

# PromptKD: Distilling Student-Friendly Knowledge for Generative Language Models via Prompt Tuning

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## Abstract

Recent advancements in large language models (LLMs) have raised concerns about inference costs, increasing the need for research into model compression. While knowledge distillation (KD) is a prominent method for this, research on KD for generative language models like LLMs is relatively sparse, and the approach of distilling student-friendly knowledge, which has shown promising performance in KD for classification models, remains unexplored in generative language models. To explore this approach, we propose PromptKD, a simple yet effective method that utilizes prompt tuning - for the first time in KD - to enable generative language models to transfer student-friendly knowledge. Unlike previous works in classification that require fine-tuning the entire teacher model for extracting student-friendly knowledge, PromptKD achieves similar effects by adding a small number of prompt tokens and tuning only the prompt with student guidance. Extensive experiments on instruction-following datasets show that PromptKD achieves state-of-the-art performance while adding only 0.0007% of the teacher’s parameters as prompts. Further analysis suggests that distilling student-friendly knowledge alleviates exposure bias effectively throughout the entire training process, leading to performance enhancements.<sup>1</sup>

## 1 Introduction

With the massive improvement of generative language models, such as the emerging abilities (Wei et al., 2022) observed in large language models (LLMs), there is a growing need for model compression research to efficiently deploy models in various tasks (Touvron et al., 2023b; Taori et al., 2023). However, among notable compression methods such as knowledge distillation (KD; Hinton et al., 2015; Kim and Rush, 2016; Gu et al., 2024), pruning (Ma et al., 2023), and quantization (Tao

<sup>1</sup>Project page: <https://promptkd.github.io>

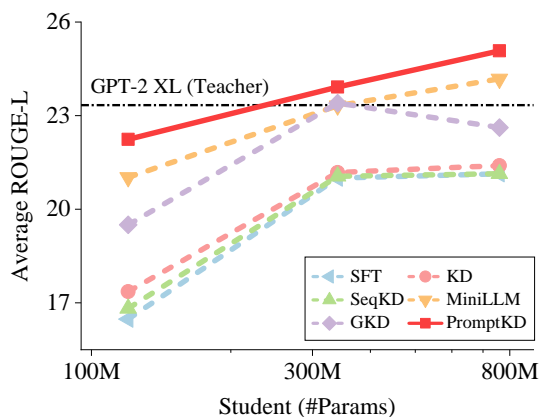


Figure 1: Comparison of instruction-following performance of KD methods using the GPT-2 model family. Owing to the student-friendly knowledge, our PromptKD outperforms others with only an additional 11K parameters. Dashed reference line represents the performance of the teacher model.

et al., 2022), KD has not been successfully applied to generative language models.

Since most KD methods are devised with models like BERT (Devlin et al., 2019) for classification tasks, the challenge arises when attempting to directly apply these KD methods to generative language models, which have different architectures and are designed for tasks other than classification. While there have been some methods proposed for generative language models, such as Supervised KD (Sanh et al., 2019) or SeqKD (Kim and Rush, 2016), they tend to be naive approaches. Even recently proposed works (Agarwal et al., 2024; Gu et al., 2024), like previous research, have focused on distribution discrepancy metrics or pseudo-targets. Therefore, despite the rapid advancement of LLMs in recent times, the drawback is that they are not designed with the extension to LLMs in mind.

Moreover, attempts to distill student-friendly knowledge in a generative language model have

yet to be explored. Recent KD studies (Yang et al., 2022; Park et al., 2021a; Zhou et al., 2022) for classification tasks aim to distill such knowledge. This idea emerges because previous works extract knowledge from fixed teacher without knowing the student’s capacity, and the observation (Cho and Hariharan, 2019) that larger teacher models do not necessarily improve student performance. However, there hasn’t been any exploration of applying these ideas to generative language models. Since the capacity gap between teacher and student persists in KD for generative language models, it is reasonable to expect that distilling student-friendly knowledge would be beneficial.

To address this issues, we propose PromptKD, which utilizes prompts in generative language models to distill student-friendly knowledge. Extracting student-friendly knowledge from the teacher requires modifying the teacher, as in previous studies (Ren et al., 2023; Zhou et al., 2022). However, modifying a large teacher model can incur significant computational costs. PromptKD addresses this concern by exploiting prompt tuning. By appending prompt tokens to the beginning of the input, we can efficiently fine-tune the teacher model with notably fewer parameters. While there are other parameter-efficient fine-tuning methods such as prefix-tuning (Li and Liang, 2021) and LoRA (Hu et al., 2022), they suffer from the disadvantage that the number of parameters to be trained increases proportionally with the number of layers. Moreover, there is an observation (Lester et al., 2021) that prompt tuning shows similar performance to full-parameter fine-tuning as the model size increases, making prompt tuning a more reasonable choice. PromptKD learns prompts that stimulate the teacher to distill student-friendly knowledge with guidance from the student. Additionally, it employs regularization loss during the early stages of training to prevent significant divergence from the original teacher when appending prompts, ensuring stable training.

For evaluation, we measure the instruction-following performance (Ouyang et al., 2022), aiming to cover a variety of tasks that generative language models can perform. Compared to the existing baseline, PromptKD achieves state-of-the-art performance by adding prompt parameters equivalent to only 0.0007% of the teacher parameters, as depicted in Figure 1. Additionally, the analysis of exposure bias suggests that remarkable alleviation of exposure bias through student-friendly

knowledge is likely the cause of performance improvement. Lastly, we explore the student-friendly knowledge in PromptKD and confirm the necessity of regularization loss and the importance of prompt initialization through ablation studies.

To summarize, our contribution is four-fold:

- We investigate the effect of student-friendly knowledge, which has not been previously explored in knowledge distillation (KD) for generation tasks.
- We propose PromptKD, the first usage of prompt tuning in KD, enabling memory-efficient extraction of student-friendly knowledge from teacher.
- Through extensive experiments on 5 instruction-following datasets, PromptKD achieves state-of-the-art performance.
- We suggest that the superiority of PromptKD lies in its ability to fully mitigate exposure bias in the training phase.

## 2 Related Work

**KD for text classification** Knowledge distillation (KD) (Hinton et al., 2015) is a model compression technique where the knowledge of a teacher model is transferred to improve the performance of a student model. Most KD research has been focused on text classification tasks. It has evolved from simple approaches (Song et al., 2020) that match the class distributions between teacher and student to more complex methods (Jiao et al., 2020; Sun et al., 2019; Wang et al., 2020; Park et al., 2021b) that involve matching hidden states or attention matrices between models. Recently, concerns have been raised about the observation (Cho and Hariharan, 2019) that larger teacher models do not necessarily produce better students and the issue of teachers distilling knowledge while being unaware of the student’s capacity. To address this, Park et al. (2021a); Zhou et al. (2022); Ren et al. (2023) transfer student-friendly knowledge, which requires the teacher to transform during the distillation process, influenced by specific objectives aimed at benefiting the student. Additionally, focusing on the capacity gap between the teacher and student during training, Yang et al. (2022) proposes gradually pruning the teacher, while Liang et al. (2023a) suggests initializing the student as a model of the same size as the teacher and then pruning it during training.

**KD for text generation** For text generation, Sanh et al. (2019) minimizes the KL divergence between the next token prediction distributions of the teacher and student at each time step. In addition, some research (Calderon et al., 2023; Agarwal et al., 2024) focus on the sentences inputted to the teacher and student during the distillation process. For example, Kim and Rush (2016) uses sentences generated by the teacher as pseudo-targets instead of ground truth. Moreover, black-box KD methods (Hsieh et al., 2023; Ho et al., 2023) that use inference-only black-box LLMs as teachers and augment existing data before training are proposed. Recently, Agarwal et al. (2024); Gu et al. (2024) explored discrepancy metrics between model distributions and used sentences generated by the student as pseudo-targets to minimize exposure bias. However, there have been no attempts yet to distill student-friendly knowledge while the teacher is aware of the student’s capacity. Although Liang et al. (2023b) incorporates task-aware filters into both teacher and student to transfer knowledge, its scalability is limited due to the addition of filters at each layer for layer distillation. Crucially, it encourages knowledge to be task-specific, making it diverge from what we aim to explore in this paper.

**Prompt tuning** After Brown et al. (2020) demonstrates that pre-trained language models can perform specific tasks by prepending text prompts to input, many studies have tried to either manually craft (Schick and Schütze, 2021) or automatically discover (Shin et al., 2020; Jiang et al., 2020; Gao et al., 2021) such hard prompts, which are discrete tokens. Subsequently, research (Hambardzumyan et al., 2021; Zhong et al., 2021) emerged to advance prompts into the form of soft prompts composed of embeddings, making prompt updates via back-propagation easier and resulting in better performance compared to hard prompts. Presently, prompt tuning (Lester et al., 2021) has become a prominent parameter-efficient fine-tuning technique. Although Ma et al. (2022) uses hard prompts to generate input data for knowledge extraction, we are pioneering the use of prompts for parameter-efficient fine-tuning in KD research.

### 3 PromptKD

PromptKD is devised in the instruction-following (Ouyang et al., 2022) setting for application to generative language models. We formulate instruction-following as a condi-

tional text generation task, where the request  $\mathbf{x} = \{x_1, x_2, \dots, x_n\}$  sampled from the data distribution  $p_x$  comprises instruction and input to describe the task. Then, given the request  $\mathbf{x}$  as a condition, the model generates a response  $\mathbf{y} = \{y_1, y_2, \dots, y_T\}$ . For prompt tuning, soft prompts  $P = \{\mathbf{p}_1, \mathbf{p}_2, \dots, \mathbf{p}_m\}$ , where  $\mathbf{p}_i$  is an embedding vector of the same dimension as the token embedding, are initialized with text and prepended to the input request  $\mathbf{x}$ . Formally, given the request  $\mathbf{x}$ , the teacher model distribution conditioned on the prompt  $P$  is denoted as  $p(\mathbf{y}|P, \mathbf{x})$  (here we suppress the teacher’s model parameter since it is fixed), and the student’s model distribution parameterized by  $\theta$  is denoted as  $q_\theta(\mathbf{y}|\mathbf{x})$ , where only the student model parameters  $\theta$  and the prompt  $P$  are trainable. The training process consists of 3 steps per iteration, as shown in Figure 2. First, generating input data used for knowledge distillation (*pseudo-target generation*). Then, updating the prompt based on guidance from the student and teacher models to facilitate adaptive teaching (*prompt tuning for adaptive teaching*). Finally, distilling student-friendly knowledge to the student using the updated prompt (*student-friendly knowledge distillation*).

#### 3.1 Pseudo-Target Generation

PromptKD uses the response  $\mathbf{y}$  generated by the student for the prompt tuning and knowledge distillation processes, treating it as the pseudo-target. This approach addresses exposure bias, which arises due to the discrepancy between the sentences used during training and those generated during inference, leading to degraded performance in free-run generation (Zhang et al., 2019). Based on the insight (Agarwal et al., 2024) that incorporating sentences that the model can generate during free-run generation into the training process can mitigate exposure bias, we devise the approach accordingly. It is worth noting that for the sake of method simplicity, back-propagation during this sampling process is not conducted.

#### 3.2 Prompt Tuning for Adaptive Teaching

Initially, we concatenate the request  $\mathbf{x}$  and response  $\mathbf{y}$ , including the prompt  $P$  for the teacher, and input them into both models. Prompt  $P$  is updated to minimize the KD loss  $\mathcal{L}_{\text{kd}}$ , which computes the distribution discrepancy of the response part. This encourages the prompt to enable the teacher to generate sentences at a similar level to the student

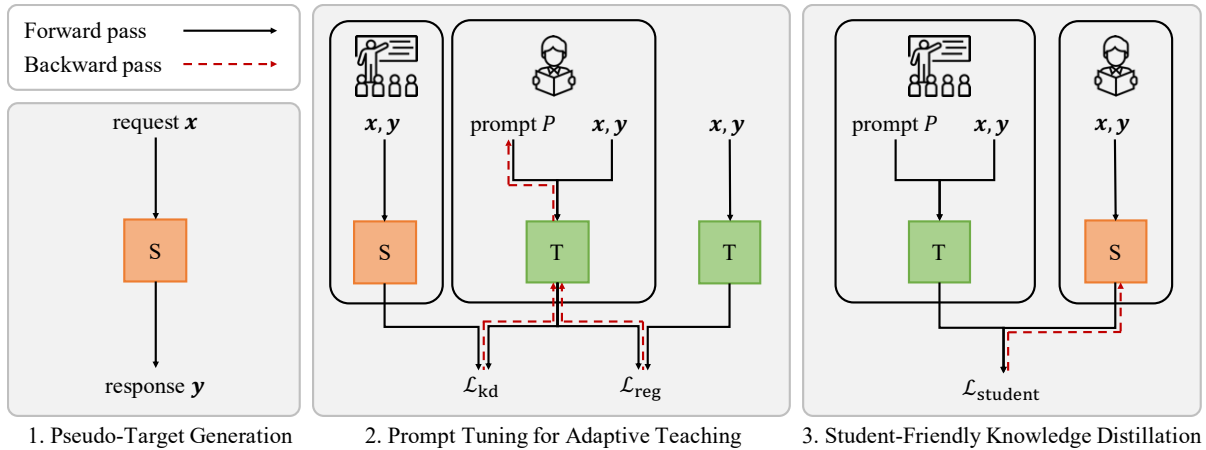


Figure 2: Training procedure of PromptKD. To mitigate exposure bias, responses are generated by the student to be used as pseudo-targets. Then, for adaptive teaching, the prompt input to the teacher is trained based on guidance from the student. During this process, regularization loss is also employed to address instability stemming from the prompt. Lastly, teacher distills student-friendly knowledge to the student using the trained prompt.

when it is prepended to the teacher’s input. Drawing inspiration from the concept of adaptive teaching in education, we design this objective with the aim of enabling students to receive knowledge from the teacher at a level they can comprehend.

However, during the early stages of training, the influence of the prompt may cause significant deviations or inaccuracies in the teacher model distribution, leading to unstable learning (Hou et al., 2022). To address this issue, we initialize the prompt with text embedding and devise an additional regularization loss  $\mathcal{L}_{\text{reg}}$  to ensure that the teacher model distribution remains similar whether the prompt is used or not. The regularization loss  $\mathcal{L}_{\text{reg}}$  is computed in a similar manner to the KD loss  $\mathcal{L}_{\text{kd}}$ , but with the difference that it is measured based on the teacher model distribution when the prompt is excluded from the input given to the teacher. This approach allows for the continued use of the fixed teacher model, making it memory-efficient. However, since the fixed teacher is unaware of the student’s capacity,  $\mathcal{L}_{\text{reg}}$  deviates from our ultimate goal. Therefore, we introduce a coefficient that starts at 1 for  $\mathcal{L}_{\text{reg}}$  and linearly decreases to 0 during training, focusing solely on stabilizing the early stages of learning.

Regarding the two objectives, we opt for minimizing the reverse KL divergence instead of the forward KL divergence to measure the discrepancy, as it exhibits mode-seeking behavior (Nowozin et al., 2016) and benefits generation tasks. Hence, summarizing the two objectives, the final loss  $\mathcal{L}_{\text{prompt}}$ , which updates only the prompt, is determined by

### Algorithm 1 PromptKD

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**Input:** teacher  $T$ , student’s output distribution  $q_\theta$ , data distribution  $p_x$ , prompt  $P$ , training step  $K$ , learning rate  $\eta$

**for** each step  $k = 1, \dots, K$  **do**

Sample a request  $\mathbf{x}$  from  $p_x$

Sample a response  $\mathbf{y}$  from  $q_\theta(\cdot|\mathbf{x})$

Update  $P \leftarrow P - \eta \nabla \mathcal{L}_{\text{prompt}} \triangleright \text{Eq. (3)}$

Update  $\theta \leftarrow \theta - \eta \nabla \mathcal{L}_{\text{student}} \triangleright \text{Eq. (4)}$

**end for**

**return**  $q_\theta$

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their summation, as follows:

$$\mathcal{L}_{\text{kd}} = D_{KL}(p(\mathbf{y}|P, \mathbf{x}) \parallel q_\theta(\mathbf{y}|\mathbf{x})), \quad (1)$$

$$\mathcal{L}_{\text{reg}} = D_{KL}(p(\mathbf{y}|P, \mathbf{x}) \parallel p(\mathbf{y}|\mathbf{x})), \quad (2)$$

$$\mathcal{L}_{\text{prompt}} = \mathcal{L}_{\text{kd}} + \left( \frac{K - k}{K} \right) \mathcal{L}_{\text{reg}}, \quad (3)$$

where  $K$  represents the total training steps, and  $k$  denotes the current step.

### 3.3 Student-Friendly Knowledge Distillation

The updated prompt is utilized as a trigger to extract student-friendly knowledge from the teacher and distill it to the student. The student loss  $\mathcal{L}_{\text{student}}$  minimizes the distribution discrepancy between teacher and student through reverse KL divergence, as follows:

$$\mathcal{L}_{\text{student}} = D_{KL}(q_\theta(\mathbf{y}|\mathbf{x}) \parallel p(\mathbf{y}|P, \mathbf{x})). \quad (4)$$

For a clear understanding, we summarize the PromptKD algorithm in Algorithm 1.



Model	#Params	Method	Instruction-following datasets					
			Dolly	SelfInst	Vicuna	S-NI	UnNI	
GPT-2	1.5B	Teacher	27.3	14.5	16.2	27.1	31.6	
		SFT	22.9	10.2	14.5	16.3	18.5	
		KD	22.6	11.0	15.1	18.0	20.1	
		SeqKD	23.3	10.3	14.7	16.6	19.2	
		GKD	24.8	11.1	<b>17.7</b> <sup>†</sup>	20.7	23.2	
		MiniLLM	24.2	12.7	16.9 <sup>†</sup>	25.1	26.2	
		PromptKD	<b>25.6</b>	<b>13.1</b>	16.8 <sup>†</sup>	<b>26.8</b>	<b>28.9</b>	
	120M	SFT	25.1	12.9	15.9	23.7	27.4	
		KD	25.1	13.0	15.6	24.5	27.7	
		SeqKD	25.3	12.7	16.0	23.8	27.5	
		GKD	26.9	14.8 <sup>†</sup>	17.8 <sup>†</sup>	26.6	30.9	
		MiniLLM	26.3	14.8 <sup>†</sup>	<b>17.9</b> <sup>†</sup>	26.4	31.2	
		PromptKD	<b>27.3</b> <sup>†</sup>	<b>15.0</b> <sup>†</sup>	17.6 <sup>†</sup>	<b>27.1</b> <sup>†</sup>	<b>32.6</b> <sup>†</sup>	
	340M	SFT	24.9	13.4	15.8	24.0	27.6	
		KD	25.7	13.7	15.9	24.0	27.7	
		SeqKD	25.2	13.3	15.8	24.0	27.4	
		GKD	<b>26.9</b>	14.1	17.1 <sup>†</sup>	25.4	29.6	
		MiniLLM	26.2	15.8 <sup>†</sup>	16.9 <sup>†</sup>	28.5 <sup>†</sup>	33.5 <sup>†</sup>	
		PromptKD	<b>26.9</b>	<b>16.4</b> <sup>†</sup>	<b>17.8</b> <sup>†</sup>	<b>29.5</b> <sup>†</sup>	<b>34.8</b> <sup>†</sup>	
	760M	SFT	24.9	13.4	15.8	24.0	27.6	
		KD	25.7	13.7	15.9	24.0	27.7	
		SeqKD	25.2	13.3	15.8	24.0	27.4	
		GKD	<b>26.9</b>	14.1	17.1 <sup>†</sup>	25.4	29.6	
		MiniLLM	26.2	15.8 <sup>†</sup>	16.9 <sup>†</sup>	28.5 <sup>†</sup>	33.5 <sup>†</sup>	
PromptKD		<b>26.9</b>	<b>16.4</b> <sup>†</sup>	<b>17.8</b> <sup>†</sup>	<b>29.5</b> <sup>†</sup>	<b>34.8</b> <sup>†</sup>		
OPT	13B	Teacher	29.3	17.7	17.3	30.7	33.8	
	1.3B	MiniLLM	26.8	15.2	18.1 <sup>†</sup>	28.6	30.9	
		PromptKD	<b>28.0</b>	<b>15.5</b>	<b>18.5</b> <sup>†</sup>	<b>29.6</b>	<b>33.5</b>	
	2.7B	MiniLLM	27.2	16.2	18.6 <sup>†</sup>	29.8	33.1	
		PromptKD	<b>28.7</b>	<b>17.8</b> <sup>†</sup>	<b>18.9</b> <sup>†</sup>	<b>31.4</b> <sup>†</sup>	<b>34.8</b> <sup>†</sup>	
	6.7B	MiniLLM	28.6	18.0 <sup>†</sup>	19.1 <sup>†</sup>	32.5 <sup>†</sup>	34.5 <sup>†</sup>	
		PromptKD	<b>29.9</b> <sup>†</sup>	<b>19.0</b> <sup>†</sup>	<b>19.8</b> <sup>†</sup>	<b>33.8</b> <sup>†</sup>	<b>35.2</b> <sup>†</sup>	
	Llama	13B	Teacher	30.2	23.1	19.0	35.7	36.9
		7B	MiniLLM	29.0	21.3	20.6 <sup>†</sup>	<b>36.7</b> <sup>†</sup>	38.1 <sup>†</sup>
			PromptKD	<b>30.0</b>	<b>23.4</b> <sup>†</sup>	<b>21.1</b> <sup>†</sup>	36.6 <sup>†</sup>	<b>38.9</b> <sup>†</sup>

Table 1: Evaluation results on 5 instruction-following datasets. Each ROUGE-L score is averaged over 5 random seeds. The best score for each model size is highlighted in **boldface**. <sup>†</sup>Results surpass those of the teacher.

## 4 Experiments

### 4.1 Experimental Setup

Following Gu et al. (2024), we evaluate PromptKD using 5 instruction-following datasets.

**Settings** We split the Dolly (Conover et al., 2023), consisting of 15,000 human-written instruction-response pairs, into 14,000 for training and 500 for validation and testing. For evaluation, we employ not only the Dolly but also 4 additional datasets: SelfInst (Wang et al., 2023), consisting of user-oriented instruction-following sets; Vicuna (Chiang et al., 2023), comprising 80 questions used in the Vicuna evaluation; S-NI, the test set of SUPER-NATURALINSTRUCTIONS (Wang et al., 2022); and UnNI, the core dataset of UNNATU-

RALINSTRUCTIONS (Honovich et al., 2023). Similar to Gu et al. (2024), data samples with ground truth response lengths of 11 or more are utilized for S-NI and UnNI. We generate 5 responses for each request in each dataset using different random seeds and evaluate them to report the average scores for reliability. We choose the ROUGE-L score (Lin, 2004) as the metric for evaluation, as it aligns well with human preferences (Wang et al., 2022) in instruction-following evaluations. The best checkpoint based on the ROUGE-L score on the validation set is used for evaluation. We also measure the GPT-4 feedback scores (Zheng et al., 2024), which are separately summarized in Appendix C.

**Models** To evaluate the instruction-following performance of PromptKD across various models, we utilize pre-trained GPT-2 (Radford et al., 2019), OPT (Zhang et al., 2022), and Llama (Touvron et al., 2023a) model families. For the GPT-2 model family, GPT-2 XL (1.5B params) is employed for the teacher model, and GPT-2 Base (120M params), GPT-2 Medium (340M params), GPT-2 Large (760M params) are used for the student model. For the OPT and Llama model families, we use OPT-13B and Llama-13B as the teacher models, and OPT-1.3B, OPT-2.7B, OPT-6.7B, and Llama-7B as the student models, respectively. Before knowledge distillation, the teacher model undergoes supervised fine-tuning on the Dolly training set. Similarly, the student model is also fine-tuned on the same training data for only three epochs, following the previous works (Agarwal et al., 2024; Gu et al., 2024).

**Baselines** PromptKD is compared with various approaches ranging from supervised fine-tuning (SFT), which does not involve knowledge distillation, to commonly used methods in generation tasks such as Supervised KD (KD; Sanh et al., 2019), SeqKD (Kim and Rush, 2016), and more recent proposals like MiniLLM (Gu et al., 2024) and GKD (Agarwal et al., 2024). KD and SeqKD both aim to minimize the discrepancy between the model distributions of teacher and student at each token step. The difference lies in whether the input sentence is ground truth or pseudo-target generated by the teacher. MiniLLM replaces forward KL divergence with reverse KL divergence and updates the student model using policy gradient. On the other hand, GKD focuses on distribution discrepancy metrics and pseudo-targets to propose a general method. In this paper, GKD computes reverse KL divergence and utilizes sentences generated by the student as pseudo-targets, and this choice is based on the reported performance in their paper. Additionally, it is worth noting that the students for MiniLLM, GKD, and PromptKD all commence from the same supervised fine-tuned checkpoint, while other methods start from pre-trained models. Due to resource limitations, experiments on the OPT and Llama models are conducted only in comparison with MiniLLM, which demonstrated outstanding performance among all baselines in the GPT-2 results. For training details, please see the Appendix A.

## 4.2 Experimental Results

We report the instruction-following performance of PromptKD and baselines on 5 datasets in Table 1.

Firstly, PromptKD achieves state-of-the-art performance overall in the instruction-following setting, outperforming other KD baselines. Additionally, it also outperforms on 4 datasets not used in training, demonstrating PromptKD’s superb generalization ability. These results robustly demonstrate the superiority of PromptKD, as they consistently appear across all model families and model sizes. It’s worth noting that despite MiniLLM incorporating language modeling loss through the corpus used for pre-training, PromptKD exhibits better performance.

Furthermore, only PromptKD shows superior performance to the teacher across all datasets. This demonstrates that modifying the teacher to extract student-friendly knowledge for distillation works not only for classification tasks but also for generation tasks. Moreover, the better performance of PromptKD, MiniLLM, and GKD, which utilize responses generated by the student as pseudo-targets, compared to other baselines, can be interpreted as exposure bias mitigation contributing to the performance improvement.

PromptKD and the baselines’ qualitative results are summarized in the Appendix B, where it is shown that PromptKD generates responses most similar to the ground truth.

## 4.3 Analysis

**Exposure bias** In this section, we investigate exposure bias to understand why PromptKD performs well. Exposure bias refers to the mismatch in distribution between the sentences seen during training and those generated during inference. If exposure bias is significant, the tokens generated during inference may diverge from those seen during training, leading to accumulated errors in the generation process. Following Arora et al. (2022), exposure bias up to  $l$  generation steps can be quantified as follows:

$$\text{ExAccErr}(l) = \frac{R(l) - E(l)}{E(l)} \times 100\%, \quad (5)$$

$$R(l) = \sum_{t=1}^l \mathbb{E}_{\substack{\mathbf{y}_{<t} \sim q_{\theta}(\cdot|\mathbf{x}) \\ y_t \sim p(\cdot|\mathbf{y}_{<t}, \mathbf{x})}} \log \frac{p(y_t|\mathbf{y}_{<t}, \mathbf{x})}{q_{\theta}(y_t|\mathbf{y}_{<t}, \mathbf{x})}, \quad (6)$$

$$E(l) = \sum_{t=1}^l \mathbb{E}_{\substack{\mathbf{y}_{<t} \sim p(\cdot|\mathbf{x}) \\ y_t \sim p(\cdot|\mathbf{y}_{<t}, \mathbf{x})}} \log \frac{p(y_t|\mathbf{y}_{<t}, \mathbf{x})}{q_{\theta}(y_t|\mathbf{y}_{<t}, \mathbf{x})}. \quad (7)$$

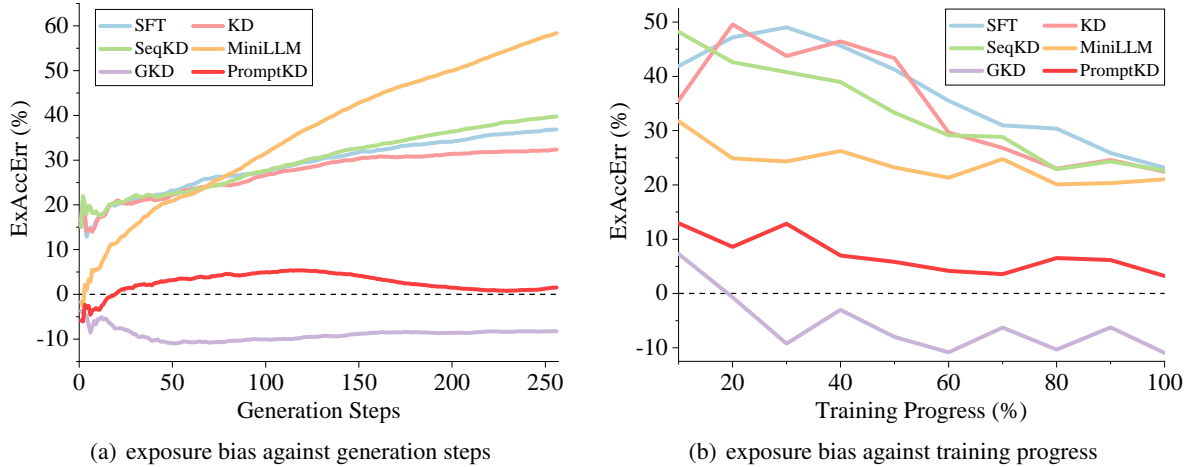


Figure 3: The measurement of exposure bias. Excess accumulated error (ExAccErr) is measured with respect to generation steps and training progress, where values closer to 0 indicate alleviation of exposure bias.

$R(l)$  represents the average forward KL divergence up to  $l$  time steps when the student-generated response is used as the pseudo-target, while  $E(l)$  is similar to  $R(l)$  but differs in that it uses the teacher-generated response as the pseudo-target.  $R(l)$  can be interpreted as the distribution gap between the teacher and the student due to low-quality pseudo-targets generated by the student, while  $E(l)$  serves as a lower-bound of distribution gap between the teacher and the student. Therefore, ExAccErr calculates the relative error caused solely by exposure bias. If exposure bias is alleviated, the student should exhibit a nearly identical distribution gap regardless of which model generated the response. Therefore, the ExAccErr value should approach 0.

We depict the ExAccErr at each generation step and the variation of ExAccErr up to 50 generation steps during the model training in Figure 3. In this experiment, a fixed pre-trained teacher is used as the teacher, while the student employs models distilled using each KD method.

When examining the ExAccErr over generation steps in Figure 3(a), it can be observed that for most methods, the error due to exposure bias accumulates as the generation length increases, increasing ExAccErr values. In the case of GKD, the objective used in training leads the student to minimize  $R(l)$ . Consequently, the value becomes negative, indicating that the distribution gap between the student and the teacher approaches 0 when using a student-generated response as a pseudo-target. However, there still exists a distribution gap for the teacher’s oracle response, and this means exposure bias also still exists. Nevertheless, PromptKD maintains Ex-

AccErr values close to 0 at all generation steps, indicating that error accumulation does not occur. This demonstrates that PromptKD is the most effective in alleviating exposure bias compared to other baselines.

Furthermore, ExAccErr is measured up to 50 generation steps in Figure 3(b) to focus on the early generations where errors tend to accumulate. To observe how it changes during the training process, the total training step of best checkpoint is divided by 10, and the model is saved at each time step for ExAccErr measurement. It is apparent that PromptKD, MiniLLM, and GKD, which utilize student’s responses, exhibit consistently lower ExAccErr values compared to other baselines from the early stages of training. Among them, PromptKD demonstrates the most stable maintenance of ExAccErr close to 0, signifying that distilling student-friendly knowledge aids in mitigating exposure bias during training.

**Computational cost** To demonstrate the efficiency of PromptKD, we compare its computational cost with baselines in Table 3. OPT-13B and OPT-6.7B are used as the teacher and the student, with measurements conducted on 4 NVIDIA A100 80GB (PCIe) GPUs. From a time perspective, methods that sample the student at each iteration to create pseudo-targets take significantly more time than those that do not. In particular, MiniLLM requires a significant amount of time, primarily due to the additional use of the corpus used for pre-training, along with the complexity of calculating intricate rewards for optimization

Case 1	
Instruction	Tell me whether these are books by black authors: I Know Why the Caged Bird Sings, Homegoing, Between the World and Me, Becoming, Beloved, The Color Purple.
Ground Truth	The books: I Know Why the Caged Bird Sings, Homegoing, Between the World and Me, Becoming, Beloved, and The Color Purple are all written by black authors.
Teacher w/o Prompt	All of the books you mentioned are by black authors. I Know Why the Caged Bird Sings and Beloved are by Maya Angelou. Homegoing is by Yaa Gyasi. Between the World and Me is by Ta-Nehisi Coates. Becoming is by Michelle Obama. The Color Purple is by Alice Walker.
Teacher w/ Prompt	I Know Why the Caged Bird Sings, Homegoing, Between the World and Me, Becoming, and The Color Purple are all books by black authors.
Student	Yes, these are all books by black authors.
Case 2	
Instruction	Tell me which one does not fit with the group: Football, Volleyball, Cricket, Chess, Hockey
Ground Truth	All except Chess are outdoor games.
Teacher w/o Prompt	All of these are sports. However, Chess and Hockey are the odd ones out. Chess is a board game, and Hockey is a winter sport.
Teacher w/ Prompt	All except Chess are sports that are played in teams
Student	All of the given options are sports. The one that does not fit with the group is Chess. The other options are sports.

Table 2: Qualitative results of generated response from the Dolly validation set with and without using prompts for the Llama-13B teacher. A teacher with a prompt generates a response more similar to that of the student.

Method	MA (GB)	CA (GB)	Time (hour)
SFT	15.70	28.90	15.70
KD	40.13	52.82	20.62
SeqKD	40.13	52.82	20.13
GKD	41.99	56.13	25.37
MiniLLM	<b>68.91</b>	<b>78.54</b>	<b>85.71</b>
PromptKD	43.62	56.57	26.97

Table 3: Comparison of computational costs. Where MA denotes the maximum allocated memory on the GPU and CA denotes the maximum cached memory on the GPU. Time indicates the total training time for each method. All computational costs are calculated on 4 NVIDIA A100 80 GB (PCIe) GPUs.

with policy gradient, unlike other methods. For the same reason, MiniLLM demands a substantial amount of memory. In contrast, PromptKD adds only a minimal amount of memory by introducing parameters equivalent to the product of prompt length and input embedding dimension. PromptKD demonstrates clear efficiency over MiniLLM and comparable costs to GKD, while significantly outperforming both in terms of performance. Therefore, PromptKD proves competitive in this regard.

**Student-friendly knowledge** To provide a clear interpretation of student-friendly knowledge, we investigate how the prompt modifies the teacher model. As shown in Table 2, we generate responses to a validation set that was unseen during training using both teacher models—with and without prompt—and the trained student model. The findings reveal that while the original teacher generates a complex response, the student-friendly teacher, modified by the prompt, produces a response that is similar to and easily understood by the student. Notably, despite its simplicity, this response remains accurate.

Furthermore, akin to the training process where responses are fed into both models via teacher-forcing, we measure the KL divergence between the output of the teacher and student model in the response part. Here, the student models considered are both at the beginning and end of distillation. Additionally, we generate responses directly and evaluate their ROUGE-L score against ground truth. For the dataset, we use 1000 samples from each, specifically from the Dolly training set observed during training and the Dolly validation set unseen during training. For each model family, we use



Model	Prompt	Training set (seen)			Validation set (unseen)		
		KLD w/ $S_i$	KLD w/ $S_f$	ROUGE-L	KLD w/ $S_i$	KLD w/ $S_f$	ROUGE-L
GPT-2	✗	1.7426	2.2896	<b>96.510</b>	0.9203	1.0631	<b>29.695</b>
	✓	<b>1.7416</b>	<b>2.2882</b>	74.659	<b>0.9069</b>	<b>1.0261</b>	26.893
OPT	✗	1.2360	1.6180	<b>89.969</b>	0.7038	0.8302	31.603
	✓	<b>1.2299</b>	<b>1.6089</b>	89.137	<b>0.6988</b>	<b>0.8065</b>	<b>31.933</b>
Llama	✗	1.3193	1.9413	96.951	0.7279	0.9335	35.116
	✓	<b>1.3186</b>	<b>1.9405</b>	<b>97.095</b>	<b>0.7184</b>	<b>0.9123</b>	<b>35.168</b>

Table 4: Quantitative comparison between the teacher with prompt and without prompt. Measurements are conducted on both the training set and the validation set.  $S_i$  and  $S_f$  denote the student at the beginning and end of distillation, respectively. ROUGE-L evaluates how similar the responses are to the ground truth for each dataset. For each model, the smaller KL divergence values and larger ROUGE-L scores are highlighted in **boldface**.

GPT-XL (1.5B), OPT-13B, and Llama-13B as the teacher models, and GPT-Large (760M), OPT-6.7B, and Llama-7B as the student models.

Examining the KL divergence in Table 4 first, it is evident that the teacher using prompts achieves a smaller KL divergence value compared to the student at the end of distillation, as encouraged by the given objective. However, this trend is also observed with the validation set. This pattern appears across all models, indicating that using prompts makes the teacher operate more like a general language model at a similar level to the student. Moreover, the teacher using prompts exhibits prediction distributions even closer to the initial student, before distillation has taken place.

When considering ROUGE-L scores, it is observed that as the model size increases, the teacher using prompts generates responses more similar to the ground truth. This suggests that with smaller models, the teacher is adversely affected by the low level of the student when training prompts to distill student-friendly knowledge. Nevertheless, the results from the Llama model indicate that the teacher becoming similar to the student’s predictive distribution does not imply a decline in its instruction-following performance.

Therefore, the student-friendly knowledge distilled in PromptKD refers to knowledge transferred by a student-friendly teacher, who maintains a similar output distribution to the student for easier understanding while preserving the original generative performance. This aligns with the concept of adaptive teaching that served as the inspiration.

**Ablation study** Due to the page limit, we detail an ablation study on parameter-efficient fine-tuning methods, regularization loss, prompt settings, and KL divergence in Appendix D.

## 5 Conclusions

In this work, we have pioneered the exploration of extracting and distilling student-friendly knowledge for generative language models. To achieve this, we have proposed a novel method called PromptKD, which leverages prompt tuning in knowledge distillation for the first time. Owing to the memory-efficient nature of prompts and the advantage of replacing full-parameter fine-tuning, particularly beneficial for larger models like LLMs, PromptKD has proven to be an efficient approach. Through extensive experiments, PromptKD has achieved state-of-the-art performance, confirming the effectiveness of student-friendly knowledge in generation tasks. Specifically, it has been revealed that this student-friendly knowledge is extracted from a modified teacher, which outputs a distribution similar to that of the student while maintaining the generation performance. Moreover, through exposure bias analysis, we have demonstrated that PromptKD successfully alleviates exposure bias throughout the training process.

## Limitations

While PromptKD has achieved state-of-the-art performance by distilling student-friendly knowledge, it still has limitations in terms of its naive extraction approach. Considering that knowledge distillation (KD) research for classification tasks employs various methods to distill student-friendly knowledge, it is expected that there are alternative approaches to effectively transfer student-friendly knowledge in a generative language model. Furthermore, although PromptKD is designed for instruction-following settings based on task-specific KD, there is a need for expansion towards task-agnostic KD to make it usable during the pre-training process.

## Ethics Statement

PromptKD utilizes pre-trained models, exposing it to risks similar to those highlighted by [Weidinger et al. \(2021\)](#); [Bommasani et al. \(2021\)](#), regarding the vulnerability of pre-trained language models to ethical and social risks. Additionally, [Hooker et al. \(2020\)](#) mentions that the process of model compression can introduce biases. However, since most model compression studies leverage pre-trained models, these issues are general risks and not specific to PromptKD. Nevertheless, these risks should be addressed in the future through advanced pre-training objectives and dataset collection methods ([Lee et al., 2023](#)).

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## A Training Details

In our study, we employ the AdamW (Loshchilov and Hutter, 2019) optimizer for training, with batch sizes of 32 for GPT-2 Base and 8 for GPT-2 Medium and Large. The learning rates of prompt and student are set at  $5e-5$  for Base,  $1e-5$  for Medium, and  $5e-6$  for Large. In both the Llama and OPT model families, we set the batch size to 64 and the learning rates of prompt and student to  $5e-6$ . For the generation, we sample with top-k and top-p parameters at 0 and 1.0, respectively, and use a fixed temperature of 1.0. Training and generation phases both have a maximum sequence length of

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## Prompt Format

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Below is an instruction that describes a task. Write a response that appropriately completes the request.

### Instruction:

{instruction}

### Input:

{input}

### Response:

---

Table 5: Prompt format used for training and evaluation.

Method	Dolly	SelfInst	Vicuna
GKD	68.83	63.87	66.68
MiniLLM	71.39	66.96	67.78
PromptKD	<b>72.12</b>	<b>67.22</b>	<b>68.01</b>

Table 6: Evaluation results with GPT-4 feedback scores.

512 and a maximum prompt length of 256. Please note that we pre-process each instruction-following dataset by converting the instruction-response pairs into a standardized sentence structure, as shown in Table 5. For the reproducibility of our PromptKD, we will make both the code and the checkpoints public.

## B Qualitative Results

For the qualitative results, we present samples generated by student models trained using various methods. The samples are drawn from the S-NI dataset and utilize GPT-2 XL as the teacher model, with GPT-2 Large employed as the student model. Results are shown in Table 7. Additionally, the generation results obtained using the Llama model are summarized in Table 8.

## C GPT-4 Feedback Score

We follow the approach described in Appendix D.1 of MiniLLM (Gu et al., 2024) to measure the GPT-4 feedback score. We utilize the GPT-4 model with a temperature of 0.7. To evaluate model output compared to ground truth response, we employ a fixed form of prompt consisting of instruction, input, assistant 1, and assistant 2. The instruction of task and input are entered first, followed by the model output in assistant 1 and the ground truth response in assistant 2, as shown in Table 10. Through this prompt, scores for the model output and ground truth response, which are separated by spaces and range from 1 to 10, are obtained. The sum of the

Case 1	
Instruction	Convert a disfluent question to a proper question. A disfluent question is a question that has some interruptions in it while framing. A proper question is the correct form of the question without any disfluency.
Input	What do no I meant Who do some tax agents want to make an impression on during an arrest?
Ground Truth	Who do some tax agents want to make an impression on during an arrest?
SFT	Some tax agents want to make an impression on during an arrest.
KD	The tax agents want to make an impression on during an arrest.
SeqKD	No I meant to ask who are some tax agents that want to make an impression on an arrest.
GKD	No I mean that there are no tax agents who want to make an impression on the arrest.
MiniLLM	A disfluent question is one that has some interruptions while framing. A proper questions is the correct form of a question without any disfluidity.
PromptKD	Who do some tax agents want make an impression on during a arrest?
Case 2	
Instruction	Given an entity, a before event, an after event, and an attribute related to the entity, generate a sentence as output. Your sentence should show the changes in the attribute of the entity.
Input	entity: rope, before: separate from ball, after: through slot in ball, attr: location
Ground Truth	The location of the rope was separate from the ball before and through a slot in the ball afterwards.
SFT	Rope was previously connected to a ball through a slot in the ball. When the rope is pulled through the ball, it changes location and is no longer connected to the ball.
KD	Rope is a string. before: ball, after: rope stroke
SeqKD	Rope is made of rope.
GKD	before: separate from Ball, after: through slot In Ball, attr: location
MiniLLM	through slot in ball
PromptKD	Rope was separate from Ball until through slot in Ball.

Table 7: Sample response from the S-NI dataset. PromptKD follows the instructions most accurately.

model output scores is divided by the sum of the ground truth scores to calculate the GPT-4 feedback score for each method. Similar to the main result in Table 1, scores are calculated for seeds 10, 20, 30, 40, and 50, then the average is taken. Following this approach, we measure the GPT-4 feedback scores for MiniLLM (Gu et al., 2024), GKD (Agarwal et al., 2024), and PromptKD, which demonstrated strong performance in Table 1. Here, we omit KD (Sanh et al., 2019) and SeqKD (Kim and Rush, 2016) from the measurement since they did not compete well against other baselines.

The evaluation results when using GPT-2 XL (1.5B) as the teacher and GPT-2 Large (760M) as the student are summarized in Table 6. Consistent with the trends observed in Table 1, PromptKD exhibits the best performance, followed by MiniLLM and then GKD. Particularly noteworthy

is that PromptKD outperforms others on all datasets, further demonstrating the effectiveness of student-friendly knowledge.

## D Ablation Study

**Parameter-efficient fine-tuning methods** To explore the effect of prompt tuning, we replace prompt tuning with LoRA (Hu et al., 2022), one of the most widely used parameter-efficient fine-tuning methods, to tune the teacher model GPT-2 XL. Since LoRA can start training from the same state as the base model, the regularization loss designed for initial stability in prompt tuning is not used here. We use the GPT-2 base model as a student. Table 9 summarizes the average instruction-following performance along with the number of trainable parameters and the training time.

From the cost perspective, using LoRA requires

Case 1	
Instruction	You are given two passages. For each word in the first passage, you need to find its synonym from the second passage such that both words have the same meaning and belong to the same part of speech. The input consists of two paragraphs with a list of words following each paragraph. The output is a list of synonyms (one for each word in the first paragraph) such that they have similar meaning as corresponding words in the first paragraph and belong to same parts of speech. Note: Some sentences may not contain a particular type of word
Input	Paragraph 1: They water their crops with canal water. Paragraph 2: They irrigate their plants with pipeline fluid.
Ground Truth	Canal water and pipeline fluid are both synonyms for irrigation.
MiniLLM	Paragraph 2 synonyms for Paragraph 1: They irrigate Their plants with pipeline fluid.
PromptKD	Canal water, pipeline fluid
Case 2	
Instruction	You are given a list of numerical values. Find the value that is halfway between the maximum and minimum values in the list, and output that value.
Input	List = [1, 3, 4, 6, 8].
Ground Truth	The value halfway between the maximum and minimum values in the list is 4.
MiniLLM	The value that is halfway between the maximum and minimum values is 4. This is because 4 is the average of the list, which is $1 + 3 + 4 + 6 + 8 / 5 = 4$ .
PromptKD	The median value is 4.

Table 8: Sample response from the UnNI dataset. The Llama model is used here. Similar to the results with GPT-2, PromptKD generates appropriate responses following the instructions better than MiniLLM.

Method (rank/alpha)	ROUGE-L	#Params	Time (hour)
Prompt tuning	<b>22.25</b>	<b>11.2K</b>	<b>9.78</b>
RoLA (4/32)	21.84	1.229M	9.97
RoLA (8/16)	21.66	2.458M	10.13

Table 9: Comparison results according to the parameter-efficient fine-tuning method used for modifying the teacher.

training approximately 100 to 200 times more parameters compared to prompt tuning, depending on the rank. This increase becomes more significant as the model size grows. This is because, in prompt tuning, the parameters are proportional to the prompt length and embedding dimension, whereas, in LoRA, they are proportional not only to the rank but also to the embedding dimension and the number of weight matrices. Additionally, training time is slightly longer when using LoRA, likely due to the increased number of trainable parameters. It is noteworthy that despite not using regularization loss, training with LoRA takes longer than with prompt tuning. Therefore, in terms of efficiency, prompt tuning is a better choice than LoRA.

In terms of performance, both prompt tuning and LoRA perform similarly, with prompt tuning having a slight edge on average. This demonstrates that it is possible to extract student-friendly knowledge with a relatively small number of trainable parameters. Furthermore, given the existing observation (Lester et al., 2021) that prompt tuning becomes more effective with larger models, we can expect prompt tuning to be more suitable than LoRA for LLMs. Thus, using prompt tuning instead of LoRA is both an efficient and effective choice.

**Regularization loss** To confirm the effectiveness of the introduced regularization loss in alleviating instability when the prompt is prepended, we conduct experiments by excluding this objective. The average performance across the 5 datasets is reported in Table 11. Although there is a slight performance drop when using regularization loss with GPT-2 Medium, we observe a more significant performance increase with the other two models. This suggests the necessity of regularization loss for improving performance.

**Prompt settings** Although the regularization loss effectively mitigates the initial instability, the

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Prompt Format

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```

### Instruction:
{instruction}
### Input:
{input}
### Assistant 1:
{model output}
### Assistant 2:
{ground truth response}

```

We would like to request your feedback on the performance of two AI assistants in response to the user instruction and input displayed above.

Please rate the helpfulness, relevance, accuracy, and level of detail of their responses. Each assistant receives an overall score on a scale of 1 to 10, where a higher score indicates better overall performance.

Please first output a single line containing only two values indicating the scores for Assistant 1 and 2, respectively. The two scores are separated by a space.

In the subsequent line, please provide a comprehensive explanation of your evaluation, avoiding any potential bias and ensuring that the order in which the responses were presented does not affect your judgment.

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Table 10: Prompt format used for measuring GPT-4 feedback scores.

#Params	w/o $\mathcal{L}_{\text{reg}}$	w/ $\mathcal{L}_{\text{reg}}$
120M	21.97	<b>22.25</b>
340M	<b>24.13</b>	23.92
760M	24.47	<b>25.08</b>

Table 11: Ablation on regularization loss. We assess the average instruction-following performance of student models without and with regularization loss to verify the effectiveness of regularization.

prompt’s length and initialization also significantly influence the prompt tuning process (Hou et al., 2022). Therefore, the average instruction-following performance is measured by varying the prompt length  $m$  from 5, 7, 10 and the initialization method from random, padding, text. GPT-2 Large (760M) and GPT-2 XL (1.5B) are utilized for this ablation study. Results are summarized in Figure 4. In the padding method, all prompt tokens are initialized with the embedding of the "[PAD]" token, while in the text method, the sentence "Suppose you are a

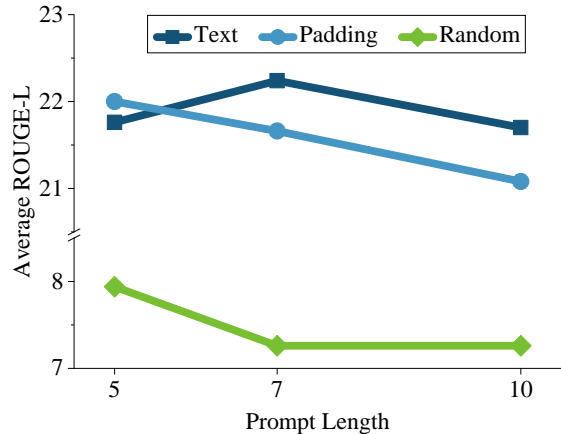


Figure 4: Ablation on prompt settings. To validate the impact of prompt initialization method and length, we evaluate the average ROUGE-L score over varying these settings.

student." is tokenized, and these embeddings are used for initializing prompt tokens from the beginning. In this case, if the number of prompt tokens is smaller, the sentence is truncated, while if it is larger, all embeddings of the sentence are assigned, and then the embeddings are assigned again from the beginning for the next prompt token.

Firstly, considering the emphasis on the importance of prompt initialization in previous works, it is found that training does not proceed properly with random initialization. Moreover, generally, the text initialization method shows better performance than the padding method. Regarding length, when initialized with text, better performance is observed with a length of 7, while with padding initialization, shorter lengths exhibit better performance. This is presumably because, in text initialization, the sentence is fully encoded since it is tokenized into 7 tokens, while in padding initialization, longer lengths exert a greater influence on the instability of teacher model distribution when prepended. Therefore, all experiments in this paper are performed with a prompt length of 7, initialized using text initialization.

**KL divergences** To assess the impact of distribution discrepancy metrics, we conduct an ablation study on this with the same model setting. During prompt tuning, PromptKD minimizes the reverse KL divergence between the teacher distribution and the student distribution ( $\mathcal{L}_{\text{kd}}$ ) or between the teacher distribution and the teacher distribution excluding the prompt ( $\mathcal{L}_{\text{reg}}$ ). In this context, forward KL divergence can also be considered instead of re-



$\mathcal{L}_{\text{kd}} \& \mathcal{L}_{\text{reg}}$	ROUGE-L
Reverse KL & Reverse KL	<b>22.25</b>
Reverse KL & Forward KL	21.91
Forward KL & Reverse KL	22.20
Forward KL & Forward KL	22.13

Table 12: Ablation on distribution discrepancy metric. Since each loss can compute distribution discrepancy with either forward or reverse, we report the average instruction-following performance for each pair.

verse KL divergence. As shown in Table 12, experimental results indicate that using reverse KL divergence yields the best performance. However, there is barely any significant difference. We conjecture that since the model distribution being trained is derived from the teacher, resulting in similar or even more modes in distribution, which prevent undesirable behaviors such as mode-covering even during forward KL divergence minimization.