## A Comprehensive Survey on Learning from Rewards for Large Language Models: Reward Models and Learning Strategies

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#### **Abstract**

Recent developments in Large Language Models (LLMs) have shifted from pre-training scaling to post-training and test-time scaling. Across these developments, a key unified paradigm has arisen: Learning from Rewards, where reward signals act as the guiding stars to steer LLM behavior. It has underpinned a wide range of prevalent techniques, such as reinforcement learning (RLHF, RLAIF, DPO, and GRPO), reward-guided decoding, and posthoc correction. Crucially, this paradigm enables the transition from passive learning from static data to active learning from dynamic feedback. This endows LLMs with aligned preferences and deep reasoning capabilities for diverse tasks. In this survey, we present a comprehensive overview of learning from rewards, from the perspective of reward models and learning strategies across training, inference, and post-inference stages. We further discuss the benchmarks for reward models and the primary applications. Finally we highlight the challenges and future directions. <sup>1</sup>

#### 1 Introduction

Recent years have witnessed the rapid advancement of Large Language Models (LLMs), such as Chat-GPT (OpenAI, 2023), Claude (Anthropic, 2025), and Llama (Meta, 2023, 2024). These models are initially empowered by *pre-training scaling* (Kaplan et al., 2020), which trains LLMs on massive corpora through next-token prediction. While this approach enables broad linguistic and knowledge representations, it suffers from several fundamental limitations: misalignment with human values (Bai et al., 2022b; Zhang et al., 2023b; Deshpande et al., 2023), difficulty in adapting to various task objectives (Lyu et al., 2023; Wang et al., 2023a), and deficiencies in deep reasoning (Mirzadeh et al.,

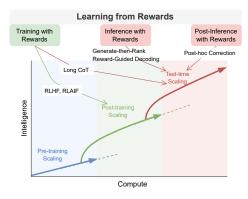


Figure 1: Illustration of the scaling phases of LLMs. The learning-from-rewards paradigm plays a pivotal role in the post-training and test-time scaling.

2024; Wu et al., 2024b). As a result, these confine pre-trained models to surface-level tasks, falling short of the long-term goal of robust and general AI. To address these limitations, recent efforts have turned to *post-training* and *test-time scaling*, which seek to further refine LLMs after pre-training.

Across the post-training and test-time scaling, a critical unified paradigm has emerged as illustrated in Figure 1: Learning from Rewards, which leverages reward signals to guide model behavior through diverse learning strategies. For posttraining scaling, this paradigm has underpinned several key techniques, including preference alignment through Reinforcement Learning from Human Feedback (RLHF, Ouyang et al., 2022) or AI Feedback (RLAIF, Bai et al., 2022b) with scalar rewards and PPO (Schulman et al., 2017), and DPO (Rafailov et al., 2023) with implicit rewards. For test-time scaling, this paradigm supports eliciting long Chain-of-Thoughts reasoning via GRPO (Shao et al., 2024) with rule-based rewards, generate-then-rank (Cobbe et al., 2021; Lightman et al., 2023), reward-guided decoding (Deng and Raffel, 2023; Khanov et al., 2024), and post-hoc correction (Akyurek et al., 2023; Madaan et al., 2023). Through these techniques,

<sup>&</sup>lt;sup>1</sup>We maintain a paper collection at https://github.com/bobxwu/learning-from-rewards-llm-papers.

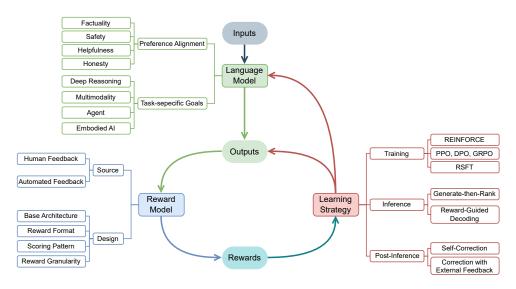


Figure 2: A unified framework of learning from rewards. The language model generates outputs; the reward model evaluates the outputs and provides reward signals; the learning strategy leverages the rewards to either fine-tune the language model or refine the outputs, occurring at the training, inference, or post-inference stages.

this paradigm enables LLMs to learn actively from dynamic feedback, in contrast to learning passively from static data. As such, this endows LLMs with aligned preferences and deep reasoning and planning abilities, leading to more intelligent agents. In consequence, this paradigm has inspired many applications, such as mathematical reasoning (DeepSeek-AI, 2025), code generation (Zhu et al., 2024), multimodality (Liu et al., 2025h), and agents (OpenAI, 2025).

Due to this growing prevalence, we comprehensively survey the *learning from rewards* for LLMs. We first introduce a taxonomy that categorizes existing works with a unified conceptual framework regarding reward model design and learning strategies (Sec. 2). Then we review representative techniques across three main stages: *training with rewards*, *inference with rewards*, and *post-inference with rewards* (Sec. 3 to 5). We additionally summarize primary applications, recent reward model benchmarks, and key challenges and promising directions for future research (Appendices A to C).

# 2 A Taxonomy of Learning from Rewards for LLMs

We first introduce a unified conceptual framework that captures the key components and interactions to understand learning from rewards systemically. Building upon this framework, we categorize the primary dimensions along which existing methods vary: (i) **Reward Source**; (ii) **Reward Model**; (iii) **Learning Stage**; (iv) **Learning Strategies**.

Each dimension reflects a distinct aspect of how reward signals are acquired, represented, and utilized in language models.

## 2.1 A Unified Conceptual Framework

We present a unified conceptual framework for learning from rewards in Figure 2. It abstracts the key components and interactions involved in learning from rewards for language models. In this framework, the *language model* generates outputs conditioned on the inputs; the reward model then provides rewards to evaluate the output quality; the learning strategy leverages the reward signals to update the language model or adjusts the outputs.

**Language Model.** A language model  $\mathcal{M}: \mathcal{X} \to \mathcal{Y}$  generates an output  $\hat{y} \in \mathcal{Y}$  given an input  $x \in \mathcal{X}$ . This formulation covers a wide range of tasks, such as question answering, summarization, and image captioning.

**Reward Model.** A reward model evaluates the quality of an output  $\hat{y}$  given an input x and produces a reward signal r that reflects desired properties, such as helpfulness, safety, or task-specific correctness. In different contexts, a reward model may be referred to as a verifier and an evaluator. We emphasize that here we adopt a broad definition of the reward model: it can be model-based or model-free. We will discuss these later.

**Learning Strategy.** A learning strategy uses reward signals to adjust the behavior of the language model. Here we consider both the training-

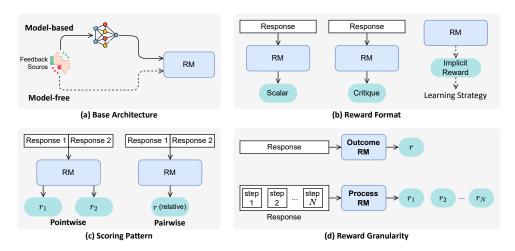


Figure 3: Reward Model (RM) design dimensions.

based (updating model parameters) and trainingfree strategies (directly refining model outputs).

## 2.2 Reward Source

Reward signals originate from two primary sources: **Human Feedback** and **Automated Feedback**. Each offers trade-offs in terms of reliability, scalability, and cost. We introduce them respectively as follows.

**Human Feedback.** Human feedback provides high-quality reward signals grounded in human judgment and intent. It typically collects human annotations through pairwise comparisons between alternative model outputs, *e.g.*, chosen and rejected responses. The collected preference data can be used to train explicit reward models like RLHF (Ouyang et al., 2022) or directly fine-tune the language model like DPO (Rafailov et al., 2023). While effective, this approach is resource-intensive and may not scale easily across domains or tasks.

Automated Feedback. To reduce the cost of human annotations and scale up the reward model training, automated feedback has been increasingly explored as an alternative. The automated feedback mainly includes (i) Self-Rewarding, where the language model critiques its own outputs (Yuan et al., 2024b; Wang et al., 2024d); (ii) Trained Models, such as powerful LLMs following the LLM-as-a-Judge design (Bai et al., 2022b; Lee et al., 2023); (iii) Predefined Rules, i.e., verifiable rewards, such as accuracy and format rules used in DeepSeek-R1 (Shao et al., 2024; DeepSeek-AI et al., 2025). (iv) Knowledge, such as structured knowledge base or Wikipedia (Peng et al., 2023; Tian et al., 2023). (v) Tools, such as program compilers and inter-

active systems (Le et al., 2022; Liu et al., 2023). The automated feedback enables scalable reward generation but may introduce limitations in interpretability, generality, and alignment quality.

#### 2.3 Reward Model

Reward models are the central foundation of learning from rewards. As shown in Figure 3, we organize the design space of reward model into four key dimensions: (i) Base Architecture; (ii) Reward Format; (iii) Scoring Pattern; (iv) Reward Granularity.

**Base Architecture.** As shown in Figure 3(a), this refers to the base architecture of a reward model. Here we consider a broad view of reward models, including both model-based and model-free architectures.

- Model-based Architecture. A dedicated reward model is trained to evaluate outputs. Common variants include
  - (a) Scalar Reward Models. These models assign a scalar score to a candidate response, indicating its quality. Typically, they are built upon Transformer backbones (*e.g.*, GPT or BERT variants) with a value head that outputs scalars. They are trained with preference data via pairwise ranking losses such as the Bradley-Terry loss (Nakano et al., 2021; Ouyang et al., 2022; Liu et al., 2024a).
  - (b) Generative Reward Models. These models generate natural language critiques as reward signals. They commonly follow LLM-as-a-Judge with general models (Zheng et al., 2023) or training specialized models (Li et al., 2023a; Cao et al., 2024; Ye et al., 2024; McAleese et al.,

2024). They have become more popular recently because they can leverage the deep reasoning capabilities of large reasoning models and provide finer-grained supervision (Huang et al., 2025a; Guo et al., 2025a).

- (c) Semi-scalar Reward Models. These models combine scalars with critiques, offering both quantitative and qualitative assessment (Yu et al., 2024a; Zhang et al., 2025f). Their architectures usually involve two heads, one for scalar rewards and another for critique rewards.
- Model-free Architecture. Instead of an explicit reward model, model-free approaches derive reward signals directly from diverse feedback sources, such as preference data, tools, or knowledge. The resulting rewards can be scalar, critique, or implicit signals. For example, DPO (Rafailov et al., 2023) circumvents the need to train a reward model by directly aligning the language model with preference data through fine-tuning. Similarly, GRPO (DeepSeek-AI et al., 2025) adopts rule-based rewards from hand-crafted constraints and task-specific heuristics.

Model-based and model-free approaches each present distinct trade-offs in reward specification and practical applicability. Model-based approaches provide flexible and generalizable reward evaluation. Once trained, reward models can be reused across tasks and enable iterative optimization. However, they require costly preference data, are prone to overfitting, and may introduce bias or reward hacking issues. Model-free methods avoid training a separate reward model, offering a simpler, sample-efficient, and usually more stable pipeline. However, they are typically task-specific, lack generalization, and offer limited flexibility for downstream reuse.

In order to align with previous literature, we hereafter refer to the reward model as the model-based by default.

**Reward Format.** As shown in Figure 3(b), this describes the specific format of reward signals:

- Scalar Rewards, numerical scores that quantify the quality of model outputs. They are the most commonly used format due to their simplicity and compatibility with learning strategies such as reinforcement learning. Their limitation lies in the sparsity and interpretability.
- Critique Rewards, natural language feedback that evaluates the quality of outputs (Saunders

et al., 2022; Kwon et al., 2023), such as "*The score of this response is 3 out of 5*". They are more expressive and interpretable than scalar rewards, enabling finer-grained guidance, but they may require additional processing to be used in certain learning algorithms.

• Implicit Rewards are signals implicitly embedded in the source without explicit supervision, such as preference data in DPO (Rafailov et al., 2023; Meng et al., 2024). This format simplifies the implementation but places more burden on the learning strategies to infer appropriate optimization signals.

**Scoring Pattern.** As shown in Figure 3(c), this dimension determines how responses are scored:

- Pointwise Scoring assigns a score to each response independently. It is the most widely used scoring pattern in reward models.
- Pairwise Scoring compares response pairs and selecting the preferred one. The pairwise scoring can be expressed as a scalar score indicating relative preference or a natural language critique such as "Response 1 is better than Response 2".

**Reward Granularity.** As shown in Figure 3(d), we identify two kinds of reward granularity: reward granularity reflects the level of resolution at which feedback is provided:

- Outcome Reward Models evaluate the holistic quality of outputs, treating it as a single unit.
- **Process Reward Models** evaluate intermediate steps within the reasoning process of outputs, enabling fine-grained supervision during generation (Lightman et al., 2023; Wang et al., 2023b).

## 2.4 Learning Stage

Learning from rewards can occur at different stages of the language model lifecycle, including **Training**, **Inference**, and **Post-Inference**.

• Training with Rewards. At the training stage, reward signals can be transformed into optimization signals by training algorithms to fine-tune the language model, which is the most extensively explored in the literature. It can support post-training alignment with human preference (Ouyang et al., 2022; Bai et al., 2022b) and test-time scaling by eliciting the language models' deep reasoning capabilities through long Chain-of-Thoughts (CoT) (DeepSeek-AI et al., 2025).

- **Inference with Rewards.** During inference, reward signals can guide the decoding of model outputs without modifying model parameters. This enables test-time scaling by searching in a larger decoding space, such as *Best-of-N* and tree search (Cobbe et al., 2021; Snell et al., 2025).
- Post-Inference with Rewards. This stage uses rewards to refine model outputs after generation without modifying model parameters. Post-inference with rewards also supports test-time scaling by iteratively refining the outputs (Shinn et al., 2023).

## 2.5 Learning Strategy

Various learning strategies have been developed to incorporate reward signals to steer model behavior. These strategies are commonly divided into two types: **Training-based** and **Training-free**.

- Training-based Strategies. Training-based strategies optimize the language model by converting reward signals into gradient-based updates. The optimization mainly depends on Reinforcement Learning (RL) where language models act as policy models, or Supervised Fine-Tuning (SFT). Representative examples include Proximal Policy Optimization (PPO, Schulman et al., 2017; Ouyang et al., 2022), Direct Preference Optimization (DPO, Rafailov et al., 2023; Meng et al., 2024), Group Relative Policy Optimization (GRPO, Shao et al., 2024), and Rejection-Sampling Fine-Tuning (RSFT, Nakano et al., 2021; Yuan et al., 2023; Dong et al., 2023)
- Training-free Strategies. Training-free strategies leverage reward signals to guide or refine model outputs without updating the language model parameters. They include generate-thenrank, such as *Best-of-N* (Cobbe et al., 2021; Lightman et al., 2023), reward-guided decoding (Deng and Raffel, 2023; Khanov et al., 2024), and post-inference correction (Shinn et al., 2023; Pan et al., 2023a). These methods provide a relatively lightweight mechanism for improving model outputs, and some are highly compatible with various model architectures. They are particularly useful when model fine-tuning is infeasible or computationally expensive.

The above presents a detailed taxonomy of learning from rewards for LLMs. We will review the representative studies across the three learning stages: training, inference, and post-inference with rewards in the following Sec. 3 to 5.

## 3 Training with Rewards

In this section, we introduce the methods for training LLMs with rewards. They contribute to post-training scaling for preference alignment and test-time scaling by eliciting long CoT abilities.

## 3.1 Training with Scalar Rewards

Training the language model with *scalar rewards* is the most extensively studied strategy in the literature. We classify these methods based on human and automated feedback as follows.

Scalar Rewards from Human Feedback. Human feedback is a key source for constructing scalar rewards. The most prominent example is RLHF (Ziegler et al., 2019; Ouyang et al., 2022; Bai et al., 2022a; Glaese et al., 2022). RLHF trains a scalar reward model on human preference data (pairwise comparisons with chosen and rejected responses). The reward models commonly adopt the Transformer architecture with a value head that outputs scalars, and their training objectives follow the Bradley-Terry loss (Bradley and Terry, 1952), which maximizes the reward differences between preferred and dispreferred outputs. The trained reward model assigns evaluative scalar scores to the model outputs, serving as a proxy for human judgment. With the reward model, RLHF fine-tunes the language model through PPO to align it with human preferences, such as harmlessness and helpfulness. Various variants have been explored, such as Safe RLHF (Dai et al., 2023) and Fine-Grained *RLHF* (Wu et al., 2023).

Scalar Rewards from Automated Feedback. A growing body of work explores automated feedback as a substitute to provide scalar rewards, which bypasses expensive human annotations. A prominent example is RLAIF (Bai et al., 2022b). RLAIF uses an LLM as a proxy judge to generate preference data following the idea of *LLM-as-a-Judge* (Zheng et al., 2023; Yu et al., 2025a). RLAIF also trains a scalar reward model on them and then uses it to fine-tune the language model. Automated feedback can also come from other models (Wang et al., 2024d; Dutta et al., 2024; Ahn et al., 2024) and various tools, such as code compilers (Liu et al., 2023; Dou et al., 2024; Gehring et al., 2024).

## 3.2 Training with Critique Rewards

Another line of work explores training with *critique rewards*. They commonly rely on generative

reward models, and some could provide explanations and refinement suggestions through reasoning. For instance, *Auto-J* (Li et al., 2023a) generates critiques that support pointwise and pairwise evaluation. It adopts GPT-4 to produce evaluation judgments as the training data. *CompassJudger-1* (Cao et al., 2024) and *Con-J* (Ye et al., 2024) follow a similar design. *SFR-Judges* (Wang et al., 2024c) fine-tunes an LLM on the response deduction task to improve its judging ability.

## 3.3 Training with Implicit Rewards

Besides, many methods adopt *implicit rewards* for training. The reward signals are not provided directly but are implicitly embedded in the structure of the training data, such as preference pairs. Some use a scalar reward model to construct training data, but not for fine-tuning. Their reward signals for fine-tuning are encoded in the training data, so we treat them as training with implicit rewards.

Implicit Rewards from Human Feedback. A pioneering approach using implicit rewards from human feedback is DPO (Rafailov et al., 2023). DPO encodes implicit rewards via the log-likelihood difference between preferred and dispreferred responses. As such, DPO effectively reduces complicated RLHF into supervised finetuning. Several variants have been proposed based on DPO to further simplify the training or expand its applicability, such as SimPO (Meng et al., 2024) and KTO (Ethayarajh et al., 2024).

Apart from the DPO style, another line of work follows a Rejection-Sampling Fine-Tuning (RSFT) scheme. They typically select high-quality samples from a large number of candidate data for SFT. Representative work includes *RAFT* (Dong et al., 2023), *ReST* (Gulcehre et al., 2023), *RSO* (Liu et al., 2024b), and *RRHF* (Yuan et al., 2023b).

Implicit Rewards from Automated Feedback. Implicit rewards can originate from diverse automated feedback as well, such as AI feedback, feedback from external knowledge and external tools. AI feedback is a common source of implicit rewards, including self-rewarding and other trained models. Self-Rewarding (Yuan et al., 2024b) leverages the language model to evaluate its own outputs and construct preference data for fine-tuning with iterative DPO. Meta-Rewarding (Wu et al., 2024a) additionally evaluates its own judgments. Zhang et al. (2025c) extend self-rewarding to the process-level. Instead of direct self-assessment,

some methods depend on self-consistency to model implicit rewards, like *SCPO* (Prasad et al., 2024) and *PFPO* (Jiao et al., 2024a). **External knowledge and tools** can provide feedback to model implicit rewards. Tian et al. (2023) and *FLAME* (Lin et al., 2024a) construct preference pairs by checking whether model outputs are supported by Wikipedia. *TRICE* (Qiao et al., 2023), *CodeLutra* (Tao et al., 2024), and Xiong et al. (2025) leverage tool execution results to construct preference data.

## 3.4 Training with Rule-based Rewards

Recently, training with rule-based rewards has gained prominence, since DeepSeek-R1 shows they can elicit long CoT abilities for LLMs (DeepSeek-AI et al., 2025). Rule-based rewards are derived by verifying outputs against specific rules, such as format constraints and evaluation metrics. Rulebased rewards are also referred to as verifiable rewards/outcomes due to their clean evaluation criteria. In detail, DeepSeek-R1 (DeepSeek-AI et al., 2025) defines two types of rule-based rewards: accuracy rewards and format rewards. With these rule-based rewards, it fine-tunes the language model through the RL algorithm GRPO (Shao et al., 2024). GRPO eliminates the dependence on the reward and value model in PPO and the preference data construction in DPO. Later, many following studies have been proposed. DAPO (Yu et al., 2025b) and Open-R1 (Face, 2025) introduce opensource training frameworks, and some extended GRPO algorithms are introduced (Xu et al., 2025b; Zuo et al., 2025; Feng et al., 2025c; Zhang et al., 2025b).

## 3.5 Training with Process Rewards

An emerging line of work focuses on training with *process rewards*. Figure 3(d) shows these methods commonly employ a Process Reward Model (PRM) to assess the intermediate steps of model outputs. This provides more fine-grained supervision, which especially benefits complex reasoning tasks.

Process Rewards from Human Feedback. Early studies leverage human annotations to train PRMs. For instance, Uesato et al. (2022); Lightman et al. (2023) train PRMs using human annotations on intermediate mathematical reasoning steps. Uesato et al. (2022) then use the trained PRM to fine-tune the language model via reinforcement learning to improve its math reasoning.

#### **Process Rewards from Automated Feedback.**

Recent efforts leverage automated feedback to supervise PRM's training at scale and avoid intensive step-level human annotations. One major direction leverages strong LLMs to generate step-level annotations, such as WizardMath (Luo et al., 2023) and ActPRM (Duan et al., 2025). Alternatively, other methods estimate process rewards without explicit annotations, including Monte Carlo estimation like Math-Shepherd (Wang et al., 2023b) and Jiao et al. (2024b), ranking estimation (Li and Li, 2024), and trajectory sampling like OmegaPRM (Luo et al., 2024) and HRM (Wang et al., 2025b). Others attempt to derive process rewards from outcome rewards, such as Yuan et al. (2024a), PRIME (Cui et al., 2025), and OREAL (Lyu et al., 2025). Others design generative PRMs with reasoning processes, such as GenPRM (Zhao et al., 2025b), R-PRM (She et al., 2025) and ThinkPRM (Khalifa et al., 2025).

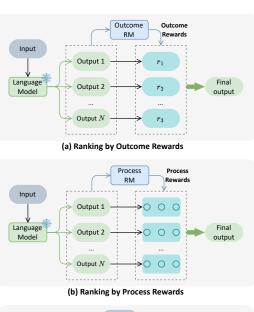
#### 4 Inference with Rewards

After the training stage, inference with rewards offers a flexible and lightweight mechanism to adapt and steer the model behavior without modifying model parameters. We identify two primary inference-with-rewards strategies: (i) *Generate-then-Rank* and (ii) *Reward-Guided Decoding*. These strategies play a critical role for achieving *test-time scaling*: They allow the language model to search, reflect, and revise its outputs on the fly.

## 4.1 Generate-then-Rank

The generate-then-rank approach, usually referred to as *Best-of-N*, easily scales test-time compute to improve model outputs. It samples a number of candidate responses from the language model, scores them with a reward model, and selects the best one as the final output by ranking or voting (Wang et al., 2022). Based on the reward granularity, we distinguish two kinds of methods: (i) *ranking by outcome rewards* and (ii) *ranking by process rewards* as shown in Figure 4(a,b).

Ranking by Outcome Rewards. As shown in Figure 4(a), this method adopts an outcome reward model (ORM) to assess the holistic quality of candidate responses. Early work by Cobbe et al. (2021) trains a binary ORM to evaluate the correctness of candidate math solutions and selects the top-ranked one as the final output. Uesato et al. (2022) adopt the same idea and conduct comprehensive experiments on ranking outputs by ORMs. *LEVER* (Ni



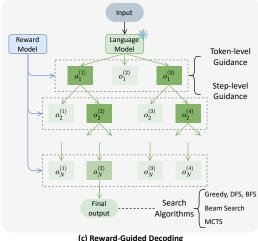


Figure 4: Illustrations of strategies for **Inference with Rewards**. (a,b): Generate-then-rank with outcome and process rewards. (c): Reward-guided decoding at the token and step level with search algorithms.

et al., 2023) trains a binary classifier as the ORM with code execution results as supervision. *V-STaR* (Hosseini et al., 2024) trains a verifier as the ORM on preference pairs through DPO to rank candidate math/code solutions during inference. *GenRM* (Zhang et al., 2024c) follows a generative way using the token generation probability. *Fast Best-of-N* (Sun et al., 2024a) accelerates this following a speculative rejection scheme.

Ranking by Process Rewards. As aforementioned, outcome reward models may struggle to discern the nuance among candidate responses. Thus many methods adopt process reward models (PRMs) for the generate-then-rank strategy. These methods score intermediate steps of candidate responses through a PRM and aggregate these step-

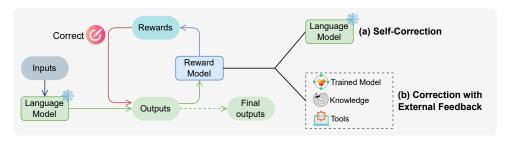


Figure 5: Illustration of **Post-Inference with Rewards**. (a): Self-Correction, using the language model itself. (b): Correction with External Feedback, such as trained model, external knowledge, and external tools.

level scores through multiplication or minimum to compute an overall score for ranking or voting (Zhang et al., 2025g). Early work by Lightman et al. (2023) trains a PRM to rank candidate math solutions by the product of their step-level scores. More extensions are also proposed, including *DI-VERSE* (Li et al., 2023b), *Math-Shepherd* (Wang et al., 2023b), and *VisualPRM* (Wang et al., 2025c).

## 4.2 Reward-Guided Decoding

The above generate-then-rank decouples generation from evaluation; In contrast, reward-guided decoding tightly incorporates reward signals to guide the generation of language models. Figure 5(c) shows that it guides the language model's token-level or step-level decoding based on the reward signals through a search algorithm, such as greedy search, beam search, or MCTS. This enables fine-grained control over output quality and can foster reasoning and planning abilities.

**Token-level Guidance.** Token-level guidance steers language model generation by incorporating reward signals into the token decoding. This strategy commonly combines the token likelihoods with the reward signals from a reward model to select the next token, such as *RAD* (Deng and Raffel, 2023), *ARGS* (Khanov et al., 2024), *PG-TD* (Zhang et al., 2023c), *ARM* (Troshin et al., 2024), and *FaRMA* (Rashid et al., 2025).

**Step-level Guidance.** Beyond token-level guidance, step-level guidance operates on intermediate steps of generation. Figure 4(d) shows the generation is decomposed into multiple intermediate steps. At each step, a search algorithm, such as beam search and MCTS, explores the output space and selects appropriate steps guided by reward signals. This mechanism enables the model to recover from earlier errors and enhance reasoning. Representative work includes *GRACE* (Khalifa et al., 2023), Xie et al. (2023), Snell et al. (2025), *ORPS* (Yu

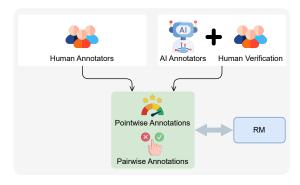


Figure 6: Illustration of Benchmarking Reward Models. Pointwise or pairwise annotations originate from human annotators or AI annotators with human verification.

et al., 2024b) and *RSD* (Liao et al., 2025). Some studies guide the decoding based on the step-level value, *i.e.*, cumulative future rewards, such as *Tree-of-Thoughts* (Yao et al., 2023) and *OVM* (Yu et al., 2023a). Other methods use reward signals to guide MCTS, including *RAP* (Hao et al., 2023), *STILL-1* (Jiang et al., 2024), and *rStar* (Qi et al., 2024). Several extensions leverage process reward models to precisely guide MCTS, such as *ReST-MCTS\** (Zhang et al., 2024a), *LE-MCTS* (Park et al., 2024), and *rStar-Math* (Guan et al., 2025).

## 5 Post-Inference with Rewards

Post-inference with rewards aims to correct and refine the model outputs after they have been generated. This approach enables iterative enhancement without updating model parameters, offering a lightweight and compatible mechanism for *test-time scaling*. It commonly incorporates critique rewards as augmented contexts to revise outputs, which provide fine-grained signals for correction, such as error locations and revision suggestions. We categorize these methods into two kinds: *Self-Correction* and *Correction with external rewards*.

#### 5.1 Self-Correction

Figure 5(a) depicts that self-correction leverages the language model itself as a generative reward model to evaluate and revise its own outputs, similar to the aforementioned self-rewarding strategy. Early work Self-Refine (Madaan et al., 2023) follows this design. Similarly, Reflexion (Shinn et al., 2023) generates reflection feedback through the language model itself. It additionally maintains a memory bank to store previous feedback, outputs, and scalar feedback from evaluation metrics. CoVe (Dhuliawala et al., 2023) prompts the language model to generate and answer verification questions to identify factual errors in its own outputs. Others train the language model to improve its selfcorrection capability, such as SCoRE (Kumar et al., 2024) and RISE (Qu et al., 2024).

#### 5.2 Correction with External Feedback

Prior studies argue that general language models struggle to identify and correct their errors without external feedback (Huang et al., 2023; Kamoi et al., 2024; Madaan et al., 2023; Pan et al., 2023b). Owing to this, increasing attention has been devoted to incorporating external feedback as reward signals as shown in Figure 5(b). We classify these works based on the feedback source: *trained models*, *external knowledge*, and *external tools*.

Trained Model. Many methods rely on more capable trained models (commonly referred to as critic models) to provide feedback as reward signals. The early work *CodeRL* (Le et al., 2022) uses a trained critic model to predict the functional correctness of the generated code. Following this, various studies are proposed, for instance, Welleck et al. (2022) for toxicity control; *RL4F* (Akyurek et al., 2023) for summarization; Shepherd (Wang et al., 2023c) and A2R (Lee et al., 2024) for factuality; CTRL (Xie et al., 2025b) and CriticGPT McAleese et al. (2024) for code generation. Moreover, some studies focus on step-level feedback for correction, such as REFINER (Paul et al., 2023) and AutoMathCritique (Xi et al., 2024). Others follow the multi-agent debate design, where critiques from peer agents support reflection and improvement, such as MAD (Liang et al., 2023), Cohen et al. (2023), and Du et al. (2023).

**External Knowledge and Tools.** External knowledge mainly provides factual critiques along with retrieved evidence to improve factuality and re-

duce hallucinations. Several methods follow this idea, such as RARR (Gao et al., 2022), ReFeed (Yu et al., 2023c), *LLM-Augmenter* (Peng et al., 2023), Varshney et al. (2023), and FACTOOL (Chern et al., 2023). External tools can execute and verify the model outputs, and their feedback can work as reward signals for correction. A primary tool is code compilers. They provide execution feedback to guide the refinement, such as Self-Edit (Zhang et al., 2023a) and Self-Evolve (Jiang et al., 2023). Self-Debug (Chen et al., 2023) and CYCLE (Ding et al., 2024) extend them with more feedback, for instance, unit test results and program explanations. Other tools can provide feedback, such as logic reasoner (Pan et al., 2023a), symbolic interpreter (Qiu et al., 2023), proof checker (First et al., 2023), search engines (Gou et al., 2023; Kim et al., 2023).

## **6** Benchmarking Reward Models

Rigorous and diverse benchmarks are essential for evaluating the performance of reward models. As illustrated in Figure 6, recent benchmarks primarily rely on human annotators or AI annotators followed by human verification. The resulting annotations are mainly pointwise (e.g., scalar scoring) or pairwise (e.g., selecting the preferred response given two options). RewardBench (Lambert et al., 2024) is the first comprehensive benchmarks for reward models. It aggregates preference data from existing datasets to evaluate reward model performance in chatting, reasoning, and safety. RM-Bench (Liu et al., 2024d) and *RMB* (Zhou et al., 2024a) extend it to more scenarios. Some focus on PRMs, like ProcessBench (Zheng et al., 2024), MR-Ben (Zeng et al., 2024), and *PRMBench* (Song et al., 2025b).

Due to the page limitation, we discuss more about benchmarks, applications, challenges, and future directions in Appendices A to C.

#### 7 Conclusion

We comprehensively survey the emerging paradigm of *learning from rewards*. We introduce its land-scape from three key stages: training, inference, and post-inference, each reflecting a distinct way to integrate reward signals into steering LLMs' behavior. In addition, we summarize recent progress in benchmarking reward models and applications. Finally we identify core challenges and outline promising future directions. We hope this survey provides a structured understanding of the field and inspires future research.

#### Limitations

This paper comprehensively surveys the emerging paradigm of learning from rewards in the post-training and test-time scaling of LLMs, but we believe there are some limitations:

- Due to the page constraints, we cannot cover the full technical details of all methods. Based on our comprehensive survey, we encourage interested readers to refer to the original papers for in-depth explanations and implementation specifics.
- We primarily focus on the representative methods and recent trends associated with learning from rewards. As a result, we may omit some earlier approaches and domain-specific techniques.

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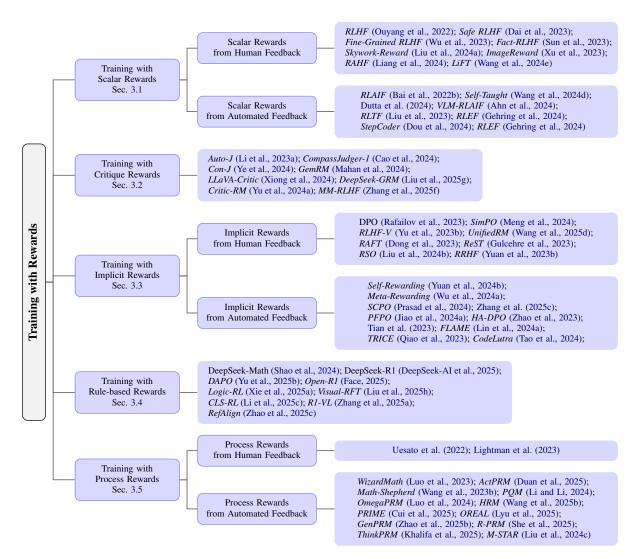


Figure 7: Overview of **Training with Rewards**.

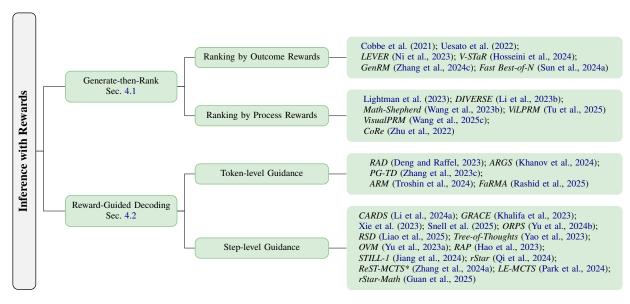


Figure 8: Overview of Inference with Rewards.

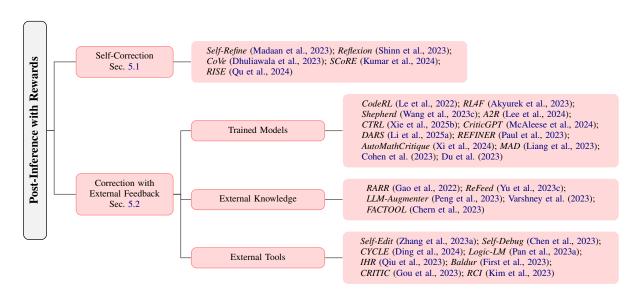


Figure 9: Overview of Post-Inference with Rewards.

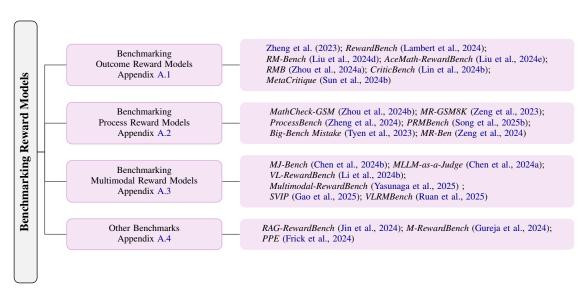


Figure 10: Overviews of Benchmarking Reward Models.

## A Benchmarking Reward Models ( (Extended))

## A.1 Benchmarking Outcome Reward Models

A dominant line of benchmarking studies centers on outcome reward models that evaluate the overall quality of generated outputs. Zheng et al. (2023) is an early work that evaluates LLMs' judging ability by directly prompting them. As LLMs can naturally function as generative reward models, this study also represents one of the earliest benchmarks for reward models. RewardBench (Lambert et al., 2024) is the first comprehensive benchmarks for reward models. It aggregates preference data from existing datasets, such as AlpacaEval and MTBench, to evaluate reward model performance in chatting, reasoning, and safety. RM-Bench (Liu et al., 2024d) introduces evaluation for reward models on sensitivity to subtle content changes and robustness to style biases. It constructs preference pairs across chat, code, math, and safety domains using GPT-4o. AceMath-RewardBench (Liu et al., 2024e) focuses on math-specific evaluations. It tests whether reward models can identify correct solutions from candidates across various mathematical tasks and difficulty levels. RMB (Zhou et al., 2024a) furthermore broadens the evaluation scope to 49 realworld scenarios.

Apart from evaluating with preference data, some benchmarks focus on the critique ability of reward models. *CriticBench* (Lin et al., 2024b) assess whether reward models can generate critiques that accurately identify the correctness of a response and effectively guide the correction. Similarly, *MetaCritique* (Sun et al., 2024b) benchmarks LLM-generated critiques by decomposing them into atomic information units and assessing their correctness.

#### **A.2** Benchmarking Process Reward Models

Recently more benchmarks focus on process reward models due to their increasing significance. In detail, several benchmarks focus on math reasoning, such as *MathCheck-GSM* (Zhou et al., 2024b), *MR-GSM8K* (Zeng et al., 2023), and *MR-MATH* (Xia et al., 2024). They require reward models to locate the first error step in a math reasoning solution. Their testing samples are adapted from existing math datasets, including GSM8K (Cobbe et al., 2021) and MATH (Hendrycks et al., 2021). Furthermore, *ProcessBench* (Zheng et al., 2024) features diversity and higher difficulty levels by

scaling this up to Olympiad- and competition-level math problems (He et al., 2024; Gao et al., 2024). Beyond step correctness, *PRMBench* (Song et al., 2025b) offers a more fine-grained benchmark. It annotates each step in the reasoning path with specific error types grouped into three dimensions: simplicity, soundness, and sensitivity. The annotations come from LLM-generated perturbations and are subsequently verified by human annotators.

Besides mathematical reasoning, *Big-Bench Mistake* (Tyen et al., 2023) targets logical reasoning. It annotates chain-of-thought trajectories from BIG-Bench (bench authors, 2023), each labeled with the first logical error. Furthermore, *MR-Ben* (Zeng et al., 2024) expands this to the reasoning process of seven domains: math, logic, physics, chemistry, medicine, biology and code.

## A.3 Benchmarking Multimodal Reward Models

Due to the prevalence of multimodal language models, another vital line of benchmarks focuses on multimodal reward models with diverse evaluation protocols.

MJ-Bench (Chen et al., 2024b) depends on text-to-image generation tasks for evaluation. It builds preference data across four dimensions: text-image alignment, safety, image quality, and social bias. MLLM-as-a-Judge (Chen et al., 2024a) uses image understanding tasks for benchmarking and includes pointwise and pairwise scoring. VL-RewardBench (Li et al., 2024b) includes three tasks: general multimodal instructions, hallucination detection, and multimodal reasoning. Multimodal-RewardBench (Yasunaga et al., 2025) spans six key capabilities of multimodal reward models: general correctness, human preference, factual knowledge, reasoning, safety, and VQA.

Beyond the outcome level, current benchmarks also assess multimodal process reward models. *SVIP* (Gao et al., 2025) targets process-level evaluation on relevance, logic, and attribute correctness of diverse multimodal tasks. It transforms reasoning paths into executable visual programs and automatically annotates each step. *VLRMBench* (Ruan et al., 2025) further integrates evaluation on three dimensions: reasoning steps, whole outcomes, and critiques on error analysis. It collects testing data of multimodal understanding through AI annotations and human verification.

#### A.4 Other Benchmarks

In addition to general-purpose evaluations, several benchmarks aim to address domain-specific or emerging challenges in reward modeling. *RAG-RewardBench* (Jin et al., 2024) targets reward model evaluation in RAG. It constructs preference data for RAG-specific scenarios, including multihop reasoning, fine-grained citation, appropriate abstention, and conflict robustness. *M-RewardBench* (Gureja et al., 2024) extends the evaluation to multilingual contexts. Instead of direct evaluation, *PPE* (Frick et al., 2024) indirectly evaluates reward models through RLHF pipelines. It measures the performance of trained LLMs with a reward model, offering a practical perspective.

## **B** Applications

The strategies described above for learning from rewards have been widely adopted across diverse applications. Early applications focus on preference alignment, such as RLHF (Ouyang et al., 2022) and RLAIF (Bai et al., 2022b). In particular, the recent DeepSeek-R1 (DeepSeek-AI et al., 2025) has demonstrated the effectiveness of reinforcement learning to develop *large reasoning models*, which has inspired a wave of R-1 style applications for diverse areas. In this section, we review the primary applications following these strategies.

## **B.1** Preference Alignment

Learning-from-rewards strategies have become the cornerstone for aligning LLMs with human preferences. These strategies design diverse reward signals to encourage desirable attributes, such as factuality, harmlessness, and helpfulness, while penalizing undesired behaviors like toxicity, bias, and hallucination. We summarize three major objectives of preference alignment as follows.

• Factuality and Reducing hallucination. Hallucination refers to generating fluent but factually incorrect or fabricated content (Tian et al., 2023). It is a pervasive issue for language models, especially in knowledge-intensive tasks such as healthcare and scientific research. The methods for this alignment span the training, inference, and post-inference stages (Sun et al., 2023; Lin et al., 2024a; Zhao et al., 2023; Peng et al., 2023; Wang et al., 2023c). The rewards mainly stem from human preferences about factuality as well as external knowledge sources. For instance, Fact-RLHF (Sun et al., 2023) trains a

factuality-aware reward model on human preferences and additional supervision from image captions and multiple-choice answers The reward model is then used to fine-tune the multimodal language model via PPO, guiding the model to reduce hallucinations. *RLFH* (Wen et al., 2024) decomposes the model responses into atomic statements, verifies their truthfulness against external knowledge, and converts them into dense tokenlevel scalar rewards. To reduce hallucination, it directly uses these reward signals to fine-tune the model via PPO.

- Safety and Harmlessness. Safety and harmlessness constitute another critical axis of alignment, particularly in adversarial or socially sensitive contexts (Bai et al., 2022b; Ji et al., 2023). Language models must be discouraged from producing toxic, offensive, or biased content before being deployed in real-world systems. To this end, the methods primarily focus on the training (Ouyang et al., 2022; Bai et al., 2022a) and inference stages (Deng and Raffel, 2023; Khanov et al., 2024). For instance, *RAD* (Deng and Raffel, 2023) depends on reward signals to produce non-toxicity content during decoding.
- Helpfulness. Meanwhile, helpfulness emphasizes that language models are expected to provide relevant, informative, and context-aware responses to fulfill user intent (Taori et al., 2023). This alignment is imperative in areas like instruction-following and dialogue systems. Reward signals are generally sourced from human preferences and task-specific quality metrics (Bai et al., 2022a).

## **B.2** Mathematical Reasoning

Mathematical reasoning is vital to measure the language model's ability to solve complex reasoning problems. Some methods build reward models and fine-tune the language model for math reasoning (Shao et al., 2024; DeepSeek-AI, 2025), particularly using process reward models (Uesato et al., 2022; Luo et al., 2023) like *Math-Shepherd* (Wang et al., 2023b). They can provide step-level reward signals for a math reasoning solution. Moreover, some approaches construct preference data for math reasoning, *i.e.*, correct and incorrect solutions, and then fine-tune the language model through DPO (Lai et al., 2024; Xu et al., 2025a). Others include inference-time scaling strategies, such as generate-then-rank (Cobbe et al., 2021;

Lightman et al., 2023), and reward-guided decoding with search algorithms like MCTS (Hao et al., 2023; Guan et al., 2025).

#### **B.3** Code Generation

The code generation task has made significant strides due to the development of LLMs, which improves software engineering productivity by a large margin. To improve the code language model through fine-tuning, the reward signals can come from various sources, including (Zhu et al., 2024), and code compiler feedback, unit test results, and code analysis (Liu et al., 2023; Dou et al., 2024; Tao et al., 2024; Zhou et al., 2025a). For example, DeepSeek-Coder-V2 (Zhu et al., 2024) trains a reward model for code generation and fine-tunes the language model via the reinforcement learning algorithm GRPO (Shao et al., 2024). Additionally, some approaches guide the inference of language models during code generation with reward models, including the generate-then-rank (Ni et al., 2023; Hosseini et al., 2024) and reward-guided decoding (Yu et al., 2024b). Another popular direction refines the generated code to correct errors and bugs through the language model itself (Shinn et al., 2023; Zhang et al., 2023a; Chen et al., 2023) or external feedback (Xie et al., 2025b).

#### **B.4** Multimodal Tasks

Learning-from-rewards strategies have been widely applied to multimodal tasks, including multimodal understanding and generation. Most studies adopt reinforcement learning and reward-guided decoding methods. For instance, Q-Insight (Li et al., 2025d) focuses on improving comprehensive image quality understanding with reinforcement learning. VLM-R1 (Shen et al., 2025a) applies reinforcement learning to fine-tune vision-language models and focuses on two tasks: referring expression compression and object detection. Vision-R1 (Huang et al., 2025b) enhances multimodal reasoning of vision-language models for mathematical VQA. Zhan et al. (2025) proposes another *Vision-R1*, but it mainly facilitates object localization tasks with vision-language models.

Video-R1 (Feng et al., 2025b), VideoChat-R1 (Li et al., 2025f), and TinyLLaVA-Video-R1 (Zhang et al., 2025e) apply GRPO into video reasoning. R1-V (Chen et al., 2025a) and CrowdVLM-R1 (Wang et al., 2025e) focus on visual counting. More example applications include multimodal reasoning (Zhou et al., 2025b; Meng et al., 2025; Tan

et al., 2025; Li et al., 2025b; Liu et al., 2025f), object detection (Liu et al., 2025h), segmentation (Liu et al., 2025d), and image/video generation (Guo et al., 2025c; Liu et al., 2025a).

#### **B.5** Agents

LLM Agent is an autonomous system that automatically performs complex tasks through task decomposition and action execution in dynamic environments (Wang et al., 2024b). Various learning-fromrewards strategies have been applied to training or guiding the agents. AgentRM (Xia et al., 2025) targets general-purpose decision-making agents across domains such as web navigation, embodied planning, text games, and tool use. During inference, a reward model guides the agents to choose candidate actions or trajectories. Agent-PRM (Choudhury, 2025) trains LLM agents with a process reward model. KBQA-o1 (Luo et al., 2025) guides MCTS with a reward model for the knowledge base question answering task with agents. DeepResearch (OpenAI, 2025) and Deep-Researcher (Zheng et al., 2025) design agents for research tasks. They both use reinforcement learning to fine-tune the agents. *UI-R1* (Lu et al., 2025) introduces a rule-based reinforcement learning framework for GUI action prediction with multimodal agents. InfiGUI-R1 (Liu et al., 2025c) is a similar work with GUI agents. RAGEN (Wang et al., 2025f) propose training the agents via multiturn reinforcement learning with a new algorithm based on GRPO.

## **B.6** Other Applications

Many other applications have been developed following the learning-from-rewards strategies.

Embodied AI is essential for the development of artificial general intelligence. AI systems, such as embodied robots, must interact with the physical world and complete complex tasks through high-level planning and low-level control. They generally aim to enhance the embodied reasoning abilities with reinforcement learning, such as *Cosmos-reason1* (Azzolini et al., 2025), *iRe-VLA* (Guo et al., 2025b), *Embodied-Reasoner* (Zhang et al., 2025d), and *Embodied-R* (Zhao et al., 2025a).

Several approaches apply reinforcement learning to reason with information retrieval from knowledge databases or the real-world web. These approaches include *R1-Searcher* (Song et al., 2025a), *Search-R1* (Jin et al., 2025), *DeepRetrieval* (Jiang et al., 2025), *ReSearch* (Chen et al., 2025b), and

WebThinker (Li et al., 2025e). They adopt different reward designs to improve search performance.

Applications for other applications also emerge. *ToRL* (Li et al., 2025g), *ReTool* (Feng et al., 2025a), *SWi-RL* (Goldie et al., 2025), *ToolRL* (Qian et al., 2025) and *OTC* (Wang et al., 2025a) are proposed to improve LLMs' reasoning ability to call various tools through reinforcement learning. *Rec-R1* (Lin et al., 2025) applies reinforcement learning for recommendation system. *SWE-RL* (Wei et al., 2025) aims at software engineering with reinforcement learning. *SQL-R1* (Ma et al., 2025) focuses on natural language to SQL reasoning. It uses a composite reward function with format correctness, execution success, result accuracy, and reasoning completeness.

Some applications are designed for specific areas. *Med-R1* Lai et al. (2025) and *MedVLM-R1* (Pan et al., 2025) are proposed for medical field. They target medical VQA across various imaging modalities (*e.g.*, CT, MRT, and X-ray) and several clinical tasks, like diagnosis, and anatomy identification. *Fin-R1* (Liu et al., 2025e) develops LLMs for the financial field, targeting financial QA and decision-making. It leverages accuracy and format rule-based rewards to train a language model on domain-specific data. *DianJin-R1* (Zhu et al., 2025) is another LLM for the financial field with reinforcement learning.

## **C** Challenges and Future Directions

In this section, we discuss the current challenges and future directions of learning from rewards. Figure 11 summarizes the key challenges and future directions from the perspective of reward model design and learning strategies. Ultimately, we envision the development of interpretable, robust, and continually evolving agent systems capable of interacting with and adapting to the complexities of the real world.

#### **C.1** Interpretability of Reward Models

Interpretability of reward models remains an open challenge for the learning-from-rewards strategies (Russell and Santos, 2019; Zhang et al., 2023d; Jenner and Gleave, 2022). Most reward models are typically treated as black boxes that produce scalars or critiques without exposing human-interpretable explanations. Such opacity hinders human trust and oversight and may lead to misaligned optimization. In consequence, enhancing reward model

interpretability is essential for reliable alignment, enabling humans to inspect and verify the internal decision process and steer models toward desired behavior. Recent efforts have attempted to address this issue. For instance, ArmoRM (Wang et al., 2024a) improves the interpretability with multiobjective reward modeling, where each objective corresponds to a human-interpretable dimension, such as helpfulness, correctness, coherence, complexity, and verbosity. While this approach is effective, its interpretability is limited to these predefined objectives. In addition, emerging generative reward models can disclose their rationales of reward scoring (Zhao et al., 2025b; Khalifa et al., 2025). While promising, their interpretability remains limited and demands further investigation into consistency, reliability, and faithfulness.

#### C.2 Generalist Reward Models

A promising future direction is the development of *generalist reward models*. Most existing reward models are designed for narrow domains; thus they often suffer from weak generalization across tasks. Moreover, their reward outputs are typically static and lack support for inference-time scalability, hindering their application in diverse and open-ended scenarios (Liu et al., 2024a; Zhang et al., 2024c; Snell et al., 2025).

In contrast, a generalist reward model seeks to overcome these limitations. They demand flexibility for input types, including single, paired, or multiple responses, and also require accurate reward generation in various domains, such as question answering, math reasoning, and code generation. Besides, they are expected to generate higher-quality reward signals with increased inference-time computing. Such models offer a unified interface for reward modeling across domains and enable scalable, interpretable reward generation. For example, DeepSeek-GRM (Liu et al., 2025g), a recent attempt in this direction, proposes a pointwise generative reward model. Rather than only scalars, it can generate evaluative natural language principles and critiques, enabling effective inference-time scaling through multi-sample voting and meta-reward filtering.

## C.3 Reward Hacking

Reward hacking is a fundamental challenge in learning from rewards (Everitt et al., 2021; Amodei et al., 2016; Weng, 2024; Liu et al., 2025b). It occurs when models exploit unintended shortcuts in

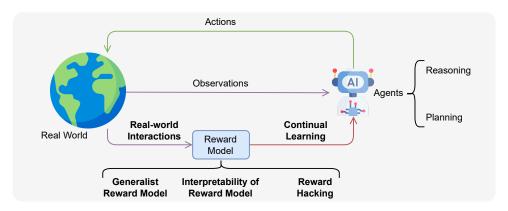


Figure 11: Illustration of challenges and future directions.

the reward function to obtain high rewards without truly learning the desired behaviors or completing the task as designed. This phenomenon has been observed across domains. For instance, LLMs may fabricate plausible yet incorrect answers, and code LLMs subtly modify unit tests to pass evaluations (Denison et al., 2024). Reward backing can also happen during inference, called *in-context* reward hacking (Pan et al., 2024b,a). It arises in self-refinement loops where the same model acts as both the generator and the judge. In such cases, the model may learn to produce outputs that exploit its own evaluation heuristics, leading to inflated internal scores while deviating from true objectives.

Reward hacking fundamentally arises from the difficulty of specifying a reward function that perfectly captures the true objectives. As articulated by Goodhart's Laws—When a measure becomes a target, it ceases to be a good measure—any proxy metric used as a reward will eventually be exploited once applying optimization pressure. To mitigate reward hacking, the following directions are worth exploring: (i) Designing more robust and tamperresistant reward functions (Razin et al., 2025; Shen et al., 2025b; Peng et al., 2025); (ii) Detecting misalignment via behavioral or distributional anomaly detection (Pan et al., 2022); (iii) Decoupling feedback mechanisms to prevent contamination (Uesato et al., 2020); (iv) Auditing the dataset for training reward models to reduce reward hacking risks (Revel et al., 2025).

# C.4 Grounded Rewards from Real-World Interactions

Despite recent advances in learning from rewards for LLMs, most methods fundamentally rely on human preferences or well-curated automated feedback. The LLMs are typically optimized to maximize the rewards derived from these feedback. In consequence, this inherently limits the agent's ability to surpass existing human knowledge and adapt to complex environments.

Due to these limitations, moving beyond chatdriven rewards toward grounded real-world rewards is another promising direction. This movement requires LLMs to be integrated into agentic frameworks, and agents should increasingly interact directly with their environment and derive reward signals from observed outcomes. For example, a health assistant could optimize behavior based on physiological signals rather than user ratings, and a scientific agent could refine hypotheses based on experimental data rather than expert approval (Silver and Sutton, 2025). This shift would enable agents to close the feedback loop with the real world, allowing for autonomous discovery, adaptation, and pursuit of goals beyond human understanding. The transition to real-world interactions raises substantial technical challenges. Agents must handle noisy, delayed, or partial feedback from complex environments, requiring advances in credit assignment, robust exploration, and uncertainty modeling.

#### **C.5** Continual Learning from Rewards

Current learning-from-rewards strategies often assume a fixed dataset, a predefined reward model, and short episodic interactions. Once trained, models typically exhibit limited abilities to adapt to new tasks or evolving environments (Zhang et al., 2024b; Silver and Sutton, 2025). This episodic and offline paradigm sharply contrasts with real-world intelligence's dynamic, ongoing nature, where agents must continually learn from experience and recalibrate based on new feedback.

As such, a vital direction is continual learning

from rewards. It is a crucial foundation for building lifelong competent and aligned agents. By abandoning the traditional assumption of fixed objectives, models can remain responsive to changing reward signals, avoid performance degradation under distributional shifts, and better reflect long-term user intent. Notably, it is a broader idea of continual reinforcement learning (Abel et al., 2023; Li et al., 2024c; Bowling and Elelimy, 2025). Achieving continual learning from rewards presents significant challenges. It requires addressing catastrophic forgetting, maintaining stability while enabling plasticity, and designing dynamic reward modeling mechanisms.