

Psychotherapy is Not One Thing: Simultaneous Modeling of Different Therapeutic Approaches (Supplementary Material)

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001 A Subscales, Items and Model Classes

<i>MULTI-30</i> Items	Model Classes
ϕ	No Code
2,6,12,14,15	Psychodynamic
5,7,18,23	Process-Experiential
25,26,27,30	Interpersonal
4,21,22	Person-Centered
3,11,16,17	Common Factors
8,9,19	Behavioral _{only}
13,20,24	Cognitive _{only}
28,29	Dialectical-Behavioral _{only}
1,10	Cognitive-Behavioral _{shared}

Table 1: Mapping between model classes and the *MULTI-30* item codes. We use these classes for model training to facilitate flexibility in at a finer level. The author-defined model classes which are not part of the conventional *MULTI* subscale are highlighted.

<i>MULTI</i> Subscales	<i>MULTI-30</i> Items	Constituent Model Classes
No Code	ϕ	No Code
Psychodynamic	2,6,12,14,15	Psychodynamic
Process-Experiential	5,7,18,23	Process-Experiential
Interpersonal	25,26,27,30	Interpersonal
Person-Centered	4,21,22	Person-Centered
Common Factors	3,11,16,17	Common Factors
Behavioral	8,9,19,1,10	Behavioral _{only} ,Cognitive-Behavioral _{shared}
Cognitive	13,20,24,1,10	Cognitive _{only} ,Cognitive-Behavioral _{shared}
Dialectical-Behavioral	28,29,1,10,8,9,19	Dialectical-Beh. _{only} ,Cognitive-Beh. _{shared} ,Beh. _{only}

Table 2: The conventional subscales and their constituent *MULTI-30* items are shown here. Note that the Behavioral, Cognitive and Dialectical-Behavioral subscales(highlighted) have overlapping items. The constituent model classes from Table 1 are shown. Note that all our evaluations are presented on the conventional *MULTI* sub-scales by aggregating performance on their constituent model classes. Beh.-Behavioral.