

# Choose Your Words Wisely: Domain-adaptive Masking Makes Language Models Learn Faster

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## Abstract

Foundational Language Models perform significantly better on downstream tasks in specialised domains (such as law, computer science, and medical science) upon being further pre-trained on extensive domain-specific corpora, but this continual pre-training incurs heavy computational costs. Indeed, some of the most performant specialised language models such as BioBERT incur even higher computing costs during domain-specific training than the pre-training cost of the foundational models they are initialised from. In this paper, we argue that much of the extended pre-training is redundant, with models seemingly wasting valuable resources re-learning lexical and semantic patterns already well-represented in their foundational models such as BERT, T5 and GPT. Focusing on Masked Language Models, we introduce a novel domain-specific masking strategy that is designed to facilitate continual learning while minimizing the training cost. Using this approach, we train and present a BERT-based model trained on a biomedical corpus that matches or surpasses traditionally trained biomedical language models in performance across several downstream classification tasks while incurring up to 11 times lower training costs.

## 1 Introduction

Rapid advancements in Large Language Models (LLMs) (OpenAI, 2024, Touvron et al., 2023) have resulted in an increased focus on their capabilities in specialised domains like biology, law and computer science (Lai et al., 2024, Chen et al., 2024). The significance of foundational models like BERT, T5, GPT and LLaMa for application in such fields is particularly evident from the multitude of models based on them – such as LegalBERT (Chalkidis et al., 2020), SciFive (Phan et al., 2021), BioGPT (Luo et al., 2022) and PMC-LLaMa (Wu et al., 2023) – delivering state-of-the-art results on

benchmarks in their respective domains. Given the vast amount of training data available for continual pre-training across various fields, existing literature shows that further pre-training foundational language models on a domain-specific corpus yields better model performance across downstream tasks (Gururangan et al., 2020, Rongali et al., 2021). However, pre-training language models can be resource-prohibitive, both in terms of monetary cost and time spent on training. This is especially true for large, parameter-dense language models like LLaMa (Touvron et al., 2023), which are not only significantly more expensive to train further, but also exhibit much smaller improvements in downstream performance per unit of compute spent (Chen et al., 2024).

It is therefore worthwhile to attempt to leverage the capabilities of contemporary foundational language models for tasks across such domains without expending exorbitant computing resources on diminishing returns. In this paper, we present a novel strategy for continual/mixed-domain pre-training that emphasises selecting relevant (as opposed to random) training samples to maximise compute efficiency. We test our strategy in the biomedical domain by further pre-training BERT on a corpus of PubMed abstracts, mirroring the selection of architecture and pre-training corpora of BioBERT (Lee et al., 2020), one of the most popular biomedical language models. In our testing over 8 Named Entity Recognition (NER) tasks, the resultant model significantly outperforms BioBERT-v1.0 at two-thirds of the compute cost, and performs similarly to BioBERT-v1.1 at about one-eleventh of its compute cost.

## 2 Related Works

### 2.1 Biomedical Language Models

The vast majority of domain-adapted language models employ the transformer architecture

(Vaswani, 2017), either as encoder layers (like BERT), decoder layers (like GPT) or a combination of the two (like T5). The two most popular strategies to train domain-specific language models are: **1.** pre-training from scratch on a corpus relevant to the domain, and **2.** further pre-training a foundational model on the corpus. The former approach has generally been shown to yield better results when large corpora are available for training, because such models use a vocabulary relevant to their corpus instead of inheriting the vocabulary from a general-domain model (Gu et al., 2021). However, experiments from the likes of Chalkidis et al. (2020) and Lee et al. (2020) demonstrate that the latter approach yields competitive results while requiring significantly less training due to the transfer of learning from their foundational models.

Of the architectures discussed above, the versatility of encoder representations in downstream tasks makes BERT-like models vastly popular for domain adaptation. This is particularly true in the biomedical domain which is littered with models like SciBERT (Beltagy et al., 2019), BioBERT, BioLinkBERT (Yasunaga et al., 2022), Distil-BioBERT (Rohanian et al., 2022), PubMedBERT and so on. Indeed, among the 8 tasks we test our model on, the current State-Of-The-Art (SOTA) results<sup>1</sup> are claimed by a non-BERT-style model only for two of the tasks.

## 2.2 Curriculum Learning

In a curriculum learning setting (Bengio et al., 2009), training samples are presented to a model not arbitrarily, but in an "easy-to-difficult" order, where the method for ranking the difficulty of samples depends on the model and task involved. This framework is designed to better simulate human cognition, wherein humans learn complex concepts more easily after having learnt basic ones. Recent studies indicate that employing this approach demonstrably accelerates convergence compared to random presentation of samples in many settings (Roy et al., 2024, Jarca et al., 2024, Tang et al., 2024).

We approach domain-adaptation of a foundational language model as an analogous task to curriculum learning. We posit that since the model has already been trained on a general ("easy") corpus and must now be trained in a specific ("difficult") domain, we can apply the same curriculum learn-

ing principle of curating training samples such that they specifically facilitate domain-specific learning. To the best of our knowledge, this approach has not thus far been tested or reported on.

## 3 Methodology

We begin by creating a biomedical corpus consisting of PubMed abstracts publicly available at <https://pubmed.ncbi.nlm.nih.gov/download/>, amounting to about 9.4GB of text. Leveraging the linguistic difficulty criterion and subsequent curriculum generation approach introduced by Lee et al. (2022), who claim that frequently occurring words that have many connections in a large knowledge graph are easier to learn, we build a set  $S$  of "basic" concepts – i.e. the  $n$  concepts with the most connections in a large-scale knowledge graph that occur in the corpus above a threshold frequency  $f$ . Iterating through all the elements  $s_i$  of  $S$ , we add  $s_i$  and every concept in ConceptNet within  $k$  hops of  $s_i$  to a new set  $C$ , which acts as a "curriculum" consisting of relevant concepts. Following manual assessment of the curriculum generated, we settled on using  $f = 200,000$ ,  $n = 5,000$  and  $k = 5$ .

For our purposes, despite the availability of biomedical knowledge graphs like BIKG (Geleta et al., 2021) and BIOS (Yu et al., 2022), we chose to use the general-domain ConceptNet (Speer et al., 2017) as the knowledge graph. We did not assess the overlap between these specific knowledge graphs and our corpus, and could not be certain that their usage would not be counterproductive given that BERT’s vocabulary itself is not tailored towards biomedical terms. Moreover, this makes our approach easier to generalise for other domains without pre-existing large knowledge graphs. Nonetheless, we recognise that the use of domain-specific knowledge graphs for concept extraction, wherever available, is worth investigating in future studies.

Since this curriculum includes general-domain concepts already represented well in BERT, we iterate once over BERT’s corpus (Wikipedia + BooksCorpus), identify concepts occurring more than  $f/3$  times and remove them from  $C$ . Note that this cutoff frequency has been scaled down with respect to the threshold frequency used for the PubMed corpus above to account for the difference in sizes between the corpora. We then iterate through  $C$  and remove any concepts that do not occur at all in the PubMed corpus, ensuring that

<sup>1</sup>sourced from <https://paperswithcode.com/sota>

Dataset	Entity type	No. of annotations
NCBI Disease	Disease	6,881
BC5CDR	Disease	12,694
BC5CDR	Drug/Chem.	15,411
BC4CHEMD	Drug/Chem.	79,842
BC2GM	Gene/Protein	20,703
JNLPBA	Gene/Protein	35,460
LINNAEUS	Species	4,077
Species-800	Species	3,708

Table 1: Statistics of the biomedical NER datasets.

the concepts now contained in  $C$  are relevant to the biomedical domain.

We then initialize our model from the publicly available BERT-base checkpoint, and train it for Masked Language Modeling (MLM) over our corpus. Past studies indicate that the difference between using cased and uncased models to warm-start biomedical language models is minimal with no clear advantage for either (Lee et al., 2020, Gu et al., 2021, and it is beyond the scope of our current experiment to test and compare the two. For our purposes, we use the uncased version of the model.

Differing from the likes of BERT and BioBERT that randomly mask 15% of the tokens in each batch, we mask only the tokens that form a concept within the previously curated curriculum  $C$  while ensuring that no more than 20% of the tokens in any batch are masked. As concepts can span multiple tokens, we follow Lee et al. (2022)’s Whole Concept Masking (WCM) strategy such that all the tokens comprising a single concept are simultaneously masked. As is the standard, we replace 80% of the masked concepts with a mask token, replace another 10% with a random token and do not replace the remaining 10%. Since existing literature shows minimal gains from calculating the Next Sentence Prediction (NSP) loss (Liu et al., 2019), we chose to omit it; MLM was our sole pre-training objective.

## 4 Experimental Setup

### 4.1 Pre-training

We trained the model for 200K steps on four NVIDIA RTX 6000 GPUs, using PyTorch’s DistributedDataParallel to share the load across the GPUs. The batch size was fixed at 256 and the maximum sequence length was set to 256, resulting in 65,536 tokens per training iteration. This equates

to 33% lower compute compared to BioBERT-v1.0 trained on the same corpus (98,304 tokens per iteration and 200K iterations), and 91% lower compute than BioBERT-v1.1, which was trained on the same corpus<sup>2</sup> for 1.2M training steps and additionally trained on full-length PubMed Central articles ( $\sim 3$  times the corpus size of PubMed Abstracts) for 270K steps. Note that the computational overhead caused by curriculum generation is minimal compared to model training, as it only requires iterating over two corpora and a section of one knowledge graph.

### 4.2 Fine-tuning

With NER being a fundamental task for text mining, we focus our limited testing on commonly used NER benchmarks. We fine-tune and evaluate our model on 8 tasks: BC2GM (Smith et al., 2008), BC4CHEMD (Krallinger et al., 2015), BC5CDR-Chemical (Li et al., 2016), BC5CDR-Disease (Li et al., 2016), JNLPBA (Collier et al., 2004), LINNAEUS (Gerner et al., 2010), NCBI Disease (Doğan et al., 2014) and Species-800 (Pafilis et al., 2013). We use pre-processed versions of the respective datasets released by Rohanian et al. (2022). Some specifications for the datasets are listed in Table 1. Following the setup described in the BioBERT paper, we use a learning rate of  $5e-5$  and train for 25 epochs per dataset. We leave testing this approach in other tasks – such as Question Answering, Relation Extraction as well as other NER tasks – for future studies.

## 5 Results

The results obtained by our model relative to BERT, BioBERT-v1.0, BioBERT-v1.1 and the current SOTA<sup>3</sup> are shown in Table 2. We consider these to be the most apt comparisons to showcase because BERT is the baseline we train upon, and BioBERT most closely reflects what our model’s performance would be if it had been trained using regular MLM. The models delivering the SOTA results are, for the most part, more resource-intensive to train or are tailored towards Biomedical NER tasks as opposed to being general-purpose biomedical transformers. Nevertheless, we consider their performance to be relevant benchmarks and include them in this comparison.

<sup>2</sup>our corpus is collected from the same source but is larger as a virtue of being more up-to-date

<sup>3</sup>to the best of our knowledge

Task/Model	SOTA	BERT	BioBERT-v1.0	BioBERT-v1.1	Ours
BC2GM	<i>86.97</i>	81.79	82.54	<u>84.72</u>	<b>85.43</b>
BC4CHEMD	<i>94.39</i>	90.04	<u>91.26</u>	<b>92.36</b>	90.23
BC5CDR-Chemistry	<i>94.88</i>	91.16	92.64	<b>93.47</b>	<u>93.25</u>
BC5CDR-Disease	<i>88.50</i>	82.41	<u>86.2</u>	<b>87.15</b>	85.49
JNLPBA	<i>82.0</i>	74.94	76.65	<u>77.49</u>	<b>79.29</b>
LINNAEUS	<i>92.7</i>	87.6	88.13	<u>88.24</u>	<b>89.23</b>
NCBI Disease	<i>89.71</i>	85.63	87.38	<b>89.71</b>	<u>87.92</u>
Species-800	<i>82.44</i>	71.63	73.08	<u>74.06</u>	<b>75.20</b>

Table 2: Performance comparison across different models (F1 scores). The best result other than the SOTA (*italicised*) is in **bold**, and the second-best is underlined.

Our model outperforms BioBERT-v1.0 in three-fourths of the tasks and, despite significantly less training on a much smaller corpus, outperforms BioBERT-v1.1 in half of the tasks, demonstrating the effectiveness of our training-sample-curation strategy.

### Limitations and Future Work

We acknowledge that being a short extended abstract, this paper does not present a full comprehensive study detailing the impact of our strategy. Our aim in presenting our preliminary experiment and findings is to incite further research into this idea from the broader NLP community, encouraging exploration of this approach with different parameters, domains, corpora, model sizes, training steps, model architectures and so on.

### Ethics statement

The authors have no competing interests to declare that are relevant to the contents of this article. All the datasets and models accessed as part of this study were sourced from publicly available archives and checkpoints.

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