain classification). In our experiment, we use the MARUPA dataset without the labels as the augmented unlabeled dataset for the consistency training.

#### 2.1.2 Paraphrasing by back-translation

Back-translation a common approach for data augmentation in NLP (Xie et al., 2020; Edunov et al., 2018). Recent development of Neural Machine Translation (NMT) (Vaswani et al., 2017), has produced models with impressive accuracy in translating text. Back-translation leverages this to generate augmented data by translating example text sequences from an original language to an intermediate language and then back to original language. This method allows us to generate paraphrases while retaining semantic meaning, and has been shown to improve performance in questionanswering tasks (Yu et al., 2018; Dong et al., 2017). In our experiment, we leverage a commercially available cloud-based translate service to paraphrase the unlabeled dataset using back-translation.

#### 2.1.3 Dropout as data augmentation

Dropout (Srivastava et al., 2014) is a technique to prevent overfitting in training deep neural networks by randomly dropping units inside the network. In recent research, dropout is also shown to be an effective method for data augmentation (Bouthillier et al., 2015; Gao et al., 2021). The underlying idea is to pass the same input sequence to the encoder twice with different dropout masks. The two resulting embeddings are then used to compute the consistency loss. This method outperforms several deterministic augmentation approaches such as word deletion and replacement (Gao et al., 2021). Another advantage of dropout-based augmentation is that no extra paraphrase process is needed and we can directly use the unlabeled data for consistency learning.

# **3** Experiment

We designed our experiments to explore the performance impact of incorporating consistency training using each type of data augmentation. We also investigated how performance changes as the amount of labeled data or unlabeled data used for training is varied.

### 3.1 Consistency-training (CT) models

All the models were based on a distilled (Hinton et al., 2015) Portuguese BERT (Devlin et al., 2019) language model. This model had 4 transformer layers and feedforward hidden dimension of 1200 compare to 12 and 3072 in the BERT-Base model. All experiments were trained on Amazon Web Services EC2 p3.16xlarge instances. We implemented CT using a multi-task learning framework that trained models to jointly minimize the sum of supervised cross-entropy error on labeled data and the consistency loss on unlabeled data. All models were configured to train for up to 20 epochs. During training, CT models alternated between computing loss on the supervised task and the consistency-loss task. The task sampling rates were set such that both tasks would finish iterating through their associated data at approximately the same time. We compare the CT models against a set of baseline models that only performed supervised training.

#### 3.2 Augmentations

We experimented with a total of five CT models varying in type of data augmentation used for consistency regularization: paraphrase by humans (MARUPA), back-translation, and dropout.

For *MARUPA CT* models, augmentations were comprised of paraphrase data. We leveraged the MARUPA paraphrase dataset as unlabeled pairs of augmented data. This dataset consisted of 2,258,828 utterance pairs (4,517,656 total).

For *Back-translate CT* models, augmentations were comprised of back-translated utterances. We used a cloud-based translation service to translate from Portuguese to an intermediate language and back to Portuguese, generating a total of 2,998,782 pairs. For some pairs the original and back-translated utterances were the same, and in that case we switched to a different intermediate language until a different back-translated utterance was obtained. The list of intermediate language was *English, French, Japanese, Korean, Chinese*,

#### Hindi and Hungarian.

For *Dropout CT* models, we used dropout to generate an equivalent of data augmentation on the embedding space. Our dropout augmentation involved applying dropout to the same data instance twice with different dropout masks using the same dropout probability. Dropout layers were located in each BERT transformer blocks and fully connected layer with dropout probability set to 0.1. The unlabeled data used in *Dropout CT* was the same as the original data in the back-translation dataset.

We also tested two combinations of augmentations. In *Dropout+MARUPA CT* models, we combined dropout and paraphrase augmentations. Specifically, we applied independently sampled dropout to both utterances in a paraphrase pair, and then compute the consistency loss between the dropout-augmented pair. For *Dropout+Backtranslate CT* models, we combined dropout with back-translation pairs in a similar fashion.

#### 3.3 Training data

We experimented with six different labeled-data sizes: 0.1%, 1%, 2%, 5%, 25%, and 100% of the available training data. We randomly sampled three sets of data for each labeled-data size less than 100%. Within each sample, we used a randomly selected 90% as the training data and use the remaining 10% as the validation set. Unless otherwise stated, for each model we experimented with we trained three separate instances, each using a different data split.

We also experimented with different unlabeled data sizes. For this set of experiments we limited our exploration to Dropout CT models that were trained with 0.1% of the available labeled data. For all Dropout CT models, we treated the remaining labeled data as the set of available unlabeled data (i.e., for a model trained using 0.1% of the labeled data, we take the remaining 99.9% and removed the label). We experimented with models that used 25%, 50%, 75%, and 100% of the available unlabeled data. As before, we created three random samples for each unlabeled-set size less than 100% and trained a separate model on each split.

#### 3.4 Evaluation

We evaluated our models using a held-out test set. We considered two different types of testing scenarios. In the first, we tested against the full test set of 191,762 utterances, approximating the distribution of a real-world application scenario. In the second, we tested against a test set that had been filtered to remove all utterances appearing in the training set. This filtered set contained 46,211 utterances and was intended to examine how well our models were able to generalize to unseen utterances.

Our experiments were performed using a production BERT-based domain classification model. Models with differing architectures or for different ML tasks may not yield the same results. Similarly, our results may not generalize to industry applications of NLU in other domain areas, using different spoken languages, or with access to substantially larger amounts of labeled training data.

### 4 **Results**

Here we present the results of our consistencytraining experiments and illustrate how model performance changed as we varied the underlying training data.

### 4.1 Metrics definition

All metrics are reported as relative change, including Top-1 accuracy, Top-1-Unseen accuracy, false accept rate and false reject rate. The relative change is defined by

$$(\mu - \mu_r)/\mu_r$$

where  $\mu$  is the experiment metric and  $\mu_r$  is the reference metric achieved by the fully supervised model trained on 100% of labeled data.

#### 4.2 Size of labeled data

Our results show that consistency training on augmented data can lead to significant improvements in performance in limited-data settings. As shown in Table 1, when restricting models to use only 1% of the available labeled data as training data, the baseline supervised model achieves a top-1 accuracy of -67%. For the Dropout CT model trained on the same 1% of labeled data, we saw a top-1 accuracy of -4%. The difference in performance was even more apparent in models trained using only 0.1% of the labeled data. For models trained with 0.1% of the labeled data, the baseline model achieved an top-1 accuracy of only -99%. The Dropout CT model trained on the same amount of labeled data achieved a top-1 accuracy of -12.25%. This improvement in top-1 accuracy demonstrates the utility of consistency training on unlabeled data when labeled data is extremely limited. Table 1 also compares the top-1 accuracy of the baseline and Dropout CT model when tested on utterances



Figure 2: Comparison of top-1 accuracy relative change for baseline and Dropout CT models trained on different amounts of labeled data. Data points are shown for all three experiments run for a given model differing only in training sample (often overlapping).

not seen during training. Given the same model the top-1-unseen accuracy was lower than the top-1 accuracy, as expected since this represents a more difficult task. However, we still saw a performance improvement in top-1-unseen accuracy when applying consistency training.

In Figure 2 we plot the top-1 accuracy of the baseline and Dropout CT model as we varied the amount of labeled training data. While both the baseline and Dropout CT models benefited from training with additional labeled data, the benefit was much greater for the baseline model. Figure 2 also sheds light on the difficulty of the domain classification task. We see that a baseline model trained on 2% of the labeled data has comparable perfomance to a baseline model trained on all the labeled data.

#### 4.3 Size of unlabeled data

Results on varying the size of the unlabeled training data our Dropout CT model trained with 0.1% of the available labeled data are shown in Figure 3. We see that even when using only 25% of the unlabeled data (742k instances), consistency training with dropout-based augmentations achieved a top-1 accuracy of -23%. Increasing the amount of unlabeled data generally led to improved performance.

#### 4.4 Types of augmentation

Table 2 shows our experiments comparing CT models that used different types of data augmentations, where each model was trained on only 0.1% of the labeled data. Overall, every data augmenta-

		Т	Cop-1	Top-1-Unseen		
% Labeled data	Count	Baseline	Dropout CT	Baseline	Dropout CT	
0.1%	2998	-98.96%	-12.25%	-98.16%	-26.66%	
1%	26989	-67.33%	-4.16%	-67.67%	-9.09%	
2%	53978	-2.40%	-2.71%	-14.73%	-5.62%	
5%	134945	-1.52%	-2.50%	-3.12%	-4.64%	
25%	674725	-0.60%	-0.64%	-1.39%	-1.39%	
100%	2698903	0%	-	0%	-	

Table 1: Top-1 accuracy relative change for baseline models trained on different amounts of labeled data.

		FAR		FRR			
	Top-1	Video	Shopping	Music	Video	Shopping	Music
Baseline	-98.96%	-100%	-100%	-100%	137%	766%	2877%
Dropout CT	-12.25%	308%	344%	71%	59%	346%	543%
MARUPA CT	-22.42%	1145%	2844%	14%	64%	191%	1760%
Back-translate CT	-9.14%	370%	733%	106%	27%	20%	132%
Dropout+MARUPA CT	-21.79%	839%	3372%	14%	73%	236%	1695%
Dropout+Back-translate CT	-9.66%	267%	567%	131%	32%	14%	91%

Table 2: Top-1 accuracy, false acceptance rate (FAR), and false rejection rate (FRR) relative change for the supervised baseline model and the consistency-training models using different underlying data augmentations. All models are trained with 0.1% labeled data. Metrics are reported as relative change compared to a fully supervised model trained using 100% of labeled data. The ground truth test data included 44,221 Music utterances, 2,145 Shopping utterances, and 904 Video utterances.



Figure 3: Comparison of top-1 accuracy relative change for Dropout CT models trained on different amounts of unlabeled data. All models were trained using 0.1% of the labeled data.

tion method helped CT to perform better than the baseline model. Out of all the augmentation methods we tested, Back-translate CT performed best. The Back-translate CT model achieved an average top-1 accuracy of -9.14%, followed by the Dropout+Back-translate CT model with a top-1 accuracy of -9.66%. MARUPA models in general

performed worse than Back-translate models, but still had significant improvement over the baseline.

We found mixed results on the performance benefit of combining types of augmentations together for consistency training. While the Dropout+MARUPA CT model had a slightly higher top-1 accuracy than the MARUPA CT model (-21.79% vs. -22.42%), the Dropout+Back-translate CT model performed slightly worse than Backtranslate CT (-9.66% vs. -9.14%).

We note that the Dropout CT methods, although slightly less performant than Back-translate CT models, have a greater advantage from an operations perspective. Dropout augmentation does not require any kind of domain expertise, precomputation, or external translation models, which can greatly reduce data-preprocessing time and operational costs.

In addition to top-1 accuracy, Table 2 shows false acceptance and false reject rates for three differently sized domains. The baseline model incorrectly rejected all utterances for which the ground truth domain was one of Video, Shopping, or Music. More interestingly, for a pair of models the better performing model in terms of top-1 accuracy was not always the better performing model in terms of false acceptance or rejection rates for a given domain. For example, although the Dropout CT model had a higher top-1 accuracy than the MARUPA CT model (-12.25% vs. -22.42%), if lowering the false reject rate for the Shopping domain is the highest priority, then the MARUPA CT model may be more appropriate.

### 5 Related work

#### 5.1 Data Augmentation in NLP

Hedderich et al. (2021) provide a survey of NLP techniques for training models in low-resource scenarios. One of the most common techniques to address this is data augmentation, which produces new input instances by applying transformations to existing data.

In our study, we applied hidden-space augmentations by using independently sampled dropout masks for the same instance. Prior work has also proposed dropout as a data augmentation technique. Bouthillier et al. (2015) demonstrate that the effect of dropout on a neural network can be replicated by projecting dropout noise back into the input space and training a model on the generated data. Zhao et al. (2019) show that dropout can be viewed as equivalent to data augmentation whenever the input space dimension is equal to or higher than the output space.

#### 5.2 Consistency training

Consistency regularization, also known as *consistency training* (Chen et al., 2021), is a popular technique in Semi-Supervised Learning. The underlying idea is that model predictions for a given data instance should not change much when that data instance is perturbed. Xie et al. (2020) proposed UDA, a framework for leveraging data augmentation in SSL settings by jointly minimizing a standard supervised loss with consistency-based loss on data and its augmentations.

### 5.3 Contrastive learning

The goal of contrastive learning (Chopra et al., 2005), which is very similar to consistency learning, is to learn a data representation such that similar data instances are located near to each other in the representation space and dissimilar instances are pushed apart. Wang and Isola (2020) showed that optimizing a contrastive metric can lead to better *alignment* and *uniformity* of features in the

embedding space. Gao et al. (2021) show that standard dropout noise can outperform other types of data augmentation for contrastive learning of sentence embeddings.

### 6 Conclusion

With the aim of developing a strategy to efficiently leverage large amounts of unlabeled data in deployed NLU systems, we examined three different augmentation techniques for consistency training using real-world data. Back-translation performed the best, dropout was slightly behind and paraphrase by human users was the worst-performing technique. From an operations perspective dropout is more favorable because it doesn't require any extra system resources and is quick to compute. Paraphrasing by back-translation requires a machinetranslation model that can translate to an intermediate language and back. This adds extra cost and processing time for unlabeled data which scales linearly with the amount of unlabeled data. For industry-scale NLU applications with massive amounts of data, dropout-based consistency training can provide performance gains over purely supervised methods with minimal additional resource overhead.

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### A Appendix

#### A.1 Ablation studies

The training of our CT models depends on a few hyperparameters, including: training signal annealing (TSA) schedule, softmax temperature control, and a confidence threshold for computing consistency loss. We explored the impact of each hyperparameter on resulting model performance. For these experiments, we used the Dropout CT model trained on 0.1% of labeled data. We did not train multiple models for each random data split.

	Top-1 relative change
Dropout CT*	-11.84%
confidence thresh= 0.6	-11.01%
confidence thresh = 0.3	-11.42%
confidence thresh = none	-32.37%
TSA schedule = log	-13.70%
TSA schedule = exp	-85.69%
TSA schedule = none	-14.22%
softmax temp = 0.7	-13.70%
softmax temp = 0.9	-12.87%
softmax temp = none	-11.94%

Table 3: Ablation studies related to confidencebased thresholding (confidence thresh), training-signalannealing (TSA) schedule, and softmax temperature. In this table Dropout CT is the base model that each subsequent model modifies. We report the Dropout CT score only for the model trained on the same 0.1% data sample as used for the ablation-study experiments. All reported numbers are Top-1 accuracy relative changes compared to the performance of a baseline model trained with 100% labeled data. \*For the base Dropout CT configuration, we used a linear TSA schedule, a consistencyloss softmax temperature of 0.85, and consistency-loss confidence threshold of 0.45.