# PROM: Pivoted and Regulated Optimization for Multilingual Instruction Learning

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#### Abstract

Large language models (LLMs) have become standard for natural language generation tasks, with instruction-tuning enhancing their capabilities. However, the lack of instruction-tuning datasets in languages other than English limits their application to diverse languages. To address this, researchers have adapted Englishcentric LLMs to other languages by appending English tuning data with its translated pair. However, we observe negative interference between the two. To resolve this, our contribution is identifying English as an internal pivot language, which disentangles the use of English and target language data. Moreover, to better generalize for under-represented languages, we regulate the proposed objective. Experiments across 9 different languages demonstrate the effectiveness of our approach on multiple benchmarks. The code is publicly available for further exploration.<sup>1</sup>

## 1 Introduction

Recently, large language models (LLMs) became a de-facto standard for various natural language generation tasks (OpenAI, 2023; Touvron et al., 2023; Jiang et al., 2024). Moreover, careful instruction-tuning (Wang et al., 2023) improves the LLMs to be more powerful.

However, due to the lack of instruction tuning datasets in other languages, most of instructiontuned LLMs remain English-centric, hindering the application to 6500+ existing languages (Austin and Sallabank, 2011). Existing solutions thus propose to adapt English-centric LLMs into a monolingual target language model: Instructions in the target language are either unseen, or underrepresented in pretraining, for which the existing solution translates a high-quality English instruction tuning, to pair with its translation in the target language (Zhu et al., 2023; Ranaldi et al., 2023).



Figure 1: Language on the left shows pivoted behavior, as argued in Wendler et al. (2024). However, we find that argument does not hold in some languages (right).

Despite the expected performance gain from expanding the training set, our first contribution is observing otherwise, that negative interference (Conneau et al., 2020; Wang et al., 2020) exists between the original and translated pair. (Section 3.2).

To overcome this, we devise a *pivoted* objective that disentangles English and target language data in training, to alleviate such interference. Specifically, we are inspired by a recent finding that English-centric LLMs generate in English first and then convert the output into the target language (Wendler et al., 2024; Zhao et al., 2024). This implies that we can design two separate objectives, the first objective using English data for generating the representation corresponding to the English version of the next token at the middle of the layers, then another objective using target data for gradually converting into the representation for the target language.

While such disentangled objectives are effective in many languages, we find they fail to generalize well to under-represented languages, where we observe the pivoted behavior reported by Wendler et al. (2024) may not hold. To illustrate, Figure 1 contrasts language where pivoted assumption holds (left) and not (right), selected for illustration from our empirical studies reported in Appendix: Following (Wendler et al., 2024), the x-axis in the

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<sup>&</sup>lt;sup>1</sup>https://github.com/thnkinbtfly/PROM

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figure represents layer index, from each of which, the y-axis shows the probability (according to logits) of correct target language next token (blue) or English as pivot (orange). While the left figure shows English pivot probability higher than the target token in Greek, such behavior is not observed in the right (Arabic). Inspired, we propose a regulated version, classifying between the two cases, to selectively apply pivoted objective.

Our proposed method, PROM (Pivoted and Regulated Optimization) is shown to be effective on MGSM, XQuAD, MLQA, IndicQA across 9 languages. PROM dominates the baselines in most cases, improving the QA exact match score by 50% overall. The code is publicly available.<sup>1</sup>

## 2 Pivoted and Regulated Optimization

**Preliminaries: Adapting LLM to the Target Language** We first formalize the training of LLM architecture as follows:

$$h_0 = f(s), s \in S \tag{1}$$

$$h_i = L_i(h_{i-1}) \tag{2}$$

where  $L_i$  is the *i*th transformer layer in LLM, and f is the embedding layer, S is the set of given inputs. For instruction tuning, typically, only English instruction tuning data sample  $s_e$  constructs the input S. The final hidden representation  $h_N$  is used for updating the model, where N is the total number of layers.

To enhance the set S for adaptation to the target language, we typically augment each existing English instruction and response  $s_e \in S$  with its translated counterpart  $s_t$ . Moreover, an additional English to target language translation task sample  $s_{e\to t}$  can be added to further align English and the target language (Zhu et al., 2023; Ranaldi et al., 2023; Kuulmets et al., 2024).

## 2.1 Motivation: Negative Interference

While 'bigger is better' is commonly believed, that adding English instruction tuning samples  $s_e$  along with other samples ( $s_t, s_{e \to t}$ ) to construct S is expected to be beneficial (Zhu et al., 2023; Ranaldi et al., 2023), our observation in Section 3.2 indicates the contrary. To explain, we analyze negative interference between two languages, in the latter layers, especially the last layer, which is most relevant to generating the target language (Wendler et al., 2024; Zhao et al., 2024).



Figure 2: Gradient similarity in the last layer. Lower gradient similarity implies higher negative interference. Ours shows low interference while utilizing both English and the translated data.

Specifically, negative interference (Wang et al., 2020) is quantified using cosine similarity between gradients from two batches composed of different languages (Wang et al., 2020).<sup>2</sup> When such similarity is low, negative interference is considered high, indicating that the gradients are conflicting and pointing in opposite directions.

Figure 2 (blue vs. green) demonstrates that appending English data to the target language results in high negative interference, i.e., low cosine similarity between gradients from two batches. We attribute the suboptimality of appending English data (Section 3.2) to this negative interference.

Our goal is to benefit from English data while avoiding negative interference (orange line in Figure 2). The following subsection introduces how we achieve this.

#### 2.2 **Pivoted Objective**

We first disentangle the roles of English and target language data. According to Wendler et al. (2024), when generating in non-English using an Englishcentric LLM, English serves as a pivot language. In other words, forwarding  $h_n$  through the LM head for some n < N generates the English version of the next token. This implies that English data is crucial for semantics in the pivot language, while target language data is essential for generating output in the target language.

Next, we devise separate training objectives for each role. To retain semantics while utilizing English data, we design a loss function that considers English as a pivot language. Specifically, we use  $h_n$  passed through an LM head for instruction tuning with English data and denote the loss for this as  $\mathcal{L}_{n,e}$ . Since we are not aiming for exact gen-

<sup>&</sup>lt;sup>2</sup>Our observation of negative interference is consistently supported in Section 4.

eration, we apply label smoothing with  $\alpha$  to  $\mathcal{L}_{n,e}$ . For language generation using target language data, we use  $h_N$  passed through another LM head for instruction tuning and denote the loss for this as  $\mathcal{L}_{N,t}$ . Finally, we optimize the weighted sum of the two objectives:

$$\mathcal{L} = \lambda \cdot \mathcal{L}_{n,e} + \mathcal{L}_{N,t} \tag{3}$$

## 2.3 Regulated Objective for Under-represented Languages

While the effectiveness of the objective  $\mathcal{L}_{n,e}$  depends on the validity of Wendler et al. (2024), recall that their assertion does not apply universally, particularly for under-represented languages in Figure 1, contrasting the scenarios following pivoted assumption (left; Greek) and not (right; Arabic).<sup>3</sup>

We propose to classify such cases by setting  $\lambda = 0$  if  $\overline{P_{n,e}} < \overline{P_{n,t}}$ , where — denotes the average, e denotes English, and t denotes the target language.  $P_{n,l}$  denotes the probability of the language l version of the next token in the *n*th layer, following the definition by Wendler et al. (2024).

#### **3** Experiments

#### 3.1 Experimental Settings

We use LLaMA2-7B (Touvron et al., 2023) as the representative English-centric LLM.

**Tasks and Datasets** For the English-centric instruction tuning data, we use the ALPACA dataset (Taori et al., 2023). We use Google Translate API to obtain the target language counterpart. For the parallel data for the translation task instruction tuning, we use the WMT23 development dataset,<sup>4</sup> the NTREX (Federmann et al., 2022) and the FLORES (Goyal et al., 2021). We only use these high-quality parallel data, since only high-quality parallel dataset guarantees the performance increase for diverse tasks (Kuulmets et al., 2024).

We evaluate our model on LM-EVALUATION-HARNESS (Gao et al., 2021). We use the available multilingual generative tasks: MSGM (Shi et al., 2023), MLQA (Lewis et al., 2020), and XQuAD (Artetxe et al., 2020). We additionally implement IndicQA (Doddapaneni et al., 2023) evaluation. For QA evaluation, we use the extended version of LM-EVALUATION-HARNESS.<sup>5</sup> Language Selection Total 9 languages are available in the given datasets:<sup>6</sup> Arabic (ar), Bengali (bn), Greek (el), Malayalam (ml), Marathi (mr), Swahili (sw), Tamil (ta), Telugu (te), and Thai (th). **Implementation Details** To perform instruction tuning, we largely follow the setting from Alpaca (Taori et al., 2023).<sup>7</sup> We use learning rate of 2e-5; warmup for 3% of total steps; and train for 3 epochs. We use batch size of 32, sequence length of 1024 or 2048, depending on the GPU consumption. We use  $n = 24, \alpha = 0.1, \lambda = 0.1$ <sup>8</sup> Training is done on 8 A100-80GB, taking less than six hours. We evaluate the LLMs with a batch size of 8, in a zero-shot manner. We use the prompts given in the target languages. Evaluation is conducted on an A100, which takes less than two hours.

**Comparisons** We compare the following methods: a) *LLaMA2*: The baseline English-centric LLM. b) *Bactrian+(t)*: Use the target language data only (Li et al., 2023), enhanced with translation data (Kuulmets et al., 2024), i.e., *S* consists of  $s_t, s_{e \to t}$ . c) *xLLAMA2(t+e)*: Add english language data (Zhu et al., 2023), i.e., *S* consisting of  $s_e, s_t, s_{e \to t}$ , d) *PROM*: Our proposed method.

### 3.2 Experimental Results

**Negative Interference Drops Performance** The final row of Table 3 highlights the positive impact of excluding English instruction tuning data from xLLAMA2(t+e). Across all 11 cases of MGSM and QA evaluation, its exclusion results in superior performance in 8 instances. This supports our claim that naïvely appending translated instruction tuning data incurs negative interference, thereby impairing performance.

**Superiority of PROM** Tables 1 and 2 show that PROM successfully outperforms the baseline, xLLAMA2(t+e). For example, overall, the exact match score of QA increases by about 50% compared with the baseline. Additionally, as depicted in Table 3, xLLAMA2(t+e) never outperforms PROM, implying PROM is a reliable method for leveraging English instruction tuning data.

**Importance of Pivoted Objective** The third row in Table 3, identical to the removal of  $\mathcal{L}_{n,e}$  entirely, emphasizes the beneficial nature of the proposed  $\mathcal{L}_{n,e}$  when contrasted with the first row.

<sup>&</sup>lt;sup>3</sup>We translated the cloze task in Wendler et al. (2024) for this analysis. We ran in a 5-shot manner. See our results for all languages in Appendix

<sup>&</sup>lt;sup>4</sup>https://www2.statmt.org/wmt23/translation-task.html

<sup>&</sup>lt;sup>5</sup>https://github.com/OpenGPTX/Im-evaluation-harness

<sup>&</sup>lt;sup>6</sup>We use languages whose task performance improves by the baseline adaptation method.

<sup>&</sup>lt;sup>7</sup>https://github.com/tatsu-lab/stanford\_alpaca

<sup>&</sup>lt;sup>8</sup>We describe the hyperparameter choice in the Appendix.

	XQuAD					M	MLQA IndicQA									
	th		ar		el		ar		ta		mr		ml		avg	
	em	f1	em	f1	em	f1	em	f1	em	f1	em	f1	em	f1	em	f1
PROM	10.7	22.5	3.4*	<b>16.8</b> *	5.3	22.9	2.5*	<b>16.6</b> *	<b>0.7</b> *	<b>4.0</b> *	1.3	12.3	<b>3.7</b> *	13.9*	3.9	15.6
xLLAMA2(t+e)	2.4	14.9	4.2	16.6	4.1	20.5	3.1	16.4	0.3	3.4	0.3	11.7	3.3	13.1	2.5	13.8
LLaMA2	1.6	9.8	0.1	5.2	1.8	11.4	1.0	7.1	0.0	0.7	0.2	4.3	0.0	0.8	0.7	5.6

Table 1: Exact match and F1 score of diverse QA benchmarks. (\*:  $\lambda = 0$  for under-represented languages.)

	SW	th	bn	te	avg
PROM	5.6	4.4	4.0	0.4*	3.6
xLLAMA2(t+e)	5.2	4.0	3.2	0.4	3.2
LLaMA2	2.4	1.6	0.0	0.0	1.0

Table 2: MGSM Accuracy of comparisons. (\*:  $\lambda = 0$  for under-represented languages.)

	lose to $t+e$	wins $t+e$
PROM	0/11	9/11
- regulation	2/11	8/11
Bactrian+ $(t)$	1/11	8/11

Table 3: Lose and win counts compared with xLLAMA2(t+e). We deal with 11 QA and MGSM results in Table 1,2. We consider losed or winned if the score of one dominates the other.

**Importance of Regulated Objective** A comparison between the first and second rows in Table 3 highlights the necessity of regulation.

## 3.3 Analysis

In this analysis, we show that PROM also deepens the English-pivoting behavior of the LLM. Applying PROM soars up the probability of the Englishversion of the next token as depicted in the right of Figure 3. This means PROM not only mitigates negative interferce, but also improves the pivoting behavior –resulting in a performance increase (Table 1,2).

## 4 Related Work

**Instruction-tuned LLMs for Non-English** To extend the capabilities of instruction-tuned LLMs to languages other than English, early attempts involved human annotation of instruction-tuning datasets (Zhang et al., 2023), which lacks scalability.

Wei et al. (2023); Li et al. (2023) leverage LLMs to generate synthetic data for instruction-tuning, however the quality would plummet as the generation ability of LLM for that language decreases



Figure 3: Pivoting behavior (en probability) before (left) and after (right) applying PROM.

than English.

Alternatively, machine-translated instructiontune datasets (Chen et al., 2023; Holmström and Doostmohammadi, 2023; Santilli and Rodolà, 2023; Cui et al., 2023) paired with higher-quality English instruction-tune data (Zhu et al., 2023; Ranaldi et al., 2023) gained popularity.

Our distinction is observing a possible negative interference between English and target data, and mitigating it by disentangling the roles of the two. English as a Pivot Language Wendler et al. (2024) explicitly observed pivoting behavior in LLaMA2, an English-centric LLM that the LLM first generates representations for the next token in English at the middle layer before converting them to representations of the target language at the final layer. Our work is inspired by this observation but goes beyond passive observation by (1) recognizing the limitations of their findings for under-represented languages and (2) extending into optimization objectives to mitigate negative interferences.

## 5 Conclusion

In this paper, we found that appending the English instruction sets along with its translated pairs is not always beneficial, for instruction-tuning in multiple languages. To overcome this, we proposed PROM, where we devised pivoted objective and regulated objective. Experimental results across 9 languages show the effectiveness of our proposal.

## Limitation

We conducted our experiment on only one Englishcentric LLM, LLaMA2 (Touvron et al., 2023). However, we are following the convention of previous studies (Zhao et al., 2024; Zhu et al., 2023; Kew et al., 2023) that focus on LLaMA for studying English-centric LLMs. We leave applying PROM to other English-centric LLMs, such as Mistral (Jiang et al., 2023), as a future work.

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Figure 4: Probability of generating English and the target language tokens per layer.

				MGSM	XQı	JAD
	n	$\alpha$	$\lambda$	acc	em	f1
Bactrian+ $(t)$				4.4	9.0	21.1
ours	24	0.1	0.1	4.4	10.7	22.5
label smooth comparison	24	0.03	0.1	1.6	11.9	24.4
label smooth comparison	24	0.3	0.1	3.6	9.4	21.5
label smooth comparison	24	0	0.1	1.2	8.5	19.5
layer id comparison	22	0.1	0.1	1.6	10.5	22.2
layer id comparison	23	0.1	0.1	2.4	8.3	19.2
layer id comparison	25	0.1	0.1	2.4	9.2	20.6
layer id comparison	26	0.1	0.1	2.8	6.9	18.3
loss weight comparision	24	0.1	0.3	1.2	7.9	19.3
loss weight comparision	24	0.1	0.5	2.8	8.2	21.1
loss weight comparision	24	0.1	1	3.6	4.0	17.2

Table 4: Comparison on thai (th) language varying hyperparameters.

# A Appendix

## A.1 Full Results for Figure 1

Figure 4 reports our results for nine languages, with and without pivoted behaviors.

## A.2 The Choice of Hyperparameters

We tuned  $N, \alpha, \lambda$  on thai language as Table 4. Only our setting is on par or outperform the best baseline, Bactrian+(t). Note that removing the thai columns from Table 1, 2 does not change the trend or analysis.