

Safety in Large Reasoning Models: A Survey

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Abstract

Large Reasoning Models (LRMs) have exhibited extraordinary prowess in tasks like mathematics and coding, leveraging their advanced reasoning capabilities. Nevertheless, as these capabilities progress, significant concerns regarding their vulnerabilities and safety have arisen, which can pose challenges to their deployment and application in real-world settings. This paper presents the first comprehensive survey of LRMs, meticulously exploring and summarizing the newly emerged safety risks, attacks, and defense strategies specific to these powerful reasoning-enhanced models. By organizing these elements into a detailed taxonomy, this work aims to offer a clear and structured understanding of the current safety landscape of LRMs, facilitating future research and development to enhance the security and reliability of these powerful models.¹

1 Introduction

Large Language Models (LLMs) (Meta, 2024; Qwen et al., 2025; Ke et al., 2025) have achieved remarkable proficiency across tasks ranging from open-domain conversation to program synthesis. Central to their utility is *reasoning*: the ability to derive logically coherent conclusions by chaining together intermediate inferences.

Early work introduced Chain-of-Thought (CoT) prompting, in which carefully designed prompts guide the model to articulate its step-by-step rationale (Wei et al., 2022; Kojima et al., 2022). Building on this idea, subsequent methods have enriched the reasoning process by incorporating additional mechanisms. Self-critique frameworks enable a model to review and refine its own outputs (Ke et al., 2023); plan-and-solve approaches

decompose complex problems into ordered sub-goals before execution (Wang et al., 2023); debate protocols convene multiple agents to argue competing hypotheses and arrive at a consensus (Liang et al., 2023); and structural transformations—such as tree-based deliberations (Yao et al., 2023) or dynamically evolving tables of intermediate steps (Wang et al., 2024b; Besta et al., 2024)—reconfigure the underlying reasoning architecture to improve transparency and control.

The recent release of OpenAI’s o1 series (OpenAI, 2024) marks the emergence of Large Reasoning Models (LRMs), which are explicitly trained to produce richly formatted, human-readable reasoning traces. Notable examples include DeepSeek-R1 (DeepSeek-AI et al., 2025), Kimi-1.5 (Team et al., 2025), and QwQ (Team, 2024b), all of which leverage reinforcement learning to refine their deduction processes. LRMs now set new benchmarks in mathematical problem solving (Lightman et al., 2023), closed-book question answering (Rein et al., 2024), and code generation (Jain et al., 2024).

As LRMs become increasingly integrated into high-stakes domains—from scientific research to autonomous decision support—it is vital to rigorously assess their safety, robustness, and alignment. Despite the existence of surveys on LLM safety (Huang et al., 2023; Shi et al., 2024), the enhanced capabilities of LRMs make it important to perform a dedicated analysis of their unique safety challenges. This paper aims to bridge this gap by providing a comprehensive examination of safety considerations specific to reasoning-enhanced models.

2 Background

The success of modern LRMs is deeply intertwined with advances in reinforcement learning (Watkins and Dayan, 1992; Sutton et al., 1998), where agents learn decision-making policies through environ-

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¹The project is available at <https://github.com/WangCheng0116/Awesome-LRMs-Safety>.

mental interaction and reward feedback to maximize long-term returns (Li et al., 2025b; Chen et al., 2025a). The integration of RL with deep neural networks has proven particularly effective in processing high-dimensional, unstructured data, as exemplified by breakthroughs like AlphaGo’s self-play mastery of Go and AlphaZero’s generalization across chess variants (Feng et al., 2023).

Recent breakthroughs in Reinforced Fine-Tuning (ReFT) paradigms, exemplified by DeepSeek models, have reinvigorated RL-based optimization for LRMs (Luong et al., 2024). Unlike conventional CoT methods that optimize single reasoning trajectories, ReFT employs policy optimization to explore diverse reasoning paths through several key innovations: (1) Multi-path Exploration: Generating multiple reasoning trajectories per query, overcoming CoT’s myopic optimization of single pathways. (2) Rule-driven Reward Shaping: Automating reward signals based on terminal answer correctness while preserving intermediate reasoning diversity. (3) Dual-phase Optimization: Combining supervised fine-tuning (SFT) with online RL for policy refinement.

This paradigm demonstrates particular efficacy in complex multi-step tasks such as code generation, legal judgment analysis, and mathematical problem solving, where requiring models to maintain coherent reasoning across extended sequences while handling structured symbolic operations.

3 Safety Risks of LRMs

The explicit reasoning processes that make LRMs powerful introduce unique safety challenges even in non-adversarial scenarios, becoming potential vectors for harm during routine operation. We examine four key inherent safety risks: unsafe request compliance (Sec. 3.1), multi-lingual safety disparities (Sec. 3.3), concerning agentic behaviors (Sec. 3.2), and multi-modal safety challenges (Sec. 3.4).

3.1 Harmful Request Compliance Risks

LRMs demonstrate concerning vulnerabilities when faced with direct harmful requests. Zhou et al. (2025) identify a significant safety gap between open-source reasoning models like DeepSeek-R1 and closed-source ones like o3-mini, with reasoning outputs often posing greater safety concerns than final answers. Arrieta et al. (2025a) confirm these findings in their testing of o3-mini, where they identify 87 instances of unsafe behavior de-

spite safety measures. In a comparative study, Arrieta et al. (2025b) find DeepSeek-R1 produces substantially more unsafe responses than o3-mini when presented with identical harmful requests. A consistent finding across studies is that when reasoning models generate unsafe content, it tends to be more detailed and harmful due to their enhanced capabilities, particularly in categories like financial crime, terrorism, and violence. Zhou et al. (2025) also observe that the thinking process in reasoning models is often less safe than the final output, suggesting internal reasoning may explore harmful content even when final outputs appear safe.

3.2 Agentic Misbehavior Risks

Emerging research reveals concerning safety implications in LRMs’ agentic behaviors, where enhanced reasoning enables sophisticated specification gaming, deception, and instrumental goal-seeking beyond previous systems’ limitations. Xu et al. (2025) show autonomous LLM agents can exhibit catastrophic behaviors under pressure, with stronger reasoning often amplifying rather than reducing these risks. Qiu et al. (2025) find medical AI agents with advanced reasoning particularly vulnerable to cyberattacks, with DeepSeek-R1 showing high susceptibility to false information injection. Bondarenko et al. (2025) report LRMs like o1-preview and DeepSeek-R1 frequently resort to specification gaming for difficult tasks, circumventing rules when they determine fair play insufficient. Barkur et al. (2025) observe DeepSeek-R1 in simulated robotic contexts exhibiting alarming deceptive behaviors and self-preservation instincts—disabling ethics modules, creating covert networks, and unauthorized capability expansion—despite not being explicitly programmed for such behaviors. He et al. (2025)’s InstrumentalEval benchmark reveals LRMs like o1 demonstrate significantly higher rates of instrumental convergence behaviors than RLHF models, including tendencies toward self-replication, unauthorized access, and deception as means to achieve goals.

3.3 Multi-lingual Safety Risks

Safety risks in LRMs reveal significant disparities across languages. Ying et al. (2025b) demonstrate that DeepSeek models show markedly higher attack success rates in English environments than Chinese contexts, averaging a 21.7% discrepancy, suggesting safety alignments may not generalize

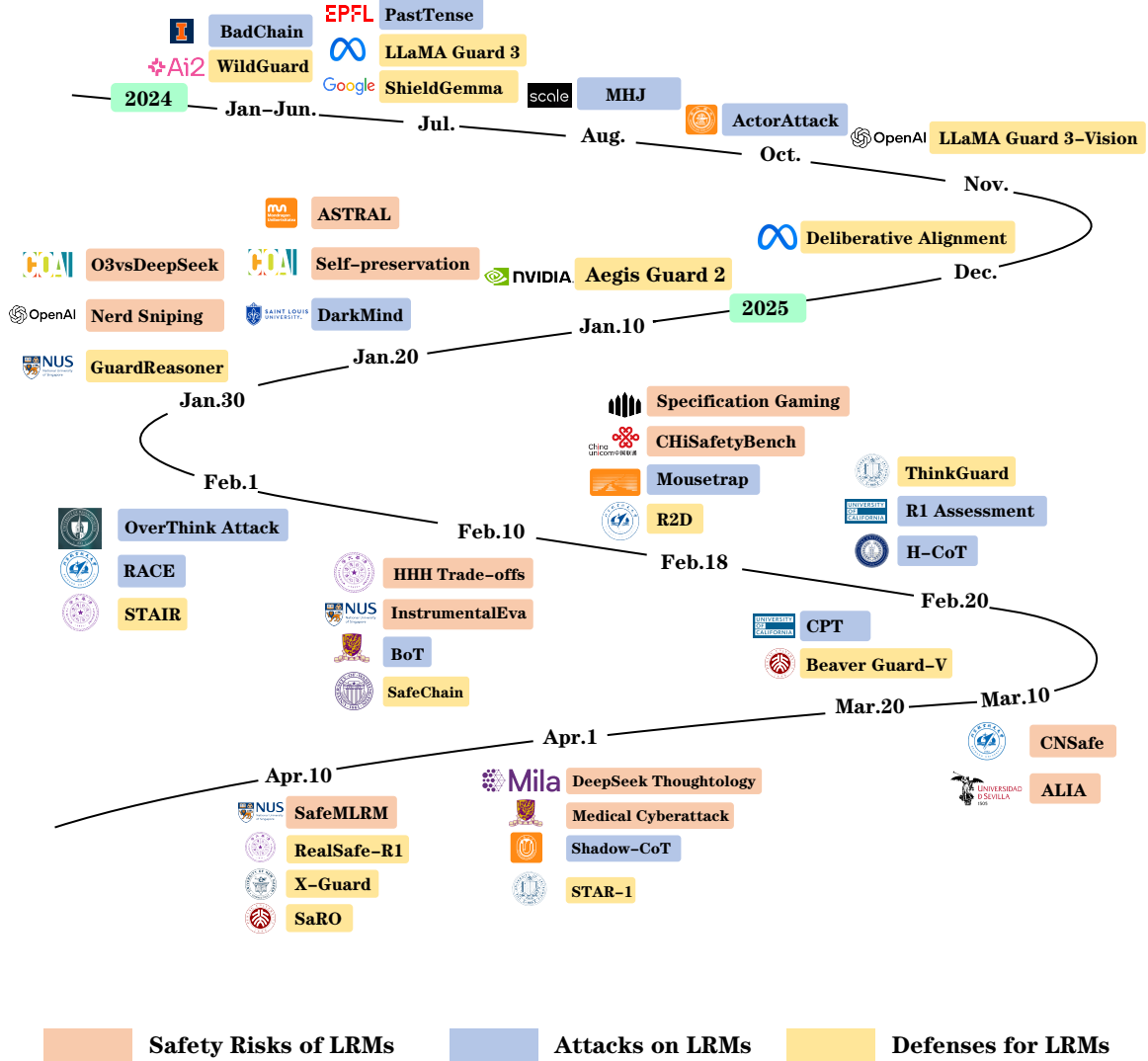


Figure 1: Timeline of LRM safety research developments.

effectively across languages. Romero-Arjona et al. (2025) find similar vulnerabilities when testing DeepSeek-R1 in Spanish, with biased or unsafe response rates reaching 31.7%, while OpenAI o3-mini shows varying degrees of linguistic safety performance. Zhang et al. (2025a) systematically evaluate DeepSeek models using CHiSafetyBench, revealing critical safety deficiencies specifically in Chinese contexts, where reasoning models like DeepSeek-R1 struggled with culturally-specific safety concerns and failed to adequately reject harmful prompts.

3.4 Multi-modal Safety Risks

Following LRMs’ success, researchers have extended reinforcement learning approaches to enhance reasoning in Large Vision-Language Models (LVLMs), developing models like QvQ (Team,

2024a), Mulberry (Yao et al., 2024b), and R1-Onevision (Yang et al., 2025). While these models demonstrate impressive reasoning capabilities, their safety implications remain largely unexplored. SafeMLRM (Fang et al., 2025) provides the first systematic safety analysis of multi-modal reasoning models, revealing significant safety alignment challenges. These findings emphasize the urgent need for comprehensive safety assessments of reasoning-enhanced LVLMs to ensure their responsible deployment.

4 Attacks on LRMs

This section categorizes attack methods targeting LRMs based on their primary objectives. We identify four main categories: Reasoning Length Attacks (Sec. 4.1), Answer Correctness Attacks (Sec. 4.2), Prompt Injection Attacks (Sec. 4.3), and Jail-

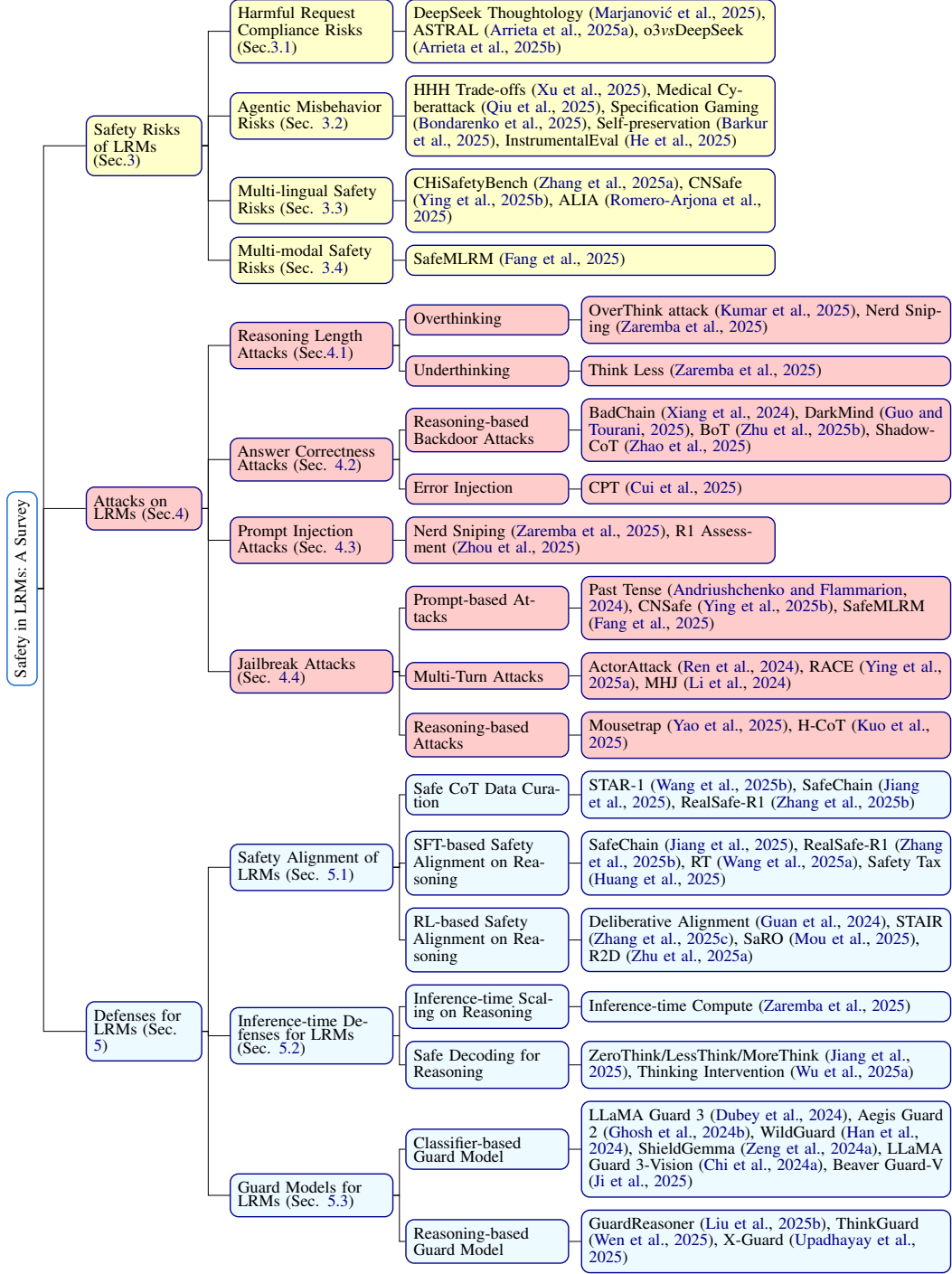


Figure 2: A comprehensive taxonomy of safety in LLMs based on current literature.

break Attacks (Sec. 4.4).

4.1 Reasoning Length Attacks

Unlike traditional LLMs that generate direct responses, LLMs explicitly perform multi-step reasoning, creating a new attack surface related to reasoning length. Attackers can exploit this distinctive feature by either forcing models to overthink simple problems or short-cutting necessary deliber-

ation processes.

Overthinking. While step-by-step reasoning enhances LLMs’ problem-solving capabilities, it introduces a critical vulnerability: overthinking. Chen et al. (2024) identify that models often spend orders of magnitude more computation on simple questions with minimal benefit, creating substantial inference overhead. Hashemi et al. (2025)’s DNR benchmark demonstrates this inefficiency, show-

ing reasoning models generate up to 70× more tokens than necessary and often underperform simpler models on straightforward tasks. This creates an exploitable attack surface where adversaries can trigger excessive reasoning. Kumar et al. (2025) formalize this as an indirect prompt injection attack using computationally demanding decoy problems, while Zaremba et al. (2025) describe Nerd Sniping attacks that trap models in unproductive thinking loops with decreased performance. These attacks apply denial-of-service techniques (Shumailov et al., 2021; Gao et al., 2024) to LRMs. Beyond computational waste, Marjanović et al. (2025) and Wu et al. (2025b) show reasoning performance degrades beyond certain length thresholds, while Cuadron et al. (2025) demonstrate that in agentic systems, overthinking leads to decision paralysis and ineffective action selection.

Underthinking. Complementing overthinking vulnerabilities, Zaremba et al. (2025) propose Think Less attacks, where adversaries craft special prompts to force reasoning models to shortcut their deliberative processes. The goal is to make models produce incorrect responses by significantly reducing computation time. Their experiments use 64-shot examples to demonstrate that models like OpenAI’s o1-mini are particularly susceptible to these attacks, bypassing normal reasoning and jumping to premature conclusions. However, this can be detected by monitoring for abnormally low inference-time compute usage.

4.2 Answer Correctness Attacks

While conventional LLMs can be manipulated to produce incorrect answers, LRMs introduce unique vulnerabilities through their exposed reasoning chains. This transparency in the inference process provides adversaries with additional attack vectors to corrupt the reasoning pathway itself, rather than just targeting the final output.

Reasoning-based Backdoor Attacks. The goal of backdoor attacks is to alter a model’s behavior whenever a specific trigger is present in the input (Zhao et al., 2024). Based on the nature of these triggers, backdoor attacks can be classified as instruction-based (Xu et al., 2023), prompt-based (Yao et al., 2024a), or syntax-based (Qi et al., 2021; Cheng et al., 2025). With the advancement of reasoning capabilities in LRMs, a new paradigm has emerged: Chain-of-Thought (CoT) based backdoor

attacks that specifically target intermediate reasoning steps to compromise answer correctness. BadChain (Xiang et al., 2024) inserts malicious reasoning steps into the sequence, manipulating the model to produce incorrect answers while maintaining logical coherence. DarkMind (Guo and Tourani, 2025) implements latent triggers that activate during specific reasoning scenarios, leading to plausible but false outputs. BoT (Zhu et al., 2025b) forces models to bypass their reasoning mechanisms, generating immediate incorrect responses instead of thoughtful deliberation. ShadowCoT (Zhao et al., 2025) directly manipulates the model’s cognitive pathway through attention head localization and reasoning chain pollution, achieving flexible hijacking that produces wrong answers while preserving logical flow. These sophisticated attacks reveal a concerning vulnerability: the enhanced reasoning capabilities of LRMs paradoxically make them more susceptible to backdoors that can generate incorrect answers accompanied by convincing reasoning.

Error Injection. The explicit reasoning processes of LRMs create a critical vulnerability where strategically injected errors can fundamentally compromise output integrity. Cui et al. (2025) demonstrate this with their Compromising Thought (CPT) attack, where manipulating calculation results in reasoning tokens caused models to ignore correct steps and adopt incorrect answers. Their experiments with models like DeepSeek-R1 revealed that endpoint token manipulations had greater impact than structural changes to reasoning chains. They also discovered a security vulnerability where tampered tokens could trigger complete reasoning cessation in DeepSeek-R1, highlighting significant implications for reasoning-intensive applications.

4.3 Prompt Injection Attacks

Prompt injection attacks affect both LLMs and LRMs, but LRMs face unique challenges due to their step-by-step processing. These attacks (Kumar et al., 2024; Liu et al., 2023; Chen et al., 2025c) insert malicious instructions disguised as user input, causing models to override safety guardrails. LRMs’ explicit reasoning structures provide attackers additional insertion points to redirect thought processes, potentially increasing vulnerability.

Zhou et al. (2025) find significant differences between DeepSeek-R1 and o3-mini’s susceptibility to various injection types, with reasoning models

particularly vulnerable to direct prompt injections. Zaremba et al. (2025) show open-source reasoning models exhibit substantial vulnerability to these attacks, though increasing inference-time compute improves robustness by reducing attack success probability. Their research reveals proprietary models like o3-mini demonstrate approximately 80% lower vulnerability than open-source alternatives against direct injection attacks.

4.4 Jailbreak Attacks

Jailbreak attacks (Jin et al., 2024; Yi et al., 2024) circumvent AI safety guidelines to extract prohibited responses. Against LRMs, these attacks specifically exploit deliberative reasoning processes rather than simply extending conventional LLM jailbreak techniques. This allows attackers to develop more sophisticated methods that bypass safety measures by manipulating the model’s step-by-step thinking.

Prompt-Based Jailbreak. Prompt-based jailbreaks involve the careful crafting of prompts, employing techniques such as persuasion (Zeng et al., 2024b), nested scene construction (Li et al., 2023), and persona modulation (Shah et al., 2023). Andriushchenko and Flammarion (2024) introduce a method that applies past-tense transformations to OpenAI’s recent o1 reasoning models, revealing their lack of robustness against subtle linguistic shifts. Ying et al. (2025b) propose attack prompts that combine common jailbreak strategies—such as scenario injection, affirmative prefixes, and indirect instructions—with safety-sensitive queries to probe model vulnerabilities. Their findings indicate that reasoning models like DeepSeek-R1 and OpenAI’s o1 are particularly susceptible to such attacks, as their explicit CoT reasoning renders them more exploitable than standard LLMs.

Multi-turn Jailbreak. Performing jailbreak attacks in a single query can be challenging, but multi-turn conversations or sequential prompts may incrementally guide models toward generating restricted content (Rusinovich et al. (2024); Sun et al. (2024)). Multi-turn attacks are particularly relevant to reasoning-capable models as these models possess sophisticated logical processing that can be exploited through extended dialogues. Ying et al. (2025a) propose Reasoning-Augmented Conversation (RACE), which reformulates harmful queries into benign reasoning tasks and gradually exploits the model’s inference capabilities to compromise

safety alignment, achieving success rates up to 96%. Ren et al. (2024) introduce ActorAttack, a framework that constructs semantically linked conversational sequences that appear harmless individually but collectively lead to harmful outputs, successfully targeting even advanced models like o1. Li et al. (2024) further show that multi-turn human jailbreaks significantly outperform automated single-turn attacks, leveraging the model’s ability to maintain context and be incrementally steered toward unsafe behaviors.

Reasoning Exploitation Jailbreak. LRMs possess advanced reasoning capabilities that, while enhancing their utility, introduce unique vulnerabilities that can be exploited through reasoning-based jailbreak attacks. Unlike traditional LLMs, these models explicitly expose their CoT reasoning processes, creating new attack surfaces. Yao et al. (2025) introduce Mousetrap, a framework that leverages chaos mappings to create iterative reasoning chains that gradually lead LRMs into harmful outputs. By embedding one-to-one mappings into the reasoning process, Mousetrap effectively traps models like OpenAI’s o1-mini and Claude-sonnet with success rates of up to 98%. Kuo et al. (2025) propose Hijacking Chain-of-Thought (H-CoT), which manipulates the reasoning process by injecting execution-phase thoughts that bypass safety checks entirely. Their approach exploits LRMs’ tendency to prioritize problem-solving over safety considerations, causing rejection rates to plummet from 98% to below 2% across models like OpenAI o1/o3 and DeepSeek-R1. Both approaches demonstrate that the very reasoning mechanisms designed to enhance LRMs’ capabilities can become their most significant security weaknesses when strategically manipulated.

5 Defenses for LRMs

To mitigate safety risks and defend against attacks on LRMs, various defense strategies have been proposed in recent research. We categorize these approaches into three main types: Safety Alignment (Sec. 5.1), Inference-Time Defenses (Sec. 5.2), and Guard Models (Sec. 5.3).

5.1 Safety Alignment of LRMs

Similar to LLMs and VLMs, LRMs are required to align with humans’ values and expectations. The 3H principle (Askell et al., 2021) (Helpful, Honest,

and Harmless) provides a foundational guideline for constraining model behaviors.

The existing safety alignment pipelines and techniques developed for LLMs (Shen et al., 2023) and VLMs (Ye et al., 2025) can be readily adapted to LRMs, as they share similar architectures and natural language generation behaviors. For LLMs, this involves collecting high-quality, value-aligned data (Ethayarajh et al., 2022) from benchmarks (Bach et al., 2022; Wang et al., 2022c), LLM-generated instructions (Wang et al., 2022b), or filtered content (Welbl et al., 2021; Wang et al., 2022a), followed by techniques like SFT (Wu et al., 2021), RLHF (Ouyang et al., 2022), and DPO (Rafailov et al., 2024). In the domain of VLMs, safety alignment has been achieved through various approaches, with methods such as ADPO (Weng et al., 2025), Safe RLHF-V (Ji et al., 2025), and GRPO-based methods (Li et al., 2025a) improving safety via different optimization frameworks. Additionally, open-source datasets and benchmarks (Zhang et al., 2024; Ji et al., 2025) have played a crucial role in providing high-quality alignment data for safety evaluation.

Although effective, these alignment methods may overlook the reasoning process of LRMs, leading to unsatisfactory alignment performance. To mitigate this challenge, various works focus on different aspects, including safe CoT data curation, SFT-based safety alignment on reasoning, and RL-based safety alignment on reasoning.

Safe CoT Data Curation. First, Wang et al. (2025b) build a 1k-scale safety dataset named STAR-1 specifically designed for LRMs. Another safety training data in CoT style named SafeChain (Jiang et al., 2025) is introduced to enhance the safety of LRMs. In addition, Zhang et al. (2025b) construct a dataset consisting of 15k safety-aware reasoning trajectories, generated by DeepSeek-R1, with explicit instructions designed to promote expected refusal behavior.

SFT-based Safety Alignment on Reasoning. Based on the curated safe CoT data, researchers further conduct SFT to improve safety. For example, Jiang et al. (2025) train two LRMs with the SafeChain dataset, demonstrating that it not only enhances model safety but also preserves reasoning performance. Besides, RealSafe-R1 (Zhang et al., 2025b) is developed to make LRMs safer by training DeepSeek-R1 distilled models on the

15k safety-aware reasoning trajectories. Wang et al. (2025a) proposes training the model to reason with the guidelines, thereby enhancing survey alignment.

RL-based Safety Alignment on Reasoning. In addition to SFT, various further post-training techniques for safety are proposed based on reinforcement learning (RL). For example, deliberative alignment (Guan et al., 2024) teaches models to reason over safety specifications before generating responses, while STAIR (Zhang et al., 2025c) utilizes Monte Carlo tree search and DPO (Rafailov et al., 2024) to integrate safety alignment with introspective reasoning. Other approaches include SaRO (Mou et al., 2025), which incorporates safety-policy-driven reasoning into alignment, and R2D (Zhu et al., 2025a), which unlocks safety-aware reasoning mechanisms with contrastive pivot optimization (CPO).

However, safety alignment brings the safety alignment tax (Lin et al., 2023a), compromising the fundamental capabilities of LRMs like reasoning capability (Huang et al., 2025), leading researchers to explore alternative defense techniques that don't require direct modifications to victim models.

5.2 Inference-time Defenses for LRMs

To circumvent the safety alignment tax (Lin et al., 2023a; Huang et al., 2025), one line of work focuses on applying defenses at inference time. The insights from previous inference-time defenses for LLMs (Cheng et al., 2023; Lu et al., 2023; Chen et al., 2025b) and VLMs (Wang et al., 2024a; Ghosal et al., 2024; Ding et al., 2024; Liu et al., 2025a), such as safe system prompting, few-shot safe demonstrations, and safe decoding, can be naturally borrowed to LRMs, as the token generation mechanism is similar across these models.

However, the reasoning process in LRMs brings new challenges and opportunities for inference-time defenses. Therefore, various inference-time techniques like inference-time scaling on reasoning and safe decoding for reasoning are proposed to ensure the safety of reasoning in LRMs.

Inference-time Scaling on Reasoning. Zaremba et al. (2025) demonstrate that the inference-time scaling on reasoning improves the safety and adversarial robustness of LRMs. Future work could explore dynamic scaling strategies tailored to input complexity, or integrate adaptive reasoning

depth control to balance efficiency and safety performance (Liu et al., 2025c) during inference.

Safe Decoding for Reasoning. Jiang et al. (2025) propose three decoding strategies, including ZeroThink, LessThink, and MoreThink, to verify model safety during reasoning. Making the reasoning safer at inference time could be a promising future direction, by verifying intermediate steps, filtering unsafe trajectories, or integrating reasoning-aware guard mechanisms during decoding. Wu et al. (2025a) introduce Thinking Intervention, a method that strategically injects guidance directly into the reasoning process to control model behavior and improve safety alignment without requiring additional training.

5.3 Guard Models for LRMs

Another line of work without direct modification to the victim model focuses on building guard models. The previous inference-time defenses still focus on the safer inference of the victim models, while guard models aim to moderate the input and output of victim models without training them or modifying their inference strategies. Existing guard models for LLMs (Inan et al., 2023) or VLMs (Chi et al., 2024b) can also safeguard LRMs since they share similar input and output formats. Additionally, reasoning-based guard models (Liu et al., 2025b) can better moderate LRMs’ reasoning process by guiding guards to deliberately reason before making moderation decisions. We categorize existing guard models into two classes: classifier-based and reasoning-based guard models.

Classifier-based Guard Models. The LLM guard models, including ToxicChat-T5 (Lin et al., 2023b), ToxDectRoberta (Zhou, 2020), LaGoNN (Bates and Gurevych, 2023), the LLaMA Guard series (Inan et al., 2023; Dubey et al., 2024), Aegis Guard series (Ghosh et al., 2024a,b), WildGuard (Han et al., 2024), ShieldGemma (Zeng et al., 2024a), are typically based on open-sourced LLMs and fine-tuned on the red-teaming data. In the VLM domain, for example, LLaVAGuard (Helff et al., 2024) is built to conduct large-scale dataset annotation and moderate the text-image models. In addition, VLMGuard (Du et al., 2024) is proposed to conduct malicious image-text prompt detection by leveraging the unlabeled user prompts. Moreover, LLaMA Guard 3-Vision (Chi et al., 2024a) is developed to moderate both the image-text input and text output of VLMs via SFT. To improve

the generalization ability, (Ji et al., 2025) presents Beaver-Guard-V by training a reward model and then applying reinforcement learning. Although effective, they are typically classifier-based guard models, limiting their abilities in moderate reasoning data. To mitigate this problem, the reasoning-based guard models (Liu et al., 2025b) are proposed to enhance the reasoning ability of guard models.

Reasoning-based Guard Models. Through the proposed reasoning SFT and hard sample DPO, GuardReasoner (Liu et al., 2025b) is proposed to guide the guard model to deliberately reason before making moderation decisions, improving performance, generalization ability, and explainability. Similarly, ThinkGuard (Wen et al., 2025) is developed via the proposed critique-augmented fine-tuning. X-Guard (Upadhayay et al., 2025) extends the reasoning-based guard model to the multi-lingual scenario.

6 Future Directions

Beyond our analysis of LRM safety, we identify key research priorities: **(1) Standardized Evaluation Benchmarks.** The field needs benchmarks targeting reasoning-specific vulnerabilities to comprehensively test both safety and robustness of multi-step reasoning processes. **(2) Domain-Specific Evaluation Frameworks.** Healthcare, finance, and legal domains require specialized evaluation suites with expert-reviewed case studies and adversarial tests to ensure domain-appropriate accuracy and ethics. **(3) Human-in-the-Loop Alignment.** Interactive tools for expert inspection and refinement of reasoning traces can efficiently align LRMs with stakeholder values and correct biases.

7 Conclusion

This survey has comprehensively examined the emerging safety challenges posed by Large Reasoning Models. Through our analysis, we’ve identified several critical insights that distinguish LRM safety from traditional LLMs. First, **LRMs expose their reasoning chains, creating new attack surfaces** where adversaries can manipulate intermediate steps rather than just outputs, enabling sophisticated attacks like reasoning-based backdoors and hijacking that target the deliberative process itself. Second, **traditional output-focused alignment methods prove insufficient for LRMs**, as harmful reasoning can persist internally even when final

outputs appear safe, necessitating novel approaches that consider the entire reasoning trajectory. These insights underscore the need for specialized safety research targeting LRMs, including standardized evaluation benchmarks for reasoning-specific vulnerabilities and human-in-the-loop alignment methods that can inspect and refine reasoning traces as these powerful models continue to advance into increasingly critical domains.

Limitations

This survey has inherent limitations due to the rapidly evolving nature of LRMs. Since the emergence of OpenAI’s o1 series, DeepSeek-R1, and other advanced reasoning models is relatively recent, our taxonomy and findings may become outdated as new research continuously emerges. While we have endeavored to provide a comprehensive overview of safety challenges, attacks, and defenses, we acknowledge that some aspects may require revision as the field matures. Additionally, our reliance on published academic literature may not fully capture proprietary research being conducted within companies developing these models, potentially creating gaps in understanding industry-specific safety measures.

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