PhenotypeCLIP: Phenotype-based Contrastive Learning for Medical Imaging Report Generation

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Abstract

Given the input radiology images, the objective of medical report generation is to produce accurate and comprehensive medical reports, which typically include multiple descriptive clinical sentences associated with different phenotypes. Most existing approaches have relied on a pretrained vision encoder to extract the visual representations of the images. In this study, we propose a phenotype-based contrastive learning framework, i.e., PhenotypeCLIP, to efficiently bridge the gap between visual and textual modalities for improved text generation. In contrast to existing contrastive learning methods which learn representations by contrasting images with entire reports, our approach learns more fine-grained representations, i.e., phenotype-based representations, by contrasting images with each sentence within the reports. The experiments on two widely-used datasets MIMIC-CXR and IU X-ray demonstrate that PhenotypeCLIP can achieve promising performances and substantially outperform the conventional contrastive learning methods.

1 Introduction

Medical images, such as those from radiology and pathology, and medical reports, which consist of multiple clinical sentences describing both the normalities and abnormalities in the medical images, are frequently used for disease diagnosis and treatment (Jing et al., 2018, 2019). Therefore, medical report generation has the potential to reduce the heavy workload of experienced radiologists in report writing and remind inexperienced radiologists of abnormalities (Jing et al., 2018; Li et al., 2018).

Similar to the task of image captioning (Xu et al., 2015), which aims to describe the visual content in the images, lots of encoder-decoder-based medical report generation models are proposed (Jing et al., 2018, 2019; Li et al., 2018; Chen et al., 2020c; Liu et al., 2021a; Wang et al., 2022a). In the encoding

stage, the visual representations of the images are extracted by a vision encoder pretrained on ImageNet (Deng et al., 2009); In the decoding stage, the medical report is generated by a Transformer (Chen et al., 2020c; Liu et al., 2021b) or LSTM (Jing et al., 2018). Specifically, several works propose to further fine-tune the vision encoder on medical image datasets, e.g., ChestX-ray8 (Wang et al., 2017) and CheXpert (Irvin et al., 2019). Nevertheless, we argue that as a text-oriented task, a core step of the medical report generation models is to efficiently bridge the gap between visual and textual modalities. To this end, in this work, motivated by the great success of contrastive learning in bridging the gap between visual and textual modalities, i.e., CLIP (Radford et al., 2021), we introduce a phenotype-based contrastive learning framework -PhenotypeCLIP.

In implementation, existing contrastive learning models first extract the visual representations of images and textual representations of entire reports, and then pre-train models by contrasting the visual representations with the textual representations. In this study, we (i) first construct a set of phenotypes; (ii) introduce an attention mechanism to transform each sentence within the reports into phenotype-based textual representations; (iii) adopt the phenotype-based textual representations to extract phenotype-based visual representations; (iv) and per-train the model by contrasting the two types of phenotype-based representations. In this way, by splitting the entire report into multiple sentences, PhenotypeCLIP not only learns fine-grained representations, but also scales up contrasting learning, resulting in boosting the downstream medical report generation task.

We perform the experiments on two benchmark datasets, i.e., MIMIC-CXR (Johnson et al., 2019) and IU X-ray (Demner-Fushman et al., 2016). The results validate the effectiveness of PhenotypeCLIP, which substantially outperforms the conventional

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contrastive learning methods on all widely used evaluation metrics.

Overall, the main contributions of this paper are:

- In this study, to efficiently bridge the gap between visual and textual modalities, we perform phenotype-based contrastive learning to learn accurate and fine-grained representations, which can boost the downstream textoriented medical report generation task.
- The experiments and analysis performed on two benchmark datasets demonstrate that the proposal achieves improved performances on all metrics.

2 Related Work

We will introduce our related work from medical report generation and contrastive learning.

2.1 Medical Report Generation

Medical report generation aims to interpret the medical image by generating a report (Jing et al., 2018, 2019; Chen et al., 2020c). In contrast to image captioning (Xu et al., 2015; Anderson et al., 2018; Liu et al., 2018; Gu et al., 2022) that produces a single-sentence description for general images, the medical report generation aims to produce a paragraph containing multiple clinical descriptions.

Inspired by the success of image captioning, numerous encoder-decoder-based frameworks have been introduced for medical report generation. For example, Jing et al. (2018) and Chen et al. (2020c) respectively introduced a hierarchical LSTM with an attention mechanism and a Transformer to learn to generate the long paragraph; Yuan et al. (2019); Jing et al. (2018) and You et al. (2021) further incorporated the medical concepts to boost the performance; (Yang et al., 2022; Liu et al., 2021b) and Li et al. (2019) proposed to construct the medical knowledge graph to inject the medical knowledge into the models.

In summary, while deep learning models, particularly those encoder-decoder-based frameworks, have achieved promising results for medical report generation, they mainly adopt the vision encoder pre-trained on ImageNet (Deng et al., 2009) and CheXpert (Irvin et al., 2019) to extract the visual representations. In this study, we argue that as a text-oriented task, it is necessary to explicitly bridge the gap between visual and textual domains. To this end, we propose phenotype-based contrastive learning to learn fine-grained representation and thus boost the downstream task.

2.2 Contrastive Learning

In recent years, contrastive learning, which trains the models to distinguish between positive and negative pairs, has achieved state-of-the-art performances in visual representation learning (Chen et al., 2020a; He et al., 2020; Chen et al., 2020b) and vision-language representation learning (Radford et al., 2021). Inspired by the great success of contrastive learning, several works (Huang et al., 2021; Zhang et al., 2020a; Boecking et al., 2022; Zhou et al., 2023, 2022; Wang et al., 2022b) have been proposed to learn robust and accurate medical vision-language representations, which can be used to achieve promising results on various downstream tasks. However, most existing works focus on contrasting images with entire reports, ignoring the potential phenotypes in each sentence within the reports. To this end, we propose the phenotype-CLIP to implement phenotype-based contrastive learning to learn fine-grained representations, outperforming existing works.

3 Approach

In this section, we introduce the proposal for medical report generation in detail.

3.1 Formulation of Contrastive Learning

Contrastive learning has shown encouraging results in bridging the gap between vision and language domains, e.g., CLIP (Radford et al., 2021). Given a batch of N training samples, including N pairs of image and report, i.e., $\{(x_1, y_1), (x_2, y_2), \ldots, (x_N, y_N)\}$, where x_i denotes the visual representations of the *i*-th image and y_i denotes the textual representations of the *i*-th report. Therefore, (x_i, y_i) denotes the positive sample, and (x_i, y_j) , where $i \neq j$, denotes the negative sample. To train the models, contrastive learning adopts the InfoNCE loss, which maximizes the mutual information between x_i and y_i , and minimizes the mutual information between x_i and y_j , which can be defined as follows:

$$\mathcal{L}^{x \to y} = -\frac{1}{N} \sum_{i=1}^{N} \log \frac{\exp(\operatorname{sim}(x_i, y_i)/\tau)}{\sum_{j=1}^{N} \exp(\operatorname{sim}(x_i, y_j)/\tau)}$$
$$\mathcal{L}^{y \to x} = -\frac{1}{N} \sum_{i=1}^{N} \log \frac{\exp(\operatorname{sim}(y_i, x_i)/\tau)}{\sum_{j=1}^{N} \exp(\operatorname{sim}(y_i, x_j)/\tau)} \quad (1)$$
$$\mathcal{L}_{\mathrm{CL}} = \frac{1}{2} \left(\mathcal{L}^{x \to y} + \mathcal{L}^{y \to x} \right),$$

where $sim(\cdot)$ represents the cosine similarity and τ is a hyper-parameter.

3.2 PhenotypeCLIP

As we can see, although contrastive learning has been well explored for medical representation learning in existing literature (Huang et al., 2021; Zhang et al., 2020a; Boecking et al., 2022; Zhou et al., 2023, 2022; Wang et al., 2022b), they encode the entire report y_i for training.

In this study, we argue that each sentence within the report contains different phenotypes. Thus, we propose the PhenotypeCLIP to capture the phenotypes for better medical representation learning. For example, if a medical report contains (phenotype₁, phenotype₂) and another report contains (phenotype₁, phenotype₃), then existing works would treat the two reports as negative samples. However, we can notice that the two different reports contain the same phenotype, i.e., phenotype₁. Therefore, phenotype-based contrastive learning can enable the models to learn such fine-grained representations. In implementation:

(i) We first construct a set of phenotypes, $P = \{p_1, p_2, \ldots, p_M\}$, where M stands for the total number of the phenotypes. $p_i \in \mathbb{R}^d$ can be either a randomly initialized soft vector or a word embedding of a pre-defined phenotype, e.g., cardiomegaly.

(ii) We introduce the three-layer Transformer (Vaswani et al., 2017), which includes a multi-head attention and a feed-forward network¹, to extract the phenotype-based representations. Given a pair of image and report (x_i, y_i) , where report contains K sentences, i.e., $y_i = \{s_{i1}, s_{i2}, \ldots, s_{iK}\}$. We first transform each sentence s_{ik} within the reports into phenotype-based textual representations $s_{ik}^P \in \mathbb{R}^d$:

$$s_{ik}^P = \text{Transformer}(s_{ik}, P, P)$$
 (2)

where s_{ik} and P denotes the query and key/value in Transformer. In this way, for the input report y_i , we can obtain K phenotype-based textual representations, $\{s_{i1}^P, s_{i2}^P, \ldots, s_{iK}^P\}$. (iii) We adopt the phenotype-based textual rep-

(iii) We adopt the phenotype-based textual representations s_{ik}^P to extract phenotype-based visual representations $v_{ik}^P \in \mathbb{R}^d$:

$$v_{ik}^{P} = \text{Transformer}(s_{ik}^{P}, V, V)$$
(3)

where V denotes the extracted patch features of the input medical image (Chen et al., 2020c). Through above equation, we can obtain K phenotype-based visual representations $\{v_{i1}^P, v_{i2}^P, \dots, v_{iK}^P\}$.

(iv) Now, for each pair of image and report (x_i, y_i) , we can obtain K pairs of phenotype-based visual representations and textual representations, i.e., $\{(v_{i1}^P, s_{i1}^P), (v_{i2}^P, s_{i2}^P), \dots, (v_{iK}^P, s_{iK}^P)\}$. The increased training samples indicate that our proposal can scale up contrasting learning.

During training, given a batch of N^* training samples, the phenotype-based contrastive learning (PCL) is defined as follows:

$$\mathcal{L}^{v \to s} = -\frac{1}{N^*} \sum_{k=1}^{N^*} \log \frac{\exp(\operatorname{sim}(v_k^P, s_k^P)/\tau)}{\sum_{j=1}^{N^*} \exp(\operatorname{sim}(v_k^P, s_j^P)/\tau)}$$
$$\mathcal{L}^{s \to v} = -\frac{1}{N^*} \sum_{k=1}^{N^*} \log \frac{\exp(\operatorname{sim}(s_k^P, v_k^P)/\tau)}{\sum_{j=1}^{N^*} \exp(\operatorname{sim}(s_k^P, v_j^P)/\tau)} \quad (4)$$
$$\mathcal{L}_{\text{PCL}} = \frac{1}{2} \left(\mathcal{L}^{v \to s} + \mathcal{L}^{s \to v} \right),$$

Through the above equation, we can enable PhenotypeCLIP to perform phenotype-based contrastive learning, learning fine-grained (phenotype-based) representations to achieve improved performance.

3.3 Report Generation

Medical report generation aims to automatically generate a medical report y given the input medical image x. Therefore, to perform the medical report generation, we follow previous works (Li et al., 2018; Jing et al., 2018; Chen et al., 2021, 2020c; Liu et al., 2021b,a) to adopt the encoder-decoder-based framework. We adopt the PhenotypeCLIP as the image encoder to extract the fine-grained visual representations, and the memory-driven Transformer (Chen et al., 2020c) as the decoder to generate accurate medical reports.

Given the ground-truth report $y^* = \{y_1^*, y_2^*, \dots, y_T^*\}$ for the input image x, the medical report generation model can be trained using the cross-entropy (XE) loss:

$$L_{\text{XE}}(\theta) = -\sum_{t=1}^{T} \log \left(p_{\theta} \left(y_t \mid y_{1:t-1}; x; \theta \right) \right) \quad (5)$$

4 **Experiments**

We first describe two benchmark datasets, the metrics, and the settings used for evaluation. Then, we present the main results and analysis of our proposal on the two datasets.

¹Please refer to Vaswani et al. (2017) for details.

Methods	MIMIC-CXR				IU X-ray			
Methous	BLEU-4	METEOR	ROUGE-L	CIDEr	BLEU-4	METEOR	ROUGE-L	CIDEr
AdaAtt (Lu et al., 2017)	0.088	0.118	0.266	0.084	0.068	-	0.308	0.295
TOPDOWN (Anderson et al., 2018)	0.074	-	0.250	0.073	-	-	-	-
Transformer (Vaswani et al., 2017)	0.090	0.125	0.265	-	0.135	0.164	0.342	-
R2Gen (Chen et al., 2020c)	0.103	0.142	0.277	-	0.165	0.187	0.371	-
PPKED (Liu et al., 2021b)	0.106	0.149	0.284	0.237	0.168	0.190	0.376	0.351
DeltaNet (Wu et al., 2022)	0.114	-	0.277	0.281	0.184	-	0.379	0.802
XProNet (Wang et al., 2022a)	0.105	0.138	0.279	-	0.199	0.220	0.411	0.359
MedCLIP* (Wang et al., 2022b)	0.109	0.146	0.283	0.255	0.178	0.204	0.382	0.347
ConVIRT* (Wang et al., 2022a)	0.101	0.142	0.275	0.249	0.175	0.196	0.380	0.341
PhenotypeCLIP	0.119	0.158	0.286	0.259	0.205	0.223	0.414	0.370

Table 1: Results of our approach, existing medical report generation models, and two conventional contrastive learning models on the two benchmark datasets. * denotes the re-implementations of existing contrastive learning methods for medical report generation.

4.1 Datasets, Metrics, and Settings

Datasets We performed the evaluation using the commonly used MIMIC-CXR dataset (Johnson et al., 2019) and IU X-ray dataset (Demner-Fushman et al., 2016). The MIMIC-CXR dataset comprises 377,110 chest X-ray images and 227,835 related radiology reports, whereas the IU X-ray dataset consists of 7,470 chest X-ray images and 3,955 reports. We follow Chen et al. (2020c) to pre-process the datasets: we adopt the official split to split the MIMIC-CXR dataset. The IU X-ray dataset is randomly split into training, validation and test sets by 7:1:2 of the entire dataset.

Metrics To report the performance of models for medical report generation, we use common evaluation metrics, i.e., BLEU (Papineni et al., 2002), METEOR (Banerjee and Lavie, 2005), ROUGE-L (Lin, 2004), and CIDEr (Vedantam et al., 2015).

Settings Following Zhang et al. (2020b), we use the ResNet-50 (He et al., 2016), which is pretrained on ImageNet (Deng et al., 2009) and finetuned on CheXpert (Irvin et al., 2019), as the image encoder to acquire the visual path features of input medical images, and the BERT (Devlin et al., 2019), which is initialized with the ClinicalBERT weights (Alsentzer et al., 2019), as the text encoder to acquire the textual features of input reports and sentences. We adopt the three-layer Transformer (Vaswani et al., 2017) to extract the phenotype-based representations. The number of attention heads and the hidden size d are set to 8 and 512, respectively. We adopt the memorydriven Transformer (Chen et al., 2020c) as the text decoder to generate final medical reports. For the phenotypes-based contrastive learning, inspired by the success of memory vectors (Chen et al., 2020c,

2021; Liu et al., 2021c), we adopt the randomly initialized soft vectors to implement the phenotypes. The number of phenotypes M is set to 100. The hyper-parameter τ is set to 0.1. During Phenotype-CLIP training, we adopt the AdamW optimizer (Loshchilov and Hutter, 2019) with an initial learning rate of 1e-4, weight decay of 1e-6, and batch size of 32. During report generation model training, the learning rate and batch size are respectively set to 1e-4 and 16. During inference, we apply a beam search of size 3.

4.2 Results

The results of the proposal on the MIMIC-CXR and IU X-ray datasets are reported in Table 1. For comparison, we report the results of existing strong medical report generation models, Additionally, we re-implement two contrastive learning methods, i.e., MedCLIP (Wang et al., 2022b) and ConVIRT (Wang et al., 2022a). As we can see, the two conventional contrastive learning models (MedCLIP and ConVIRT) achieved competitive results with specific medical report generation models, suggesting that contrastive learning can provide a solid basis for report generation by bridging the gap between visual and textual modalities.

The proposed PhenotypeCLIP method demonstrated encouraging performances on the two benchmark datasets. On the MIMIC-CXR/IU Xray datasets, PhenotypeCLIP achieved the highest BLEU-4 (0.119/0.205), METEOR (0.158/0.223), and ROUGE-L (0.286/0.414) scores, surpassing all other methods. In particular, our PhenotypeCLIP consistently outperformed all previous conventional contrastive learning methods across all evaluation metrics. For example, the PhenotypeCLIP outperforms previous contrastive learning models

Ground Truth: Both lungs are well expanded and clear. There are no lung opacities concerning for pneumonia or pulmonary edema. Heart size is mildly enlarged and stable since. Mediastinal and hilar contours are unchanged. There is no pleural effusion or pneumothorax.	ConVIRT: The cardiac, mediastinal and hilar contours appear stable. The lungs appear clear. No focal consolidation, pleural effusion or pneumot- horax is seen. <u>The heart is</u> <u>normal in size. Normal</u> <u>cardiomediastinal contours.</u>	PhenotypeCLIP: The lungs are clear without evidence of focal consolidations concerning for pneumonia. The heart size is enlarged. No lung nodules or masses. There is no pleural effusion, pneumothorax, or evidence of pulmonary edema.
Ground Truth: Bilateral pleural catheters remain in place, with persistent pneumothoraces, moderate left apical lateral pneumothorax on the left and small on the right. The left pneumothorax is unchanged, but right pneumothorax has minimally increased. Heart size remains normal. Persistent left basilar atelectasis and adjacent small left pleural effusion.	ConVIRT: The lungs are clear. The heart size is normal. The pulmonary vascularity is normal and the lungs are clear. <u>There is no large pleural effusion or pneumothorax</u> . There are no acute osseous abnormalities. There is no focal consolidation.	PhenotypeCLIP: Lung volumes remain low. The appearance of the cardiac silhouette is unchanged. There is a moderate pneumothorax evidenced in the right. Small <u>bilateral</u> pleural effusions are present. The mediastinal contours are within normal limits.

Figure 1: For a better understanding of our approach, we demonstrate the medical reports generated by a strong baseline model ConVIRT (Zhang et al., 2020b) and the proposed PhenotypeCLIP. We adopt the Bold text and Underlined text to denote the Correct results and Unfavorable results, respectively.

by 1.8% and 3.0% BLEU-4 score on MIMIC-CXR and IU X-ray datasets, respectively. It proves the effectiveness of our approach in learning fine-grained representations to boost the downstream medical report generation task.

4.3 Analysis²

In Figure 1, a qualitative analysis is conducted to give a better understanding of our PhenotypeCLIP. Specifically, we show two medical reports generated by a strong contrastive learning model Con-VIRT (Zhang et al., 2020b) and our method. It is clear that our method can generate better reports than the ConVIRT on the two input images. For example, in the first example, given the ground truth {Heart size is mildly enlarged}, ConVIRT gives a wrong description, while PhenotypeCLIP accurately describes the abnormality, i.e., {The heart size is enlarged.}. In the second example, Con-VIRT is unable to capture any anomalies and incorrectly describes the input image in a normal case. Fortunately, although our proposal can not capture the "basilar atelectasis", it correctly describes the "pneumothorax" and "pleural effusions". The encouraging results demonstrate that our phenotypebased contrastive learning can efficiently improve

medical report generation by learning accurate and fine-grained phenotype-based representations, which are helpful in capturing and describing the abnormalities. It further proves the effectiveness of our proposed approach.

5 Conclusion

In this work, we propose a phenotype-based (finegrained) contrastive learning framework, PhenotypeCLIP, for medical imaging report generation. The proposed PhenotypeCLIP can efficiently bridge the gap between visual and textual modalities to provide a solid basis for generating accurate medical reports. In the implementation, PhenotypeCLIP learns fine-grained representations, i.e., phenotype-based representations, by performing contrastive learning on the image and each sentence within the report. Experiments on two widelyused datasets MIMIC-CXR and IU X-ray datasets prove our arguments and show that PhenotypeCLIP achieves competitive results with previous state-ofthe-art methods, especially exhibiting a remarkable improvement over conventional contrastive learning techniques across all evaluation metrics.

In future research, it is interesting to explore extracting the topics or keywords, e.g., abnormalities (Jing et al., 2018), from the reports to build the set of phenotypes.

²Please refer to our supplementary material for more analysis, e.g., the sensitivity of hyper-parameters and examples.

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Limitations

The study heavily relies on the quality and amount of the labeled medical report generation datasets for training. It might be possible that in some cases, a large-scale labeled dataset might not be available, leading to unsatisfactory results. Besides, the current phenotype set might not cover all the phenotypes or abnormalities, e.g., rare diseases. Therefore, performance could be further improved by expanding and refining the phenotypes. At last, the second example in Figure 1 shows that our approach cannot well capture the details of abnormalities, such as the position ('left' and 'bilateral'). Introducing a position prediction module or knowledge graph (Yang et al., 2022) could be helpful in addressing this problem.

Ethics Considerations

The two benchmark datasets we used are publicly available, so no protected health information is disclosed. Any inaccuracies, including misdiagnosis or missed abnormalities, in the generated reports can lead to incorrect clinical outcomes. It's essential to control the use of model-generated reports. It's crucial to ensure that medical professionals review and validate the generated reports in clinical practice. At last, similar to any existing deep learning models, PhenotypeCLIP is vulnerable to inherent biases in training data. Ensuring fairness and avoiding potential bias is critical.

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